5814 Reed Road, Fort Wayne, IN. 46835

# Policy/Certificate Amendment

Policyholder: Bates College Policy Number: WI2021MESHIP19

Effective Date: August 15, 2021 Policy Anniversary: August 15

This Amendment form is made a part of the Policy and any Certificate to which it is attached as of the Effective Date shown above. This form applies only to covered expenses that occur on or after the effective date shown above.

The Policy/Certificate is amended as follows. Any changes in premium will apply as of the first premium due date on or after the Effective Date of this Amendment.

- 1. The Policy is renewed as a new policy for the term August 15, 2021 to August 14, 2022 as new Policy No. WI2122MESHIP19
- The list of services that require Pre-Certification appearing in the Precertification Process provision of SECTION IV – HOW THE PLAN WORKS AND DESCRIPTION OF BENEFITS is modified by deleting Sleep Management.
- 3. The following benefit is added to the Schedule of Benefits:

# ACCIDENTAL DEATH AND DISMEMBERMENT BENEFIT

Principal Sum \$10,000

Loss must occur within 365 days of the date of a covered Accident.

Only one benefit will be payable under this provision, that providing the largest benefit, when more than one (1) loss occurs as the result of any one (1) Accident. This benefit is payable in addition to any other benefits payable under the Certificate.

4. The following **Section V** Accidental Death and Dismemberment is added to the Certificate.

#### **SECTION V - ACCIDENTAL DEATH AND DISMEMBERMENT BENEFIT**

If, as the result of a covered Accident, You sustain any of the following losses within the time shown in the Schedule of Benefits, We will pay the benefit shown.

Loss of Life	The Principal Sum	
Loss of hand	One-Half the Principal Sum	
Loss of Foot	One-Half the Principal Sum	
Loss of either one hand, one foot or sight of one eye	One-half the Principal Sum	
Loss of more than one of the above losses due to one AccidentThe Principal Sum		

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Loss of hand or foot means the complete severance through or above the wrist or ankle joint. Loss of eye means the total permanent loss of sight in the eye. The Principal Sum is the largest amount payable under this benefit for all losses resulting from any one (1) Accident.

- 5. The following sections are renamed as follows: SECTION V EXCLUSIONS AND LIMITATIONS IS RENAMED SECTION VI, SECTION VI- GENERAL PROVISIONS IS RENAMED SECTION VII, SECTION VII ADDITIONAL PROVISIONS IS RENAMED SECTION VIII AND SECTION VIII APPEALS PROCEDUE IS RENAMED SECTION IX.
- 6. The following exclusion appearing in **SECTION VI- EXCLUSIONS AND LIMITATIONS** of the certificate is deleted and replaced with the following:
  - 38. Cosmetic procedures related to Gender Reassignment including but not limited to rhinoplasty, face lift, facial bone reduction, lip enhancement or reduction, blepharoplasty, body contouring, reduction thyroid chondroplasty, hair removal, voice modification surgery, skin resurfacing, chin implants, nose implants.

This Amendment is subject to all of the terms, limitations and conditions of the Policy and/or the Certificate to which it is attached except as they are changed by it.

SIGNED FOR WELLFLEET INSURANCE COMPANY

# Andrew M. DiGiorgio, President Angela Adams, Secretary Accepted and signed: Signature of Policyholder Position or Title Date

5814 Reed Road, Fort Wayne, IN. 46835

## Policy/Certificate Amendment

Policyholder: Bates College Policy Number: WI2122MESHIP19

Effective Date: August 15, 2021 Policy Anniversary: August 15

This Amendment form is made a part of the Policy and Certificate to which it is attached as of the Effective Date shown above. This form applies only to covered expenses that occur on or after that date.

This Amendment is subject to all of the terms, limitations and conditions of the Policy and Certificate except as they are changed by it.

#### 1. The following changes are made to the Schedule of Benefits in the Certificate:

1. The following benefits appearing in the **Outpatient Benefits** section are hereby deleted and replaced by the following:

#### (a) **Emergency Services benefit:**

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Emergency Services in an emergency department (includes Urgent Care for Emergency Medical Conditions).	\$75 Copayment then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge.
	Copayment waived if admitted	

#### (b) Urgent Care Centers benefit:

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Urgent Care Centers for non- life-threatening conditions	\$50 Copayment then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses

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## (c) Outpatient Mental Health Disorder and Substance Use Disorder benefit :

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER		
OUTPATIENT MENTAL	OUTPATIENT MENTAL HEALTH DISORDER AND SUBSTANCE USE DISORDER			
Mental Health Disorder and Substance Use Disorder Benefit Pre-Certification Required except for office visits				
Physician's Office Visits including, but not limited to, physician visits; individual and group therapy; medication management	\$20 Copayment per visit then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	\$20 Copayment per visit then the plan pays 70% of Usual and Customary Charge for Covered Medical Expenses		
All Other Outpatient Services including, but not limited to, Intensive Outpatient Programs (IOP); partial hospitalization; Electronic Convulsive Therapy (ECT); Repetitive Transcranial Magnetic Stimulation (rTMS); psychiatric and neuropsych testing	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses		
In accordance with the federal Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA), the cost sharing requirements, day or visit limits, and any Pre-Certification requirements that apply to a Mental Health Disorder and Substance Use Disorder will be no more restrictive than those that apply to medical and surgical benefits for any other Covered Sickness.				

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- 2. The following benefits appearing in the **Other Benefits** section are hereby deleted and replaced by the following:
- (a) The Ambulance Service ground and/or air, water transportation benefit:

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Emergency Ambulance Service ground and/or air, water transportation	80% of the Negotiated Charge for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge
Non-Emergency Ambulance Service ground and/or air, water transportation	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses

#### (b) Bedside Visits benefit:

BENEFITS FOR COVERED INJURY/SICKNESS	OUT-OF-NETWORK PROVIDER
Bedside Visits (International Students and their Dependents	100% of Actual Charge for Covered Medical Expenses
	Subject to \$5,000 maximum per Policy Year

(c) Non-emergency Care While Traveling Outside of the United States benefit:

BENEFITS FOR COVERED INJURY/SICKNESS	OUT-OF-NETWORK PROVIDER
Non-emergency Care While	70% of Actual Charge for Covered Medical Expenses
Traveling Outside of the United	
States	Subject to \$10,000 maximum per Policy Year

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#### (d) Medical Evacuation Expense benefit:

BENEFITS FOR COVERED INJURY/SICKNESS	OUT-OF-NETWORK PROVIDER
Medical Evacuation Expense	100% of Actual Charge for Covered Medical Expenses  Deductible Waived

#### (e) Repatriation Expense benefit:

BENEFITS FOR COVERED INJURY/SICKNESS	OUT-OF-NETWORK PROVIDER
Repatriation Expense	100% of Actual Charge for Covered Medical Expenses

# 2. The following changes are made to Section II – Effective and Termination Dates in the Certificate:

1. The Extension of Benefits provision is hereby deleted and replaced with the following:

**Extension of Benefits:** Coverage under this Certificate ceases on the Termination Date of Your insurance coverage. However, coverage for You will be extended as follows:

- 1. If You are Hospital Confined for a Covered Injury or Covered Sickness on the date Your insurance coverage terminates, We will continue to pay benefits for that Covered Injury or Covered Sickness for up to 90 days from the Termination Date while such Confinement continues: or
- 2. If You are Totally Disabled due to Covered Injury or Covered Sickness, the coverage for that condition will be extended for up to 90 days from the Termination Date of Your insurance coverage while such Total Disability continues.

Dependents that are newly acquired during Your Extension of Benefits period are not eligible for benefits under this provision.

#### 3. The following changes are made to Section III – Definitions in the Certificate:

1. The **Total Disability or Totally Disabled** definition is hereby deleted and replaced with the following:

**Total Disability or Totally Disabled,** as it applies to the Extension of Benefits provision, means:

 Your complete inability to engage in the everyday duties involved in the daily activities You performed prior to Your Covered Injury or Covered Sickness (work, school, housekeeping, etc.);

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- 2. With care and Treatment by a Physician for the Covered Injury or Covered Sickness causing the disability.
- 2. The **Urgent Care Facility** definition is hereby deleted and replaced with the following:

**Urgent Care Center** is a category of walk-in clinic focused on the delivery of ambulatory care in a dedicated medical facility outside of a traditional emergency department. Urgent Care Centers primarily treat non-life-threatening conditions that require immediate care but are not serious enough to require an emergency department visit. Urgent Care Centers can also provide a variety of routine services like exams, physicals, vaccines, and lab services.

# 4. The following changes are made to Section V – How the Plan Works and Description of Benefits in the Certificate:

1. The **Emergency Services** benefit **coverage description** appearing in the **Outpatient Benefits** section is hereby deleted and replaced with the following:

**Emergency Services** only in connection with care for an Emergency Medical Condition as defined. Benefits will be paid for the use of the emergency room, including services and supplies. Refer to the Emergency Ambulance Service provision for transportation coverage.

Payment of this benefit will not be denied based on the final diagnosis following stabilization.

#### In case of a medical emergency:

When You experience an Emergency Medical Condition, You should go to the nearest emergency room. You can also dial 911 or Your local emergency response service for medical and ambulance assistance. If possible, call Your Physician but only if a delay will not harm Your health.

2. The **Urgent Care Centers** benefit **coverage description** appearing in the **Outpatient Benefits** section is hereby deleted and replaced with the following:

**Urgent Care Centers (non-life-threatening conditions)** for services provided at an Urgent Care Center, as shown in the Schedule of Benefits. In the case of a life-threatening condition, You should go to the nearest emergency room.

3. The **Dispense as Written (DAW)** benefit appearing under Prescription Drugs in the **Outpatient Benefits** section is hereby deleted and replaced by the following:

Dispense as Written (DAW) — If a prescriber prescribes a covered Brand-Name Prescription Drug where a Generic Prescription Drug equivalent is available and specifies: "Dispense as Written" (DAW), You will pay the cost sharing, for the Brand-Name Prescription Drug. If a prescriber does not specify DAW and the Member requests a covered Brand-Name Prescription Drug where a Generic Prescription Drug equivalent is available, the Member will be responsible for the cost difference between the Brand-Name Prescription Drug and the Generic Prescription Drug equivalent, and the cost sharing that applies to Brand-Name Prescription Drugs. This DAW penalty does not apply to your out-of-pocket maximum or deductible.

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4. The **Preventive contraceptives** benefit appearing under Prescription Drugs in the **Outpatient Benefits** section is hereby deleted and replaced by the following:

**Preventive contraceptives -,** Your Outpatient Prescription Drug plan covers certain Prescription drugs and devices that the U.S. Food and Drug Administration (FDA) has approved to prevent pregnancy when prescribed by a Physician and the prescription is submitted to the pharmacist for processing. Your outpatient prescription drug plan also covers related services and supplies needed to administer covered devices. At least 1 form of contraception in each of the methods identified by the FDA is included. You can access the list of contraceptive prescription drugs by referring to the Formulary posted on Our website www.wellfleetstudent.com or calling the toll-free number on your ID card.

We cover over-the-counter (OTC) and **Generic Prescription Drugs** and devices for each of the methods identified by the FDA at no cost share. If a **Generic Prescription Drug** or device is not available for a certain method, You may obtain a certain **Brand-Name Prescription Drug** for that method at no cost share.

5. The **Diabetic supplies** benefit appearing under Prescription Drugs in the **Outpatient Benefits** section is hereby deleted and replaced by the following:

**Diabetic supplies -** The following diabetic supplies may be obtained under Your Prescription Drug benefit upon prescription by a Physician:

- Insulin
- Insulin syringes and needles
- Blood glucose and urine test strips
- Lancets
- Alcohol swabs

You can access the list of diabetic supplies by referring to the Formulary posted on Our website www.wellfleetstudent.com or by calling the toll-free number on your ID card. See Your Diabetic services and supplies (including equipment and training) section for coverage of blood glucose meters and external insulin pumps.

6. The **Ambulance Service** benefit **coverage description** appearing in the **Other Benefits** section is hereby deleted and replaced with the following:

**Emergency Ambulance Service**, with respect to an Emergency Medical Condition, for ground transportation to a Hospital by a licensed Ambulance. Transportation from a facility to your home is not covered.

Your plan also covers transportation to a Hospital by professional air or water Ambulance when:

- Professional ground Ambulance transportation is not available
- Your condition is unstable, and requires medical supervision and rapid transport
- You are travelling from one Hospital to another and
- The first Hospital cannot provide the emergency services you need; and
- The two (2) conditions above are met

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7. The following **Non-Emergency Ambulance Service** benefit **coverage description** is hereby added to the **Other Benefits** section:

**Non-Emergency Ambulance Service** for Medically Necessary transportation by a licensed Ambulance, whether by ground or air Ambulance (as appropriate), when the Medically Necessary transportation is:

- From an Out-of-Network Hospital to an In-Network Hospital;
- To a Hospital that provides a higher level of care that was not available at the original Hospital;
- To a more cost-effective acute care Hospital/facility; or
- From an acute care Hospital/facility to a sub-acute setting.

Transportation from a facility to your home is not covered.

8. The **Hospital stays** provision in the **Maternity Benefit coverage description** appearing in the **Other Benefits** section is hereby deleted and replaced with the following:

Hospital stays for mother and newly born child will be provided for up to 48 hours for normal vaginal delivery and 96 hours (not including the day of surgery) for a caesarean section delivery unless the caesarean section delivery is the result of Complications of Pregnancy. If the delivery is the result of Complications of Pregnancy, the Hospital stay will be covered the same as for any other Covered Sickness. Services of licensed nurse midwife are covered when rendered in a hospital or licensed outpatient facility rendering maternity services.

Home Births are also covered when services are rendered by a certified registered nurse midwife.

Services covered as inpatient care will include medical, educational, and any other services that are consistent with the inpatient care recommended in the protocols and guidelines developed by national organizations that represent pediatric, obstetric and nursing professionals.

9. The **Medical Evacuation Expense** benefit **coverage description** appearing in the **Other Benefits** section is hereby deleted and replaced with the following:

#### **Medical Evacuation Expense**

The maximum benefit for Medical Evacuation, if any, is shown in the Schedule of Benefits.

If:

- a. You are unable to continue Your academic program as the result of a Covered Injury or Covered Sickness;
- b. That occurs while You are covered under this Certificate,

We will pay the necessary Actual Charges for evacuation to another medical facility or Your Home Country. Benefits will not exceed the specified benefit shown in the Schedule of Benefits.

Payment of this benefit is subject to the following conditions:

a. You must have been in a Hospital due to a Covered Injury or Covered Sickness for a Confinement of 5 or more consecutive days immediately prior to medical evacuation;

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- b. Prior to the medical evacuation occurring, the attending Physician must have recommended and We must have approved the medical evacuation;
- c. We must approve the expenses incurred prior to the medical evacuation occurring, if applicable;
- d. No benefits are payable for expenses after the date Your insurance terminates. However, if on the date of termination, You are in the Hospital, this benefit continues in force until the earlier of the date the Confinement ends or 31 days after the date of termination;
- e. Evacuation to Your Home Country terminates any further insurance under the Certificate for You; and
- f. Transportation must be by the most direct and economical route.
- 10. The **Repatriation Expense** benefit **coverage description** appearing in the **Other Benefits** section is hereby deleted and replaced with the following:

#### Repatriation Expense-

The maximum benefit for Repatriation, if any, is shown in the Schedule of Benefits.

If You die while covered under this Certificate, We will pay a benefit. The benefit will be the necessary charges for preparation, including cremation, and transportation of the remains to Your place of residence Your Home Country. Benefits will not exceed the specified benefit shown in the Schedule of Benefits.

5. The following Legislative change(s) are made to the Policy/Certificate:

The **Diabetic Supplies (for Prescription supplies purchased at a pharmacy) provision** appearing in the **Other Benefits** section of the Schedule of Benefits is deleted and replaced by the following:

Diabetic Supplies (for Prescription supplies purchased at a pharmacy)		
Benefit	Paid the same as any other Retail or Mail Order Pharmacy Prescription Drug Fill except, that the Insured Person's out-of-pocket costs for covered prescription insulin drugs will not exceed \$35 per 30-day supply regardless of the amount or type of insulin that is needed to fill the Insured Person's prescription.	

This amendment makes no other changes to the Policy or Certificate.

SIGNED FOR WELLFLEET INSURANCE COMPANY

Andrew M. DiGiorgio, President

Angela Adams, Secretary

Angelamodamo

#### **HIPAA Notice of Privacy Practices**

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION

#### PLEASE REVIEW IT CAREFULLY

Effective: August 01, 2019

This Notice of Privacy Practices ("Notice") applies to **Wellfleet Insurance Company** and **Wellfleet New York Insurance Company**'s (together, "we", "us" or "our") insured health benefits plans. We are required to provide you with this Notice.

Personal Information is information that identifies you as an individual, such as your name and Social Security Number, as well as financial, health and other information about you that is nonpublic, and that we obtain so we can provide you with insurance coverage.

Protected Health Information (your "Health Information") is information that identifies you as related to your physical or mental health, your health care, or payment for your healthcare.

#### **Our Responsibilities**

We are required by law to maintain the privacy of the Health Information we hold and to provide you with this Notice and to follow the duties and privacy practices described in this Notice. We are required to abide by the terms of this Notice currently in effect.

We utilize administrative, technical, and physical safeguards to protect your information against unauthorized access and against threats and hazards to its security and integrity. We comply with all applicable state and federal rules pertaining to the security and confidentiality of your information.

We will promptly inform you if a breach has occurred that may have compromised the privacy or security of your Health Information.

#### **Overview of this Notice**

This Notice describes how certain information about you may be used and disclosed and how you can get access to this information. This Notice addresses three primary areas:

- An overview of Your Health Information. This section addresses how we collect your information, how we use it to run our business, and the reasons we share it.
- Your Rights. This section gives an overview of the rights you have with respect to your information we have in our records.
- How to Contact Us. In case you have any questions, requests, or even if you feel you need to make a complaint, we want to make sure you are in contact with the right person.

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#### YOUR HEALTH INFORMATION

#### **How We Acquire Your Information**

In order to provide you with insurance coverage, we need Personal Information about you. We gather this information from a variety of sources including your employer, your health care provider, your school, other insurers, and third party administrators (TPAs). This information is necessary to properly administer your health plan benefits.

#### How We use Your Health Information

Below are some examples of how we use and disclose your Health Information. Broadly, we will use and disclose your Health Information for Treatment, Payment and Health Care Operations.

**Treatment** refers to the health care treatment you receive. We do not provide treatment, but we may disclose certain information to doctors, dentists, pharmacies, hospitals, and other health care providers who will take care of you. For example, a doctor may send us information about your diagnosis and treatment so we can develop a health care plan and arrange additional services.

**Payment** refers to activities involving the collection of premiums, payment of claims, and determining covered services. For example, we may review your Health Information to determine if a particular treatment is medically necessary and what that payment for the services should be.

**Health Care Operations** refers to the business functions necessary for us to operate, such as audits, complaints responses and quality assurance activities. For example, we would use your Health Information (but not genetic information) for underwriting and calculating rates, or we may use your Health Information to detect and investigate fraud.

#### Additionally:

- We may **confirm enrollment** in the health plan with the appropriate party.
- If you are a **dependent** of someone on the plan, we may disclose certain information to the plan's subscriber, such as an explanation of benefits for a service you may have received.
- We may share enrollment information, payment information, or other Health Information in order to coordinate treatment or other services you may need.

We may disclose your information when instructed to do so, including:

- Health oversight activities may require that we disclose your information to governmental, licensing, auditing and accrediting agencies;
- Legal proceedings may require disclosure of your Health Information in response to a court order or administrative order, or in response to a subpoena, discovery request, warrant, summons, or other valid process;
- Law enforcement activities might require disclosure of certain Health Information to local, state or federal law enforcement, so long as the release is authorized or required by law;
- As required by law or to avert a serious threat to safety or health; and,
- To **certain government agencies**, such as the Department of health and Human Services or the Office of Civil Rights if they are conducting an investigation or audit.

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#### **Authorizations**

Occasionally we may receive a request to share your information in a manner outside of how we normally use your Health Information, as described above. In those cases, we will ask you for your authorization before we share your Health Information.

#### **YOUR RIGHTS**

You have the **right to request restrictions** on certain uses and disclosures of your Health Information, including the uses and disclosures listed in this Notice and disclosures permitted by law. You also have the **right to request that we communicate with you in certain ways**.

- We will accommodate reasonable requests;
- We are not required to agree to a request to restrict a disclosure unless you have paid for the
  cost of the health care item or service in full (i.e., the entire sum for the procedure performed)
  and disclosure is not otherwise required by law; and,
- If you are a minor, depending on the state you reside in, you may have the right in certain circumstances to block parental access to your Health Information. For example, a minor may have the rights of an adult with respect to diagnosis and care of conditions such as STDs, drug dependency, and pregnancy.

You have the **right to inspect and copy your Health Information** in our records. Please note that there are exceptions to this, such as:

- Psychotherapy notes;
- Information complied in reasonable anticipation, or for use in, a civil, criminal or administrative action or proceeding;
- Health Information that is subject to a law prohibiting access to that information; or,
- If the Health Information was obtained from someone other than us under a promise of confidentiality and the access request would be reasonably likely to reveal the source of the information.

We may deny your request to inspect and copy your Health Information if:

- A licensed health care professional has determined your requested access is reasonably likely to endanger your life or physical safety of another;
- The Health Information makes reference to another person and a licensed health care professional has determined that access requested is reasonably likely to cause substantial harm to another; or,
- A licensed health care professional has determined that access requested by your personal representative is likely to cause substantial harm to you or another person.

You have the **right to request an amendment** to your Health Information if you believe the information we have on file is incomplete or inaccurate. Your request must be in writing and must include the reason for the request. If we deny your request, you may file a written statement of disagreement.

You have the right to know who we have provided your information to - - this is known as an **accounting of disclosures**. A request for an accounting of disclosures must be submitted in writing to the address below. The accounting will not include disclosures made for treatment, payment, health care operations, for law enforcement purposes, or as otherwise permitted or required by law. If you request an accounting of disclosures more than once in a twelve (12) month period we may charge a reasonable

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fee to process, compile and deliver the information to you this second time.

You have a **right to receive a paper copy of this Notice**. Simply call the customer service line indicated on your ID card and request a paper copy be mailed to you. You may also submit a written request to us at the address below.

You will receive a notice of a breach of your Health Information. You have the **right to be notified of a breach** of unsecure Health Information.

Finally, you have the **right to file a complaint** if you feel your privacy rights were violated. You may also file a complaint with the Secretary of Health and Human Services.

#### CONTACT

For all inquiries, requests and complaints, please contact:

Privacy and Security Officer
Wellfleet Insurance Company/
Wellfleet New York Insurance Company
c/o Wellfleet Group, LLC
PO Box 15369
Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

#### This Notice is Subject to Change

We may change the terms of this notice and our privacy policies at any time. If we do, the new terms and policies will be effective for all of your Health Information we maintain, as well as any information we may receive or maintain in the future.

Please note that we do not destroy your Health Information when you terminate your coverage with us. It may be necessary to use and disclose this information for the purposes described above even after our coverage terminates, although policies and procedures will remain in place to protect against inappropriate use and disclosure.

#### Gramm-Leach-Bliley ("GLB") Privacy Notice

We understand your privacy is important. We value our relationship with you and are committed to protecting the confidentiality of *nonpublic personal information* ("NPI"). This notice explains why we collect NPI, what we do with NPI and how we protect your privacy.

#### **COLLECTING YOUR INFORMATION**

We collect NPI about our customers to provide them with insurance products and services. This may include your name, Social Security number, telephone number, address, date of birth, gender, work/school enrollment history, and health history. We may receive NPI from your completing the following forms:

- Claims forms
- Enrollment forms
- Beneficiary designation/Assignment forms
- Any other forms necessary to effectuate coverage, administer coverage, or administer and pay your claims

We also collect information from others that is necessary for us to properly process a claim, underwrite coverage, or to otherwise complete a transaction requested by a customer, policyholder or contract holder.

#### SHARING YOUR INFORMATION

We share the types of NPI described above primarily with people who perform insurance, business and professional services for us, such as helping us pay claims and detect fraud. We may share NPI with medical providers for insurance and treatment purposes. We may share NPI with an insurance support organization such as a policyholder's or contract holder's broker, a third-party administrator, reinsurer, employer, school, or plan sponsor. We may also share NPI when otherwise required or permitted by law, such as sharing with governmental or other legal authorities. When legally necessary, we ask your permission before sharing NPI about you. Our practices apply to our former, current and future customers.

We do not share your health NPI to market any product or service. We also do not share any NPI to market non-financial products and services.

When other companies help us conduct business, we expect them to follow applicable privacy laws. We do not authorize them to use or share NPI except when necessary to conduct the work they are performing for us or to meet regulatory or other governmental requirements.

#### **HEALTH INFORMATION**

We will not share any of your protected health information ("PHI") unless allowed by law, and/or you have provided us with the appropriate authorization. Additional information on how we protect your PHI can be found in the Notice of Privacy Practices.

#### **SAFEGUARDING YOUR INFORMATION**

We have physical, electronic and procedural safeguards that protect the confidentiality and security of NPI. We give access only to employees or authorized individuals who need to know the NPI to provide insurance products or services to you. Our employees are continually trained on how to keep information safe.

#### **Accessing Your Information**

You may request access to certain NPI we collect to provide you with insurance products and services. You must make your request in writing and send it to the address below. The letter should include your full name, address, telephone number and policy number if we have issued a policy. If you request, we will send copies of the NPI to you. If the NPI includes health information, we may provide the health information to you through a health care provider you designate. We will also send you information related to disclosures. We may charge a reasonable fee to cover our processing costs.

This section applies to NPI we collect to provide you with coverage. It does not apply to NPI we collect in anticipation of a claim or civil or criminal proceeding.

#### **CORRECTING YOUR INFORMATION**

If you believe the NPI we have about you is incorrect, please write to us. Your letter should include your full name, address, telephone number and policy number if we have issued a policy. Your letter should also explain why you believe the NPI is inaccurate. If we agree with you, we will correct the NPI and notify you of the correction. We will also notify any person who may have received the incorrect NPI from us in the past two (2) years if you ask us to contact that person.

If we disagree with you, we will tell you we are not going to make the correction. We will give you the reason(s) for our refusal. We will also tell you that you may submit a statement to us. Your statement should include the NPI you believe is correct. It should also include the reason(s) why you disagree with our decision not to correct the NPI in our files. We will file your statement with the disputed NPI. We will include your statement any time we disclose the disputed NPI. We will also give the statement to any person designated by you if we may have disclosed the disputed NPI to that person in the past two (2) years.

#### **CONTACTING US**

If there are any questions concerning this notice, please feel free to write us at:

Privacy and Security Officer Wellfleet Insurance Company c/o Wellfleet Group, LLC PO Box 15369 Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

#### NOTICE OF NON-DISCRIMINATION AND ACCESSIBILLITY REQUIREMENTS

The Company complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity. The Company does not exclude people or treat them worse because of their race, color, national origin, age, disability, or sex.

The Company provides free aids and services to people with disabilities to communicate effectively with us, such as:

- 1. Qualified sign language interpreters
- 2. Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose first language is not English when needed to communicate effectively with us, such as:

- 1. Interpreters
- 2. information translated into other languages

If you need these services, contact John Kelley Civil Rights Coordinator.

If you believe that Wellfleet Insurance Company has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

John Kelley Civil Rights Coordinator, PO Box 15369 Springfield, MA 01115-5369 (413)-733-4612 Jkelley@wellfleetinsurance.com.

You can file a grievance in person, by mail, fax, or email. If you need help filing a grievance John Kelley of Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building

Washington, DC 20201

800-8681019; 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

The Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

## ADVISORY NOTICE TO POLICYHOLDERS

# U.S. TREASURY DEPARTMENT'S OFFICE OF FOREIGN ASSETS CONTROL ("OFAC")

No coverage is provided by this Policyholder Notice nor can it be construed to replace any provisions of your policy. You should read your policy and review your Declarations page for complete information on the coverages you are provided.

This Policyholder Notice provides information concerning possible impact on your insurance coverage due to the directives issued by OFAC and possibly by the U.S. Department of State. **Please read this Policyholder Notice carefully.** 

OFAC of the U.S. Department of Treasury administers and enforces economic and trade sanctions policy on Presidential declarations of "National Emergency". OFAC has identified and listed numerous:

- Foreign agents;
- Front organizations;
- Terrorists;
- Terrorist organizations; and
- Narcotics traffickers

as *Specially Designated Nationals* and *Blocked Persons*. This list can be found on the U.S. Department of Treasury's website (www.treas.gov/ofac)

In accordance with OFAC regulations, or any applicable regulation promulgated by the U.S. Department of State, if it is determined that you or another insured, or any person or entity claiming the benefits of this insurance has violated U.S. sanctions law or is identified by OFAC as a *Specially Designated National* or *Blocked Person*, this insurance will be considered a blocked or frozen contract and all provisions of this insurance will be immediately subject to OFAC. When an insurance policy is considered to be such a blocked or frozen contract, neither payments nor premium refunds may be made without authorization from OFAC. Other limitations on the premiums and payments also apply.

### Women's Health & Cancer Rights Act

If you have had or are going to have a Mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). If you are receiving Mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and patient for:

- a. Reconstruction of the breast on which the Mastectomy was performed;
- b. Reconstruction of the other breast to produce a symmetrical appearance;
- c. Prosthesis;
- d. Treatment of physical complications from all stages of Mastectomy, including lymphedemas.

Coverage will be subject to the same plan limitations, copays, deductible and coinsurance provisions that currently apply to Mastectomy coverage and will be provided in consultation with you and your attending physician.

#### LANGUAGE ASSISTANCE PROGRAM

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call (877) 657-5030.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al (877) 657-5030.

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請致電:(877) 657-5030.

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese**), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi (877) 657-5030.

알림: 한국어(Korean)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. (877) 657-5030번으로 전화하십시오.

PAUNAWA: Kung nagsasalita ka ng **Tagalog** (**Tagalog**), may makukuha kang mga libreng serbisyo ng tulong sa wika. Mangyaring tumawag sa (877) 657-5030.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по номеру (877) 657-5030.

هيبنة: اذا تنك شدحتة قيبرها (Arabic)، ناف تامدخة دعاسما قيو غلاا قيناجما قحاتم كل. عاجر لا لاصتلاً بـ 5030-657 (877).

ATANSYON: Si w pale **Kreyòl ayisyen** (**Haitian Creole**), ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nan (877) 657-5030.

ATTENTION : Si vous parlez **français** (**French**), des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le (877) 657-5030.

UWAGA: Jeżeli mówisz po **polsku** (**Polish**), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod numer (877) 657-5030.

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue para (877) 657-5030.

ATTENZIONE: in caso la lingua parlata sia l'**italiano** (**Italian**), sono disponibili servizi di assistenza linguistica gratuiti. Si prega di chiamare il numero (877) 657-5030.

ACHTUNG: Falls Sie **Deutsch** (**German**) sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie (877) 657-5030 an.

注意事項:日本語 (Japanese) を話される場合、無料の言語支援サービスをご利用いただけます。(877) 657-5030 にお電話ください。

**یسرافی** امشدنابز رگا : محبود (**Farsi**) دشابه یم امشد رایتخا رد ناگیار روط مبه ی نابز دادما تامدخ ،تسا. 657-5030 (877) تمسا بیگرید. कृपा ध्या द□: य□द आप □**हंद**□ (**Hindi**) भाषी ह□ तो आपके □लए भाषा सहायता सेवाएं□न:शुल् उपलब् ह□। कृपा पर काल कर□ (877) 657-5030

CEEB TOOM: Yog koj hais Lus **Hmoob** (**Hmong**), muaj kev pab txhais lus pub dawb rau koj. Thov hu rau (877) 657-5030.

ប្រយ័ត្ន: ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ(Khmer) សេវាកម្មភាសាជំនួយឥតគិតថ្លៃមានសម្រាប់អ្នក។ សូមទូរស័ព្ទមកលេខ (877) 657-5030 ។

PAKDAAR: Nu saritaem ti **Ilocano** (**Ilocano**), ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti (877) 657-5030.

DÍÍ BAA'ÁKONÍNÍZIN: **Diné** (**Navajo**) bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shoodí kohjị' (877) 657-5030 hodíilnih.

OGOW: Haddii aad ku hadasho **Soomaali** (**Somali**), adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac (877) 657-5030

**ગુજરાતી** (Gujarati) યુ ના: જો તમે જરાતી બોલતા હો, તો િન:લ્કુ ભાષા સહાય સેવાઓ તમારા માટ ઉપલબ્ધ છ. ફોન કરો (877) 657-5030

**λληνικά (Greek)**ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε (877) 657-5030

Українська (Ukrainian) УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером (877) 657-5030

አማርኛ (Amharic) ማስታወሻ: የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትርንም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደው(877) 657-5030

**ਪੰਜਾਬੀ** (Punjabi) ਧਆਨ ਿਦਓ: ਜੇ ਤੁਸ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤ ਭਾਸ਼ਾ ਿਵੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ (877) 657-5030

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ (877) 657-5030

5814 Reed Road, Fort Wayne, IN. 46835

# Policy/Certificate Amendment

Policyholder: Bates College Policy Number: CCIC1920MESHIP36

Effective Date: August 15, 2020

This Amendment form is made a part of the Policy and any Certificate to which it is attached as of the Effective Date shown above. This form applies only to covered expenses that occur on or after the effective date shown above.

In return for payment of the required premium, The Policy/Certificate are amended as follows. Any changes in premium will apply as of the first premium due date on or after the Effective Date of this Amendment.

- 1. In consideration of the payment of the required premium, this policy is renewed for the Policy Term beginning August 15, 2020 and ending August 14, 2021 as new Policy No. WI2021MESHIP19.
- 2. The Policy is amended to delete the Schedule of Benefits in its entirety and replace it with the attached updated Schedule of Benefits.
- 3. The Policy is amended to delete the Exclusions and Limitations in their entirety and replace them with the attached updated Exclusions and Limitations.
- 4. The Policy is amended to delete the following provision under Section I Eligibility in its entirety:

"Who is not Eligible"

The following students are not eligible to enroll in the insurance plan:

- students enrolled exclusively in online courses or whose enrollment consists entirely of shortterm courses;
- students taking distance learning, home study, correspondence, television courses, or courses
  taken for audit do not fulfill the eligibility requirements that the student actively attend
  classes. The online restriction does not apply to students who are completing their degree
  requirements while engaged in practical training.

This Amendment is subject to all of the terms, limitations and conditions of the Policy and/or the Certificate to which it is attached except as they are changed by it.

SIGNED FOR WELLFLEET INSURANCE COMPANY

Andrew M. DiGiorgio, President

**GE POLICY AMEND (2020)** 

Angela Adams, Secretary

Anglamddam

Bates College Amendment No. 1

#### **SCHEDULE OF BENEFITS**

#### **Preventive Services:**

In-Network Provider: The Deductible, Coinsurance, and any Copayment are not applicable to Preventive Services. Benefits are paid at 100% of the Negotiated Charge when services are provided through an In-Network Provider.

Out-of-Network Provider: Deductible, Coinsurance, and any Copayment are applicable to Preventive Services provided through an Out-of-Network Provider. Benefits are paid at 80% of the Usual and Customary Charge.

**Medical Deductible:** In-Network Provider Individual: \$0

Family: \$0

Out-of-Network Provider Individual: \$0

Family: \$0

Out-of-Pocket Maximum: In-Network Provider Individual \$6,350

Family \$12,700

Out-of-Network Provider Individual No maximum

Family No maximum

Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum and cost sharing You incur for Covered Medical expenses that is applied to the In-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum.

#### **Coinsurance Amounts:**

In-Network Provider: 90% of the Negotiated Charge for Covered Medical Expenses unless

otherwise stated below.

Out-of-Network Provider: 70% of the Usual and Customary Charge (U&C) for Covered Medical

Expenses unless otherwise stated below.

#### Medical Benefit Payments for In-Network Providers and Out-of-Network Providers

The Certificate provides benefits based on the type of health care provider You and Your Covered Dependent selects. The Certificate provides access to both In-Network Providers and Out-of-Network Providers. Different benefits may be payable for Covered Medical Expenses rendered by In-Network Providers versus Out-of-Network Providers, as shown in the Schedule of Benefits.

#### **How You Can Request an Estimate for Proposed Covered Services**

You may request an estimate of the costs you will have to pay when your health care provider proposes an inpatient admission, procedure, or other covered service. You can request this cost estimate by logging on to the Wellfleet student website. Just follow the steps to request a cost estimate for health care services you are planning to receive. To request an estimate by phone, call the toll-free phone number shown on your ID card.

#### **Dental and Vision Benefit Payments**

For dental and vision benefits, You may choose any dental or vision provider.

For dental, different benefits may be payable based on the type of service, as shown in the Schedule of Benefits.

## **Preferred Provider Organization:**

To locate an In-Network Provider in Your area, consult Your Provider Directory or call toll free 877-657-5030 or visit Our website at www.wellfleetstudent.com.

#### THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

- 1. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
- 2. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
- 3. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
- 4. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER		
	Inpatient Benefits			
Hospital Care Includes hospital room & board expenses and miscellaneous services and supplies. Subject to Semi-Private room rate unless intensive care unit is required.	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses		
Room and Board includes intensive care.  Pre-Certification Required				
Preadmission Testing	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses		
Physician's Visits while Confined Limited to 1 visit per day of Confinement per provider	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses		
Inpatient Surgery: Pre-Certification Required				
Surgeon Services	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses		
Anesthetist	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses		
Assistant Surgeon	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses		
Physical Therapy while Confined (inpatient)	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses		

Skilled Nursing Facility	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Benefit	Covered Medical Expenses	Covered Medical Expenses
Pre-Certification required		
Inpatient Rehabilitation	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Facility Expense Benefit	Covered Medical Expenses	Covered Medical Expenses
Pre-Certification Required		
INPATIENT	   MENTAL HEALTH DISORDER AND SUBS	STANCE USE DISORDER
Mental Health Disorder and Substance Use Disorder Benefit	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required		
In accordance with the		
federal Mental Health Parity		
and Addiction Equity Act of		
2008 (MHPAEA), the cost		
sharing requirements, day or		
visit limits, and any Pre-		
certification requirements that apply to a Mental Health		
Disorder and Substance Use		
Disorder will be no more		
restrictive than those that		
apply to medical and surgical		
benefits for any other		
Covered Sickness.		
Outpatient Surgery:	Outpatient Benefits	
outputient surgery.		
Pre-Certification required		
Surgeon Services	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
	Covered Medical Expenses	Covered Medical Expenses
Anesthetist	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
	Covered Medical Expenses	Covered Medical Expenses
Assistant Surgeon	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
	Covered Medical Expenses	Covered Medical Expenses
Outpatient Surgery Facility	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
and Miscellaneous expenses	Covered Medical Expenses	Covered Medical Expenses
for services & supplies, such		
as cost of operating room,		
therapeutic services, oxygen,		

oxygen tent, and blood & plasma		
Physician's Office Visits	\$20 Copayment per visit then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	\$20 Copayment per visit then the plan pays 70% of Usual and Customary Charge for Covered Medical Expenses
Specialist/Consultant Physician Services	\$20 Copayment per visit then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	\$20 Copayment per visit then the plan pays 70% of Usual and Customary Charge for Covered Medical Expenses
Telemedicine or Telehealth Services	\$20 Copayment per visit then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	\$20 Copayment per visit then the plan pays 70% of Usual and Customary Charge for Covered Medical Expenses
Cardiac Rehabilitation	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Cardiac Rehabilitation Maximum Visits per Policy Year	60	60
Pulmonary Rehabilitation	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pulmonary Rehabilitation Maximum Visits per Policy Year	60	60
Rehabilitation Therapy including, Physical Therapy, and Occupational Therapy and Speech Therapy	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required  Maximum Visits per Policy Year for Physical Therapy and Occupational Therapy Combined	60	60
Maximum Visits per Policy Year for Speech Therapy	60	60
Habilitative Services including, Physical Therapy, and Occupational Therapy and Speech Therapy	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required Habilitative Services Maximum Visits per Policy Year for Physical Therapy and Occupational Therapy Combined	60	60

Emergency Services	\$75 Copayment then the plan pays	Paid the same as In-Network Provider
	90% of the Negotiated Charge for Covered Medical Expenses	subject to Usual and Customary Charge.
	Copayment waived if admitted	
Urgent Care Centers	\$50 Copayment then the plan pays 90% of the Negotiated Charge for	70% of Usual and Customary Charge for Covered Medical Expenses
	Covered Medical Expenses	
Diagnostic Imaging Services	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Pre-Certification Required	Covered Medical Expenses	Covered Medical Expenses
CT Scan, MRI and/or PET	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Scans Pre-Certification Required	Covered Medical Expenses	Covered Medical Expenses
Laboratory Procedures	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
(Outpatient)	Covered Medical Expenses	Covered Medical Expenses
Chemotherapy and Radiation	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Therapy Pre-Certification Required	Covered Medical Expenses	Covered Medical Expenses
Infusion Therapy	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Pre-Certification Required	Covered Medical Expenses	Covered Medical Expenses
Home Health Care Expenses	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Pre-Certification Required	Covered Medical Expenses	Covered Medical Expenses
Hospice Care Coverage	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
OUTDATION	Covered Medical Expenses	Covered Medical Expenses
	T MENTAL HEALTH DISORDER AND SUE	
Mental Health Disorder and Substance Use Disorder	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Benefit	Covered Medical Expenses	covered ividated Expenses
Pre-Certification Required		
except for office visits		
In accordance with the		
federal Mental Health Parity		
and Addiction Equity Act of		
2008 (MHPAEA), the cost sharing requirements, day or		
visit limits, and any Pre-		
Certification		
requirements that apply to a		
Mental Health Disorder and		
Substance Use Disorder will		
be no more restrictive than those that apply to medical		
those that apply to medical		

and surgical benefits for any		
other Covered Sickness.		
Prescription Drugs Retail Pharm	•	
	Preventive Care medications filled at a p	
TIER 1 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail pharmacy	\$10 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		
More than a 30 day supply but less than a 61-day supply filled at a Retail pharmacy	\$20 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
More than a 60 day supply filled at a Retail pharmacy	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
TIER 2 (Including Enteral Formulas) For each fill up to a 30-day supply filled at a Retail pharmacy	\$20 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$40 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
More than a 60 day supply filled at a Retail pharmacy	\$60 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered

TIED 2	400.0	
TIER 3 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail Pharmacy	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$60 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
More than a 60 day supply filled at a Retail pharmacy	\$90 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
Zero Cost Generics		
Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	Not Covered
Specialty Prescription Drugs		
Specialty Prescription Drugs For each fill up to a 30-day supply.	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
More than a 30-day supply but less than a 61 day supply	\$60 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
More than a 60 day supply	\$90 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
Orally administered anti-cance	I er prescription drugs (including specials	ty drugs)
Benefit	Greater of: Chemotherapy Benefit; or Infusion Therapy Benefit	
Diabetic Supplies (for Prescrip	tion supplies purchased at a pharmacy	)
Benefit	Paid the same as any other Retail Pha	rmacy Prescription Drug Fill
		<del>-</del>

	Other Benefits	
Allergy Testing	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Allergy Injections/Treatment	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Ambulance Service ground and/or air, water transportation	80% of the Negotiated Charge for Covered Medical Expenses	80% of Usual and Customary Charge for Covered Medical Expenses
Bariatric Surgery  Pre-Certification Required	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Covered Clinical Trials	Covered the same as any other Sickness	Covered the same as any other Sickness
Durable Medical Equipment  Pre-Certification Required	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Diabetic services and supplies (including equipment and training)	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Refer to the Prescription Drug provision for diabetic supplies covered under the Prescription Drug benefit.		
Dialysis Treatment	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Hearing Aids One hearing aid per affected ear every 36 months for an Insured age 18 years or under.	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Maternity Benefit	Same as any other Covered Sickness	
Enteral Formulas and Nutritional Supplements	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
See the Prescription Drug section of this Schedule when purchased at a pharmacy.		
Prosthetic and Orthotic Devices	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required		

	<u></u>	
Prosthetic Devices (Arm and	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Leg)	Covered Medical Expenses	Covered Medical Expenses
Pre-Certification Required		
Reconstructive Surgery	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
	Covered Medical Expenses	Covered Medical Expenses
Pre-Certification Required		
Pediatric Dental and Vision	Services	
	Services and Pediatric Dental Service	es
Pediatric Dental – preventive	See the Pediatric Dental Care Benefit	description in the Certificate for further
& diagnostic services, for Insured Persons (to the end	information.	
of the month in which they		
turn age 19);		
limited to 1 exam /		
prophylaxis every 6 month		
,		
Includes:		
Topical fluoride treatment		
– 2 per 12 months		
<ul><li>x-rays – bitewing – 1 set</li></ul>		
per 6 months		
• x-rays - full-mouth and		
panoramic – 1 per 60	100% of Usual and Customary Charge	
months		
• sealants (as needed for		
permanent 1 <sup>st</sup> and 2 <sup>nd</sup>		
molars only, 1 per tooth		
every 36 months)		
• space maintainers		
emergency palliative		
treatment of pain		
treatment or pain		
Claim forms must be		
submitted to us as soon as		
reasonably possible. Refer to		
Proof of Loss provision		
contained in the General		
Provisions.		
i i ovisions.		
Pediatric Dental – basic		
restorative services, for		
Insured Persons (to the end		
of the month in which they		
turn age 19) Includes:		
• fillings (amalgam, resin-		
based composite)		

<ul> <li>prefabricated stainless</li> </ul>	
steel crown – 1 per tooth	50% of Usual and Customary Charge
per 60 months	
• endodontics - therapeutic	
pulpotomy	
<ul> <li>periodontics - scaling and</li> </ul>	
root planning, limited to 1	
every 24 months	
• prosthodontics – denture	
repair, denture	
rebase/reline (1 per 36	
months; 6 months after	
1	
initial installation)	
oral surgery      Dadiatria Dantal major	
Pediatric Dental – major and general services, for	
Covered Persons (to the end	
of the month in which the	
Insured Person turns age 19);	
Includes:	
<ul> <li>prosthodontics - crowns,</li> </ul>	
bridges, and dentures - 1	
per tooth/arch every 60	
months	
• endodontics (root canals on	
permanent teeth limited to	
one per tooth per lifetime)	
• periodontics – gingivectomy	
or gingivoplasty, limited to	
1 every 36 months for 4 or	50% of Usual and Customary Charge
more teeth	, c
• occlusal guard – 1 in 12	
months for ages 13 and	
older	
• general anesthesia and IV	
sedation* – in conjunction	
with complex oral surgery	
consultations, therapeutic	
drug injection, and treatment	
of post-surgical	
complications, except as	
Covered elsewhere in the	
Policy	
Pediatric Dental – Medically	
Necessary orthodontia services*, for Covered	
Persons up to age nineteen	
(19) with severe and	
handicapping malocclusion	50% of Usual and Customary Charge
*Requires pre-authorizatio	

Pediatric Vision Care Benefit		
(to the end of the month in which the Insured Person turns age 19)		
Limited to 1 visit per Policy Year and 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year	100% of Usual and Customary Charge for Covered Medical Expenses	
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.		
Abortion Expense	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Acupuncture Expense Benefit	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Accidental Injury Dental Treatment for Insured Person's over age 18	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Sickness Dental Expense for Insured Person's over age 18	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Chiropractic Care Benefit  Pre-Certification Required	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Chiropractic Care Benefit Maximum visits per Policy Year	40	40
Organ Transplant Surgery travel and lodging expenses a maximum of \$2,000 per Policy Year \$250 per day, whichever is less while at the transplant facility.	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required Tuberculosis screening, Titers, Quantiferon B tests including shots (other than covered under preventive services)	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses

Bedside Visits (International	100% of Usual and Customary Charge for Covered Medical Expenses	
Students and their	Subject to \$5,000 maximum per Policy Year	
Dependents)		
Non-emergency Care While	70% of Usual and Customary Charge for Covered Medical Expenses	
Traveling Outside of the	Subject to \$10,000 maximum per Policy Year	
United States		
Medical Evacuation Expense	100% of Usual and Customary Charge for Covered Medical Expenses	
	Deductible Waived	
Repatriation Expense	100% of Usual and Customary Charge f	for Covered Medical Expenses
	Deductible Waived	
Mandated Benefits		
Anesthesia and Facility	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Charges for Dental	Covered Medical Expenses	Covered Medical Expenses
Procedures		
Autism Spectrum Disorders	Same as any other Covered Sickness	
Breast Cancer Treatment	Same as any other Covered Sickness	
Breast Reduction/Varicose	Same as any other Covered Sickness	
Vein Surgery		
Children's Early Intervention	Same as any other Covered Sickness, subject to the following limitations.	
	The coverage is limited to \$3,200 worth of visits per Policy Year for each child,	
	not to exceed \$9,600 worth of visits by the child's 3 <sup>rd</sup> birthday.	
Colorectal Cancer Screening	Same as any other Preventive Service	
Gynecological and Obstetrical	Same as any other Preventive Service	
Services		
Leukocyte Antigen Testing	Same as any other Preventive Service, subject to a maximum of \$150 per	
	lifetime lab fee and may not be applied to any deductible.	
Pap Tests	Same as any other Preventive Service	
Prostate Cancer Screening	Same as any other Preventive Service	
Screening Mammogram	Same as any other Preventive Service	

**Exclusion Disclaimer**: Any exclusion in conflict with the Patient Protection and Affordable Care Act or any state imposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to You.

The Certificate does not cover loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

- 1. **International Students Only** Eligible expenses within Your Home Country or country of origin that would be payable or medical Treatment that is available under any governmental or national health plan for which You could be eligible.
- 2. Treatment, service or supply which is not Medically Necessary for the diagnosis, care or treatment of the Sickness or Injury involved. This applies even if they are prescribed, recommended or approved by Your attending Physician or dentist.
- 3. Medical services rendered by a provider employed for or contracted with the Policyholder, including team physicians or trainers, except as specifically provided in the Schedule of Benefits.
- 4. Professional services rendered by an Immediate Family Member or anyone who lives with You.
- 5. Routine foot care, including the paring or removing of corns and calluses, or trimming of nails,

unless these services are determined to be Medically Necessary because of Injury, infection or disease.

- 6. Infertility treatment (male or female)-this includes but is not limited to:
  - Procreative counseling;
  - Premarital examinations;
  - · Genetic counseling and genetic testing;
  - Impotence, organic or otherwise;
  - Injectable infertility medication, including but not limited to menotropins, hCG and GnRH agonists;
  - In vitro fertilization, gamete intrafallopian tube transfers or zygote intrafallopian tube transfers;
  - Costs for an ovum donor or donor sperm;
  - Sperm storage costs;
  - Cryopreservation and storage of embryos;
  - Ovulation induction and monitoring;
  - Artificial insemination;
  - Hysteroscopy;
  - Laparoscopy;
  - Laparotomy;
  - Ovulation predictor kits;
  - Reversal of tubal ligations;
  - Reversal of vasectomies;
  - Costs for and relating to surrogate motherhood (maternity services are Covered for Members acting as surrogate mothers);
  - · Cloning; or
  - Medical and surgical procedures that are experimental or investigational, unless Our denial is overturned by an External Appeal Agent.
- 7. Expenses covered under any Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid.
- 8. Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance or services covered by Student Health Fees.
- 9. Any expenses in excess of Usual and Customary Charges except as provided in the Certificate.
- 10. Loss incurred as the result of riding as a passenger or otherwise (including skydiving) in a vehicle or device for aerial navigation, except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route anywhere in the world.
- 11. Loss resulting from war or any act of war, whether declared or not, or loss sustained while in the armed forces of any country or international authority.
- 12. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any Intercollegiate or club sports for which benefits are paid under another Sports Accident policy issued to the Policyholder; or for which coverage is provided by the National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletic (NAIA) or any other sports association.
- 13. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any professional sport.
- 14. Treatment, services, supplies or facilities in a Hospital owned or operated by the Veterans Administration or a national government or any of its agencies, except when a charge is made which You are required to pay.

- 15. Services that are duplicated when provided by both a certified Nurse-midwife and a Physician.
- 16. Expenses payable under any prior policy which was in force for the person making the claim.
- 17. Injury sustained as the result of Your operation of a motor vehicle while not properly licensed to do so in the jurisdiction in which the motor vehicle accident takes place.
- 18. Expenses incurred after:
  - The date insurance terminates as to an Insured Person, except as specified in the extension of benefits provision; and
  - The end of the Policy Year specified in the Policy.
- 19. Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- 20. Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling or any screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered under the Certificate.
- 21. Treatment for obesity except surgery for morbid obesity (bariatric surgery). Surgery for removal of excess skin or fat.
- 22. Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- 23. Expenses for radial keratotomy.
- 24. Adult Vision unless specifically provided in the Certificate.
- 25. Charges for office visit exam for the fitting of prescription contact lenses, duplicate spare eyeglasses, lenses or frames, non-prescription lenses or contact lenses that are for cosmetic purposes.
- 26. Charges for hearing exams, hearing screening, or cochlear implants except as specifically provided in the Certificate.
- 27. Racing or speed contests, skin diving or sky diving, mountaineering (where ropes or guides are customarily used), ultra-light aircraft, parasailing, sail planing, hang gliding, bungee jumping, travel in or on ATV's (all terrain or similar type vehicles) or other hazardous sport or hobby.
- 28. Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, or trauma.
- 29. Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric Dental Care Benefit.
- 30. Treatment of Temporomandibular Joint Dysfunction (TMJ) other than a surgical procedure for those covered conditions affecting the upper or lower jawbone or associated bone joints. Such a procedure must be considered Medically Necessary based on the Certificate definition of same.
- 31. You are:
  - committing or attempting to commit a felony,
  - engaged in an illegal occupation, or
  - participating in a riot.
- 32. Custodial Care service and supplies.
- 33. Charges for hot or cold packs for personal use.
- 34. Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.
- 35. Services of private duty Nurse except as provided in the Certificate.
- 36. Expenses that are not recommended and approved by a Physician.
- 37. Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan, or services for or related to the transplantation of animal or artificial organs or tissues.
- 38. Cosmetic procedures related to Gender Reassignment including but not limited to rhinoplasty, face lift, facial bone reduction, lip enhancement or reduction, blepharoplasty, breast augmentation, body contouring, reduction thyroid chondroplasty, hair removal, voice

- modification surgery, skin resurfacing, chin implants, nose implants.
- 39. Treatment of Acne unless Medically Necessary.
- 40. Experimental or Investigational drugs, devices, treatments or procedures unless otherwise covered under Covered Clinical Trials or covered under clinical trials (routine patient costs). See the Other Benefits section for more information.
- 41. Under the Prescription Drug Benefit shown in the Schedule of Benefits:
  - any drug or medicine which does not, by federal or state law, require a prescription order, i.e. over-the-counter drugs, even if a prescription is written, except as specifically provided under Preventive Services or in the Prescription Drug Benefit section of the Certificate. Insulin and OTC preventive medications required under ACA are exempt from this exclusion;
  - drugs with over-the-counter equivalents except as specifically provided under Preventive Services;
  - allergy sera and extracts administered via injection;
  - any drug or medicine for the purpose of weight control;
  - fertility drugs;
  - sexual enhancements drugs;
  - vitamins, and minerals, except as specifically provided under Preventive Services;
  - food supplements, dietary supplements; except as specifically provided in the Certificate;
  - cosmetic drugs or medicines, including but not limited to, products that improve the appearance of wrinkles or other skin blemishes;
  - refills in excess of the number specified or dispensed after 1 year of date of the prescription;
  - drugs labeled, "Caution limited by federal law to Investigational use" or Experimental Drugs;
  - any drug or medicine purchased after coverage under the Certificate terminates;
  - any drug or medicine consumed or administered at the place where it is dispensed;
  - if the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
  - bulk chemicals;
  - non-insulin syringes, surgical supplies, durable medical equipment/medical devices, except as specifically provided in the Prescription Drug Benefit section of the Certificate;
  - repackaged products;
  - blood components except factors;
  - immunology products.
- 42. Non-chemical addictions.
- 43. Non-physical, occupational, speech therapies (such as art, dance, drama, horticulture, music, writing, etc.).
- 44. Modifications made to dwellings.
- 45. General fitness, exercise programs.
- 46. Hypnosis.
- 47. Rolfing.
- 48. Biofeedback.

# Policy/Certificate Amendment

Policyholder: Bates College Policy Number: WI2021MESHIP19

Effective Date: August 15, 2020

This Amendment form is made a part of the Policy and Certificate to which it is attached as of the Effective Date shown above. This form applies only to covered expenses that occur on or after that date.

This Amendment is subject to all of the terms, limitations and conditions of the Policy and Certificate except as they are changed by it.

The change to the Certificate are as follows:

1. The **Colorectal Cancer Screening** provision appearing in the **Mandated Benefits for Maine** section of the **Certificate** is deleted and replaced by the following:

**Colorectal Cancer Screening** for a colorectal cancer screening examinations and laboratory tests recommended by a health care provider for asymptomatic Insured Persons who are:

- 1. At average risk for colorectal cancer according to the most recently published colorectal cancer screening guidelines of a national cancer society; or
- 2. At high risk for colorectal cancer according to the most recently published colorectal cancer screening guidelines of a national cancer society.

This amendment makes no other changes to the Policy or Certificate.

SIGNED FOR WELLFLEET INSURANCE COMPANY

Andrew M. DiGiorgio, President

Angela Adams, Secretary

Anglamodam)

# **HIPAA Notice of Privacy Practices**

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION

#### PLEASE REVIEW IT CAREFULLY

Effective: August 01, 2019

This Notice of Privacy Practices ("Notice") applies to **Wellfleet Insurance Company** and **Wellfleet New York Insurance Company**'s (together, "we", "us" or "our") insured health benefits plans. We are required to provide you with this Notice.

Personal Information is information that identifies you as an individual, such as your name and Social Security Number, as well as financial, health and other information about you that is nonpublic, and that we obtain so we can provide you with insurance coverage.

Protected Health Information (your "Health Information") is information that identifies you as related to your physical or mental health, your health care, or payment for your healthcare.

#### **Our Responsibilities**

We are required by law to maintain the privacy of the Health Information we hold and to provide you with this Notice and to follow the duties and privacy practices described in this Notice. We are required to abide by the terms of this Notice currently in effect.

We utilize administrative, technical, and physical safeguards to protect your information against unauthorized access and against threats and hazards to its security and integrity. We comply with all applicable state and federal rules pertaining to the security and confidentiality of your information.

We will promptly inform you if a breach has occurred that may have compromised the privacy or security of your Health Information.

#### **Overview of this Notice**

This Notice describes how certain information about you may be used and disclosed and how you can get access to this information. This Notice addresses three primary areas:

- An overview of Your Health Information. This section addresses how we collect your information, how we use it to run our business, and the reasons we share it.
- Your Rights. This section gives an overview of the rights you have with respect to your information we have in our records.
- How to Contact Us. In case you have any questions, requests, or even if you feel you need to make a complaint, we want to make sure you are in contact with the right person.

#### YOUR HEALTH INFORMATION

#### **How We Acquire Your Information**

In order to provide you with insurance coverage, we need Personal Information about you. We gather this information from a variety of sources including your employer, your health care provider, your school, other insurers, and third party administrators (TPAs). This information is necessary to properly administer your health plan benefits.

#### How We use Your Health Information

Below are some examples of how we use and disclose your Health Information. Broadly, we will use and disclose your Health Information for Treatment, Payment and Health Care Operations.

**Treatment** refers to the health care treatment you receive. We do not provide treatment, but we may disclose certain information to doctors, dentists, pharmacies, hospitals, and other health care providers who will take care of you. For example, a doctor may send us information about your diagnosis and treatment so we can develop a health care plan and arrange additional services.

**Payment** refers to activities involving the collection of premiums, payment of claims, and determining covered services. For example, we may review your Health Information to determine if a particular treatment is medically necessary and what that payment for the services should be.

**Health Care Operations** refers to the business functions necessary for us to operate, such as audits, complaints responses and quality assurance activities. For example, we would use your Health Information (but not genetic information) for underwriting and calculating rates, or we may use your Health Information to detect and investigate fraud.

#### Additionally:

- We may **confirm enrollment** in the health plan with the appropriate party.
- If you are a **dependent** of someone on the plan, we may disclose certain information to the plan's subscriber, such as an explanation of benefits for a service you may have received.
- We may share enrollment information, payment information, or other Health Information in order to coordinate treatment or other services you may need.

We may disclose your information when instructed to do so, including:

- Health oversight activities may require that we disclose your information to governmental, licensing, auditing and accrediting agencies;
- Legal proceedings may require disclosure of your Health Information in response to a court order or administrative order, or in response to a subpoena, discovery request, warrant, summons, or other valid process;
- Law enforcement activities might require disclosure of certain Health Information to local, state or federal law enforcement, so long as the release is authorized or required by law;
- As required by law or to avert a serious threat to safety or health; and,
- To **certain government agencies**, such as the Department of health and Human Services or the Office of Civil Rights if they are conducting an investigation or audit.

#### **Authorizations**

Occasionally we may receive a request to share your information in a manner outside of how we normally use your Health Information, as described above. In those cases, we will ask you for your authorization before we share your Health Information.

#### **YOUR RIGHTS**

You have the **right to request restrictions** on certain uses and disclosures of your Health Information, including the uses and disclosures listed in this Notice and disclosures permitted by law. You also have the **right to request that we communicate with you in certain ways**.

- We will accommodate reasonable requests;
- We are not required to agree to a request to restrict a disclosure unless you have paid for the
  cost of the health care item or service in full (i.e., the entire sum for the procedure performed)
  and disclosure is not otherwise required by law; and,
- If you are a minor, depending on the state you reside in, you may have the right in certain circumstances to block parental access to your Health Information. For example, a minor may have the rights of an adult with respect to diagnosis and care of conditions such as STDs, drug dependency, and pregnancy.

You have the **right to inspect and copy your Health Information** in our records. Please note that there are exceptions to this, such as:

- Psychotherapy notes;
- Information complied in reasonable anticipation, or for use in, a civil, criminal or administrative action or proceeding;
- Health Information that is subject to a law prohibiting access to that information; or,
- If the Health Information was obtained from someone other than us under a promise of confidentiality and the access request would be reasonably likely to reveal the source of the information.

We may deny your request to inspect and copy your Health Information if:

- A licensed health care professional has determined your requested access is reasonably likely to endanger your life or physical safety of another;
- The Health Information makes reference to another person and a licensed health care professional has determined that access requested is reasonably likely to cause substantial harm to another; or,
- A licensed health care professional has determined that access requested by your personal representative is likely to cause substantial harm to you or another person.

You have the **right to request an amendment** to your Health Information if you believe the information we have on file is incomplete or inaccurate. Your request must be in writing and must include the reason for the request. If we deny your request, you may file a written statement of disagreement.

You have the right to know who we have provided your information to - - this is known as an **accounting of disclosures**. A request for an accounting of disclosures must be submitted in writing to the address below. The accounting will not include disclosures made for treatment, payment, health care operations, for law enforcement purposes, or as otherwise permitted or required by law. If you request

an accounting of disclosures more than once in a twelve (12) month period we may charge a reasonable fee to process, compile and deliver the information to you this second time.

You have a **right to receive a paper copy of this Notice**. Simply call the customer service line indicated on your ID card and request a paper copy be mailed to you. You may also submit a written request to us at the address below.

You will receive a notice of a breach of your Health Information. You have the **right to be notified of a breach** of unsecure Health Information.

Finally, you have the **right to file a complaint** if you feel your privacy rights were violated. You may also file a complaint with the Secretary of Health and Human Services.

#### CONTACT

For all inquiries, requests and complaints, please contact:

Privacy and Security Officer
Wellfleet Insurance Company/
Wellfleet New York Insurance Company
c/o Wellfleet Group, LLC
PO Box 15369
Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

#### This Notice is Subject to Change

We may change the terms of this notice and our privacy policies at any time. If we do, the new terms and policies will be effective for all of your Health Information we maintain, as well as any information we may receive or maintain in the future.

Please note that we do not destroy your Health Information when you terminate your coverage with us. It may be necessary to use and disclose this information for the purposes described above even after our coverage terminates, although policies and procedures will remain in place to protect against inappropriate use and disclosure.

# Gramm-Leach-Bliley ("GLB") Privacy Notice

We understand your privacy is important. We value our relationship with you and are committed to protecting the confidentiality of *nonpublic personal information* ("NPI"). This notice explains why we collect NPI, what we do with NPI and how we protect your privacy.

#### **COLLECTING YOUR INFORMATION**

We collect NPI about our customers to provide them with insurance products and services. This may include your name, Social Security number, telephone number, address, date of birth, gender, work/school enrollment history, and health history. We may receive NPI from your completing the following forms:

- Claims forms
- Enrollment forms
- Beneficiary designation/Assignment forms
- Any other forms necessary to effectuate coverage, administer coverage, or administer and pay your claims

We also collect information from others that is necessary for us to properly process a claim, underwrite coverage, or to otherwise complete a transaction requested by a customer, policyholder or contract holder.

#### SHARING YOUR INFORMATION

We share the types of NPI described above primarily with people who perform insurance, business and professional services for us, such as helping us pay claims and detect fraud. We may share NPI with medical providers for insurance and treatment purposes. We may share NPI with an insurance support organization such as a policyholder's or contract holder's broker, a third-party administrator, reinsurer, employer, school, or plan sponsor. We may also share NPI when otherwise required or permitted by law, such as sharing with governmental or other legal authorities. When legally necessary, we ask your permission before sharing NPI about you. Our practices apply to our former, current and future customers.

We do not share your health NPI to market any product or service. We also do not share any NPI to market non-financial products and services.

When other companies help us conduct business, we expect them to follow applicable privacy laws. We do not authorize them to use or share NPI except when necessary to conduct the work they are performing for us or to meet regulatory or other governmental requirements.

#### **HEALTH INFORMATION**

We will not share any of your protected health information ("PHI") unless allowed by law, and/or you have provided us with the appropriate authorization. Additional information on how we protect your PHI can be found in the Notice of Privacy Practices.

#### **SAFEGUARDING YOUR INFORMATION**

We have physical, electronic and procedural safeguards that protect the confidentiality and security of NPI. We give access only to employees or authorized individuals who need to know the NPI to provide insurance products or services to you. Our employees are continually trained on how to keep information safe.

#### **Accessing Your Information**

You may request access to certain NPI we collect to provide you with insurance products and services. You must make your request in writing and send it to the address below. The letter should include your full name, address, telephone number and policy number if we have issued a policy. If you request, we will send copies of the NPI to you. If the NPI includes health information, we may provide the health information to you through a health care provider you designate. We will also send you information related to disclosures. We may charge a reasonable fee to cover our processing costs.

This section applies to NPI we collect to provide you with coverage. It does not apply to NPI we collect in anticipation of a claim or civil or criminal proceeding.

#### **CORRECTING YOUR INFORMATION**

If you believe the NPI we have about you is incorrect, please write to us. Your letter should include your full name, address, telephone number and policy number if we have issued a policy. Your letter should also explain why you believe the NPI is inaccurate. If we agree with you, we will correct the NPI and notify you of the correction. We will also notify any person who may have received the incorrect NPI from us in the past two (2) years if you ask us to contact that person.

If we disagree with you, we will tell you we are not going to make the correction. We will give you the reason(s) for our refusal. We will also tell you that you may submit a statement to us. Your statement should include the NPI you believe is correct. It should also include the reason(s) why you disagree with our decision not to correct the NPI in our files. We will file your statement with the disputed NPI. We will include your statement any time we disclose the disputed NPI. We will also give the statement to any person designated by you if we may have disclosed the disputed NPI to that person in the past two (2) years.

#### **CONTACTING US**

If there are any questions concerning this notice, please feel free to write us at:

Privacy and Security Officer Wellfleet Insurance Company c/o Wellfleet Group, LLC PO Box 15369 Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

# NOTICE OF NON-DISCRIMINATION AND ACCESSIBILITY REQUIREMENTS

The Company complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity. The Company does not exclude people or treat them worse because of their race, color, national origin, age, disability, or sex.

The Company provides free aids and services to people with disabilities to communicate effectively with us, such as:

- 1. Qualified sign language interpreters
- 2. Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose first language is not English when needed to communicate effectively with us, such as:

- 1. Interpreters
- 2. information translated into other languages

If you need these services, contact Betsy M. Stevens and John Kelley Civil Rights Coordinators.

If you believe that Wellfleet Insurance Company has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Betsy M. Stevens and John Kelley Civil Rights Coordinators,

PO Box 15369

Springfield, MA 01115-5369

(413)-733-4540;

(413)-733-4612

Bstevens@wellfleetinsurance.com, or Jkelley@wellfleetinsurance.com.

You can file a grievance in person, by mail, fax, or email. If you need help filing a grievance Betsy M. Stevens and John Kelley of Civil Rights Coordinators are available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building

Washington, DC 20201

800-8681019; 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

The Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

WFNIC

# ADVISORY NOTICE TO POLICYHOLDERS

# U.S. TREASURY DEPARTMENT'S OFFICE OF FOREIGN ASSETS CONTROL ("OFAC")

No coverage is provided by this Policyholder Notice nor can it be construed to replace any provisions of your policy. You should read your policy and review your Declarations page for complete information on the coverages you are provided.

This Policyholder Notice provides information concerning possible impact on your insurance coverage due to the directives issued by OFAC and possibly by the U.S. Department of State. **Please read this Policyholder Notice carefully.** 

OFAC of the U.S. Department of Treasury administers and enforces economic and trade sanctions policy on Presidential declarations of "National Emergency". OFAC has identified and listed numerous:

- Foreign agents;
- Front organizations;
- Terrorists;
- Terrorist organizations; and
- Narcotics traffickers

as *Specially Designated Nationals* and *Blocked Persons*. This list can be found on the U.S. Department of Treasury's website (www.treas.gov/ofac)

In accordance with OFAC regulations, or any applicable regulation promulgated by the U.S. Department of State, if it is determined that you or another insured, or any person or entity claiming the benefits of this insurance has violated U.S. sanctions law or is identified by OFAC as a *Specially Designated National* or *Blocked Person*, this insurance will be considered a blocked or frozen contract and all provisions of this insurance will be immediately subject to OFAC. When an insurance policy is considered to be such a blocked or frozen contract, neither payments nor premium refunds may be made without authorization from OFAC. Other limitations on the premiums and payments also apply.

# Women's Health & Cancer Rights Act

If you have had or are going to have a Mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). If you are receiving Mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and patient for:

- a. Reconstruction of the breast on which the Mastectomy was performed;
- b. Reconstruction of the other breast to produce a symmetrical appearance;
- c. Prosthesis;
- d. Treatment of physical complications from all stages of Mastectomy, including lymphedemas.

Coverage will be subject to the same plan limitations, copays, deductible and coinsurance provisions that currently apply to Mastectomy coverage and will be provided in consultation with you and your attending physician.

## LANGUAGE ASSISTANCE PROGRAM

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call (877) 657-5030.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al (877) 657-5030.

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請致電:(877) 657-5030.

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese**), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi (877) 657-5030.

알림: 한국어(Korean)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. (877) 657-5030번으로 전화하십시오.

PAUNAWA: Kung nagsasalita ka ng **Tagalog** (**Tagalog**), may makukuha kang mga libreng serbisyo ng tulong sa wika. Mangyaring tumawag sa (877) 657-5030.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по номеру (877) 657-5030.

هيبنة: اذا تنك شدحتة قيبرها (Arabic)، ناف تامدخة دعاسما قيو غلاا قيناجما قحاتم كل. عاجر لا لاصتلاً بـ 5030-657 (877).

ATANSYON: Si w pale **Kreyòl ayisyen** (**Haitian Creole**), ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nan (877) 657-5030.

ATTENTION : Si vous parlez **français** (**French**), des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le (877) 657-5030.

UWAGA: Jeżeli mówisz po **polsku** (**Polish**), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod numer (877) 657-5030.

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue para (877) 657-5030.

ATTENZIONE: in caso la lingua parlata sia l'**italiano** (**Italian**), sono disponibili servizi di assistenza linguistica gratuiti. Si prega di chiamare il numero (877) 657-5030.

ACHTUNG: Falls Sie **Deutsch** (**German**) sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie (877) 657-5030 an.

注意事項:日本語 (Japanese) を話される場合、無料の言語支援サービスをご利用いただけます。(877) 657-5030 にお電話ください。

**یسرافی** امشدنابز رگا : محبود (**Farsi**) دشابه یم امشد رایتخا رد ناگیار روط مبه ی نابز دادما تامدخ ،تسا. 657-5030 (877) تمسا بیگرید. कृपा ध्या द□: य□द आप □**हंद**□ (**Hindi**) भाषी ह□ तो आपके □लए भाषा सहायता सेवाएं□न:शुल् उपलब् ह□। कृपा पर काल कर□ (877) 657-5030

CEEB TOOM: Yog koj hais Lus **Hmoob** (**Hmong**), muaj kev pab txhais lus pub dawb rau koj. Thov hu rau (877) 657-5030.

ប្រយ័ត្ន: ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ(Khmer) សេវាកម្មភាសាជំនួយឥតគិតថ្លៃមានសម្រាប់អ្នក។ សូមទូរស័ព្ទមកលេខ (877) 657-5030 ។

PAKDAAR: Nu saritaem ti **Ilocano** (**Ilocano**), ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti (877) 657-5030.

DÍÍ BAA'ÁKONÍNÍZIN: **Diné** (**Navajo**) bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shoodí kohjj' (877) 657-5030 hodíilnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac (877) 657-5030

ગુજરાતી (Gujarati) યુ ના: જો તમે જરાતી બોલતા હો, તો િન:લ્કુ ભાષા સહાય સેવાઓ તમારા માટ ઉપલબ્ધ છ. ફોન કરો (877) 657-5030

**λληνικά (Greek)**ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε (877) 657-5030

Українська (Ukrainian) УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером (877) 657-5030

አማርኛ (Amharic) ማስታወሻ: የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትርንም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደው(877) 657-5030

**ਪੰਜਾਬੀ** (Punjabi) ਧਆਨ ਿਦਓ: ਜੇ ਤੁਸ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤ ਭਾਸ਼ਾ ਿਵੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ (877) 657-5030

**ພາສາລາວ** (**Lao**) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ (877) 657-5030

Accepted and signed:		
Signature of Policyholder	Position or Title	Date
Check if no agent is used: $\Box$		
Agent/Broker Name:		
Address:		
Phone Number:		
Email Address:		
Tax I.D:		
Signature of Agent/Broker		Date

# COMMERCIAL CASUALTY INSURANCE COMPANY

5814 Reed Road, Fort Wayne, Indiana 46835

# STUDENT HEALTH CERTIFICATE OF COVERAGE

**POLICYHOLDER:** Bates College

(Policyholder)

**POLICY NUMBER:**CCIC1920MESHIP36 **POLICY EFFECTIVE DATE:**August 15, 2019 **POLICY TERMINATION DATE:**August 14, 2020

STATE OF ISSUE: Maine

This Certificate of Coverage ("Certificate") explains the benefits available to You under a Policy between Commercial Casualty Insurance Company (hereinafter referred to as "We", "Us" or "Our") and the Policyholder. Amendments, riders or endorsements may be delivered with the Certificate or added thereafter.

#### **INSURING AGREEMENTS**

**COVERAGE:** Benefits are provided to cover the expenses incurred due to a Covered Sickness or a Covered Injury which results in Covered Medical Expenses.

We will pay the benefits under the terms of the Policy in consideration of:

- 1. The application for the Policy; and
- 2. The payment of all premiums as set forth in the Policy.

This Certificate takes effect on the effective date at 12:00 a.m. local time at the Policyholder's address. We must receive the Policyholder's signed application and the initial Premium for it to take place.

Term of the Certificate

This Certificate terminates at 11:59 p.m. local time at the Policyholder's address.

You may return this Policy within at least ten (10) days of delivery for a full refund of all premiums paid; and any coverage returned for a refund of premium will be null and void from its inception.

The following pages form a part of this Certificate as fully as if the signatures below were on each page.

This Certificate is executed for the Company by its President and Secretary.

READ THIS ENTIRE CERTIFICATE CAREFULLY. IT DESCRIBES THE BENEFITS AVAILABLE UNDER THIS CERTIFICATE. IT IS YOUR RESPONSIBILITY TO UNDERSTAND THE TERMS AND CONDITIONS IN THIS CERTIFICATE.

**Non-Participating** 

**President** 

Andrew M. DiGiorgio

Secretary

Angela Adams

Anglamodamo)

Underwritten by: Commercial Casualty Insurance Company

5814 Reed Road Fort Wayne, IN 46835

Administrator: Wellfleet Group, LLC

PO Box 15369

Springfield, MA 01115-5369

877-657-5030

#### RIGHTS AND RESPONSIBILITIES

The responsibilities of an Insured Person include:

- 1. Carrying the Insured Person's identification card with them and presenting it prior to receiving health care services.
- 2. Paying all Deductible, Coinsurance and Copayment amounts, if any, when due.
- 3. Reading the Policy, knowing their coverage, and following the procedures outlined in the Policy to receive maximum benefits.
- 4. Informing Us of any other health insurance the Insured Person might have.
- 5. Preventing the dishonest or false use of the Insured Person's identification card by people not eligible for coverage, and immediately reporting any such use to Us.
- 6. Informing Us of any change in the Insured Person's address or a Qualifying Life Event which may later benefits for the Insured Person or their Dependents.

The rights of an Insured Person include:

- 1. Simple information and explanations from the Insured Person's health plan to help them understand what is covered and what is not covered.
- 2. A current list of Preferred Providers.
- 3. Emergency care at any Hospital for a condition the Insured Person believes threatens their life or seriously affects their health.
- 4. Information about steps the Insured Person can take if they think that their health insurance plan has denied them coverage of a Treatment they believe is covered.

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#### SCHEDULE OF BENEFITS

#### **Preventive Services:**

In-Network Provider: The Deductible, Coinsurance, and any Copayment are not applicable to Preventive Services. Benefits are paid at 100% of the Negotiated Charge when services are provided through an In-Network Provider.

Out-of-Network Provider: Deductible, Coinsurance, and any Copayment are applicable to Preventive Services provided through an Out-of-Network Provider. Benefits are paid at 80% of the Usual and Customary Charge.

<b>Medical Deductible:</b>	In-Network Provider	Individual:	\$0
		Family:	\$0
	Out-of-Network Provider	Individual:	\$0
		Family:	\$0

Out-of-Pocket Maximum:	In-Network Provider	Individual	\$6,350
		Family	\$12,700
	Out-of-Network Provider	Individual	No maximum
		Family	No maximum

Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum and cost sharing You incur for Covered Medical expenses that is applied to the In-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum.

#### **Coinsurance Amounts:**

In-Network Provider: 90% of the Negotiated Charge for Covered Medical Expenses unless otherwise stated below. 70% of the Usual and Customary Charge (U&C) for Covered Medical Expenses unless otherwise stated below.

#### Medical Benefit Payments for In-Network Providers and Out-of-Network Providers

This Certificate provides benefits based on the type of health care provider You and Your Covered Dependent selects. This Certificate provides access to both In-Network Providers and Out-of-Network Providers. Different benefits may be payable for Covered Medical Expenses rendered by In-Network Providers versus Out-of-Network Providers, as shown in the Schedule of Benefits.

#### How You Can Request an Estimate for Proposed Covered Services

You may request an estimate of the costs you will have to pay when your health care provider proposes an inpatient admission, procedure, or other covered service. You can request this cost estimate by logging on to the Wellfleet student website. Just follow the steps to request a cost estimate for health care services you are planning to receive. To request an estimate by phone, call the toll free phone number shown on your ID card.

#### **Dental and Vision Benefit Payments**

For dental and vision benefits, You may choose any dental or vision provider.

For dental, different benefits may be payable based on the type of service, as shown in the Schedule of Benefits.

#### **Preferred Provider Organization:**

To locate an In-Network Provider in Your area, consult Your Provider Directory or call toll free 877-657-5030 or visit Our website at www.cigna.com.

#### THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

- 5. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
- 6. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
- 7. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
- 8. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.

ME SHIP CERT (2019) 8 Bates College

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
II (J CK I / DICK! (L)D	Inpatient Benefits	
Hospital Care Includes hospital room & board expenses and miscellaneous services and supplies. Subject to Semi-Private room rate unless intensive care unit is required.	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Room and Board includes intensive care.		
Pre-Certification Required		
Preadmission Testing	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Physician's Visits while Confined Limited to 1 visit per day of Confinement per provider	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Inpatient Surgery: Pre-Certification Required		
Surgeon Services	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Anesthetist	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Assistant Surgeon	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Physical Therapy while Confined (inpatient)	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Skilled Nursing Facility Benefit Pre-Certification required	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Inpatient Rehabilitation Facility Expense Benefit	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required		
INPATIENT ME	NTAL HEALTH DISORDER AND SU	BSTANCE USE DISORDER
Mental Health Disorder and Substance Use Disorder Benefit	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required		
In accordance with the federal Mental Health Parity and		

Addiction Equity Act of 2008 (MHPAEA), the cost sharing requirements, day or visit limits, and any Pre-certification requirements that apply to a Mental Health Disorder and Substance Use Disorder will be no more restrictive than those that apply to medical and surgical benefits for any other Covered Sickness.		
	<b>Outpatient Benefits</b>	
Outpatient Surgery:	_	
Pre-Certification required		
Surgeon Services	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Anesthetist	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Assistant Surgeon	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Outpatient Surgery Facility and Miscellaneous expenses for services & supplies, such as cost of operating room, therapeutic services, oxygen, oxygen tent, and blood & plasma	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Physician's Office Visits	\$20 Copayment per visit then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	\$20 Copayment per visit then the plan pays 70% of Usual and Customary Charge for Covered Medical Expenses
Specialist/Consultant Physician Services	\$20 Copayment per visit then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	\$20 Copayment per visit then the plan pays 70% of Usual and Customary Charge for Covered Medical Expenses
Telemedicine or Telehealth Services	\$20 Copayment per visit then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	\$20 Copayment per visit then the plan pays 70% of Usual and Customary Charge for Covered Medical Expenses
Cardiac Rehabilitation	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Cardiac Rehabilitation Maximum Visits per Policy Year	60	60
Pulmonary Rehabilitation	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pulmonary Rehabilitation Maximum Visits per Policy Year	60	60
·		

Rehabilitation Therapy including, Physical Therapy, and Occupational Therapy and Speech Therapy	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required		
Maximum Visits per Policy Year for Physical Therapy and Occupational Therapy Combined	60	60
Maximum Visits per Policy Year for Speech Therapy	60	60
Habilitative Services including, Physical Therapy, and Occupational Therapy and Speech Therapy	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required Habilitative Services Maximum Visits per Policy Year for Physical Therapy and Occupational Therapy	60	60
Combined  Emergency Services rendered in a Hospital Emergency Room	\$75 Copayment then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge.
V	Copayment waived if admitted	
Urgent Care Centers	\$50 Copayment then the plan pays 90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Diagnostic Imaging Services	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
CT Scan, MRI and/or PET Scans	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Laboratory Procedures (Outpatient)	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Chemotherapy and Radiation Therapy	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Infusion Therapy  Pre-Certification Required	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Home Health Care Expenses	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Hospice Care Coverage	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses

OUTPATIENT ME	ENTAL HEALTH DISORDER AND S	UBSTANCE USE DISORDER
Mental Health Disorder and Substance Use Disorder Benefit	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required except for office visits		
In accordance with the federal Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA), the cost sharing requirements, day or visit limits, and any Pre-Certification requirements that apply to a Mental Health Disorder and		
Substance Use Disorder will be no more restrictive than those that apply to medical and surgical benefits for any other Covered Sickness.		
Prescription Drugs Retail Phar	•	
TIER 1 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail pharmacy	\$10 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		
More than a 30 day supply but less than a 61-day supply filled at a Retail pharmacy	\$20 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
More than a 60 day supply filled at a Retail pharmacy	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
TIER 2 (Including Enteral Formulas) For each fill up to a 30-day supply filled at a Retail pharmacy	\$20 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	Not Covered
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		

More than a 30 day supply but	\$40 Copayment then the plan pays	Not Covered
less than a 61 day supply filled	100% of the Negotiated Charge for	
at a Retail pharmacy	Covered Medical Expenses	
More than a 60 day supply	\$60 Consument then the plan nave	Not Covered
More than a 60 day supply filled at a Retail pharmacy	\$60 Copayment then the plan pays 100% of the Negotiated Charge for	Not Covered
inited at a rectain pharmacy	Covered Medical Expenses	
	1	
TIER 3	\$30 Copayment then the plan pays	Not Covered
(Including Enteral Formulas) For each fill up to a 30 day	100% of the Negotiated Charge for Covered Medical Expenses	
supply filled at a Retail	Covered Medical Expenses	
Pharmacy		
See the Enteral Formula and		
Nutritional Supplements section of this Schedule for		
supplements not purchased at a		
pharmacy.		
More than a 30 day supply but	\$60 Copayment then the plan pays	Not Covered
less than a 61 day supply filled	100% of the Negotiated Charge for	
at a Retail pharmacy	Covered Medical Expenses	
More than a 60 day supply	\$90 Copayment then the plan pays	Not Covered
filled at a Retail pharmacy	100% of the Negotiated Charge for	
	Covered Medical Expenses	
Specialty Prescription Drugs		
Specialty Prescription Drugs	\$30 Copayment then the plan pays	Not Covered
For each fill up to a 30-day	100% of the Negotiated Charge for	1100 00 10100
supply.	Covered Medical Expenses	
	0.00	
More than a 30-day supply but less than a 61 day supply	\$60 Copayment then the plan pays	Not Covered
less man a or day suppry	1000/ of the Negotieted Charge for	
	100% of the Negotiated Charge for Covered Medical Expenses	
	100% of the Negotiated Charge for Covered Medical Expenses	
More than a 60 day supply		Not Covered
More than a 60 day supply	Section 2015 Covered Medical Expenses  \$90 Copayment then the plan pays 100% of the Negotiated Charge for	Not Covered
More than a 60 day supply	Covered Medical Expenses \$90 Copayment then the plan pays	Not Covered
	Section 2015 Covered Medical Expenses  \$90 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	
	Section 2015 Covered Medical Expenses  \$90 Copayment then the plan pays 100% of the Negotiated Charge for	
Orally administered anti-cance	Covered Medical Expenses  \$90 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  r prescription drugs (including special Greater of: Chemotherapy Benefit; or	
Orally administered anti-cance Benefit	Syn Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  r prescription drugs (including special Greater of: Chemotherapy Benefit; or Infusion Therapy Benefit	ty drugs)
Orally administered anti-cance Benefit  Diabetic Supplies (for Prescript	\$90 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  r prescription drugs (including special Greater of: Chemotherapy Benefit; or Infusion Therapy Benefit ion supplies purchased at a pharmacy	ty drugs)
Orally administered anti-cance Benefit	\$90 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  r prescription drugs (including special Greater of: Chemotherapy Benefit; or Infusion Therapy Benefit ion supplies purchased at a pharmacy Paid the same as any other Retail Pharmacy	ty drugs)
Orally administered anti-cance Benefit  Diabetic Supplies (for Prescript Benefit	\$90 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  r prescription drugs (including special Greater of: Chemotherapy Benefit; or Infusion Therapy Benefit ion supplies purchased at a pharmacy Paid the same as any other Retail Pharm Other Benefits	ty drugs)  Diacy Prescription Drug Fill
Orally administered anti-cance Benefit  Diabetic Supplies (for Prescript	\$90 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  r prescription drugs (including special Greater of: Chemotherapy Benefit; or Infusion Therapy Benefit ion supplies purchased at a pharmacy Paid the same as any other Retail Pharm Other Benefits  90% of the Negotiated Charge for	ty drugs)  nacy Prescription Drug Fill  70% of Usual and Customary Charge for
Orally administered anti-cance Benefit  Diabetic Supplies (for Prescript Benefit	\$90 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  r prescription drugs (including special Greater of: Chemotherapy Benefit; or Infusion Therapy Benefit ion supplies purchased at a pharmacy Paid the same as any other Retail Pharm Other Benefits	ty drugs)  Diacy Prescription Drug Fill

	Covered Medical Expenses	Covered Medical Expenses
Ambulance Service ground and/or air, water transportation	80% of the Negotiated Charge for Covered Medical Expenses	80% of Usual and Customary Charge for Covered Medical Expenses
Bariatric Surgery	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required	•	•
Covered Clinical Trials	Covered the same as any other Sickness	Covered the same as any other Sickness
Durable Medical Equipment  Pre-Certification Required	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
*	000/ -f./l- N/	700/ - £111 1 C4 Ch
Diabetic services and supplies (including equipment and training)	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Refer to the Prescription Drug provision for diabetic supplies covered under the Prescription Drug benefit.		
Dialysis Treatment	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Hearing Aids One hearing aid per affected ear every 36 months for an Insured age 18 years or under.	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Maternity Benefit	Same as any otl	her Covered Sickness
Enteral Formulas and	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Nutritional Supplements	Covered Medical Expenses	Covered Medical Expenses
See the Prescription Drug section of this Schedule when purchased at a pharmacy.		
Prosthetic and Orthotic Devices  Pre-Certification Required	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Fre-Cerunication Required		
Prosthetic Devices (Arm and Leg)	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required		
Reconstructive Surgery	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required	•	
Pediatric Dental and Vision S		
	Services and Pediatric Dental Service	
Pediatric Dental – preventive & diagnostic services, for Insured Persons (to the end of the month	See the Pediatric Dental Care Benefit d information.	escription in the Certificate for further

in which they turn age 19);	
limited to 1 exam / prophylaxis	
every 6 month	
Includes:	
• Topical fluoride treatment – 2	
per 12 months	
• x-rays – bitewing – 1 set per 6	
months	
• x-rays - full-mouth and	
panoramic – 1 per 60 months	100% of Usual and Customary Charge
• sealants (as needed for	·
permanent 1st and 2nd molars	
only, 1 per tooth every 36	
months)	
• space maintainers	
• emergency palliative	
treatment of pain	
lifetiment of pain	
Claim forms must be submitted	
to us as soon as reasonably	
possible. Refer to Proof of Loss	
provision contained in the	
General Provisions.	
Pediatric Dental – basic	
restorative services, for Insured	
Persons (to the end of the	
month in which they turn age	
19) Includes:	
• fillings (amalgam, resin-	
based composite)	
• prefabricated stainless steel	
crown – 1 per tooth per 60	
months	50% of Usual and Customary Charge
• endodontics - therapeutic	
pulpotomy	
• periodontics - scaling and	
root planning, limited to 1	
every 24 months	
• prosthodontics – denture	
repair, denture rebase/reline	
(1 per 36 months; 6 months	
after initial installation)	
• oral surgery	
Pediatric Dental – major and	
general services, for Čovered	
Persons (to the end of the	
month in which the Insured	
Person turns age 19); Includes:	
• prosthodontics - crowns, bridges, and dentures - 1 per	
tooth/arch every 60 months	
toom aren every oo mondis	

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<ul> <li>endodontics (root canals on permanent teeth limited to one per tooth per lifetime)</li> <li>periodontics – gingivectomy or gingivoplasty, limited to 1 every 36 months for 4 or more teeth</li> <li>occlusal guard – 1 in 12 months for ages 13 and older</li> <li>general anesthesia and IV sedation* – in conjunction with complex oral surgery</li> <li>consultations, therapeutic drug injection, and treatment of post-surgical complications, except as Covered elsewhere in the Policy</li> </ul>	50% of Usual and Customary Charge	
Pediatric Dental – Medically Necessary orthodontia services*, for Covered Persons up to age nineteen (19) with severe and handicapping malocclusion *Requires pre-authorization	50% of Usual a	and Customary Charge
Pediatric Vision Care Benefit (to the end of the month in which the Insured Person turns age 19)		
Limited to 1 visit per Policy Year and 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year	100% of Usual and Customary	Charge for Covered Medical Expenses
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.		
Abortion Expense	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Acupuncture Expense Benefit	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Accidental Injury Dental Treatment for Insured Person's over age 18	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Sickness Dental Expense for Insured Person's over age 18	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses

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Chiropractic Care Benefit	90% of the Negotiated Charge for Covered Medical Expenses	70% of Usual and Customary Charge for Covered Medical Expenses
Pre-Certification Required	r	· · · · · · · · · · · · · · · · · · ·
Chiropractic Care Benefit		
Maximum visits per Policy Year	40	40
1 car		
Organ Transplant Surgery	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
travel and lodging expenses	Covered Medical Expenses	Covered Medical Expenses
a maximum of \$2,000 per Policy Year \$250 per day,		
whichever is less while at		
the transplant facility.		
Pre-Certification Required		
Tuberculosis screening, Titers,	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
Quantiferon B tests including	Covered Medical Expenses	Covered Medical Expenses
shots (other than covered under preventive services)		
Bedside Visits (International	100% of Usual and Customary Charge	for Covered Medical Expenses
Students and their Dependents)	Subject to \$5,000 maximum per Policy Year	
Non-emergency Care While	70% of Usual and Customary Charge for Covered Medical Expenses	
Traveling Outside of the United	Subject to \$10,000 maximum per Policy Year	
States  Medical Evacuation Expense	100% of Usual and Customary Charge for Covered Medical Expenses	
Wiedical Evacuation Expense	, , ,	
Repatriation Expense	100% of Usual and Customary Charge for Covered Medical Expenses	
Mandated Benefits		
Anesthesia and Facility Charges	90% of the Negotiated Charge for	70% of Usual and Customary Charge for
for Dental Procedures	Covered Medical Expenses	Covered Medical Expenses
Autism Spectrum Disorders	Same as any other Covered Sickness	
Breast Cancer Treatment	Same as any other Covered Sickness	
Breast Reduction/Varicose Vein Surgery	Same as any other Covered Sickness	
Children's Early Intervention	Same as any other Covered Sickness, subject to the following limitations.	
	The coverage is limited to \$3,200 worth of visits per Policy Year for each child, not to exceed \$9,600 worth of visits by the child's 3 <sup>rd</sup> birthday.	
Colorectal Cancer Screening	Same as any other Preventive Service	
Gynecological and Obstetrical	Same as any other Preventive Service	
Services		
Leukocyte Antigen Testing	Same as any other Preventive Service, subject to a maximum of \$150 per lifetime lab fee and may not be applied to any deductible.	
Pap Tests	Same as any other Preventive Service	
Prostate Cancer Screening	Same as any other Preventive Service	
Screening Mammogram	Same as any other Preventive Service	

#### **SECTION I - ELIGIBILITY**

An eligible student must attend classes at the Policyholder's school for at least the first 31 days of the period for which he or she is enrolled and/or pursuant to his or her visa requirements for the period for which coverage is elected.

Except in the case of withdrawal from school due to Sickness or Injury, any student who withdraws from the Policyholder's school during the first 31 days of the period for which he or she is enrolled shall not be covered under the insurance plan. A full refund of Premium will be made, minus the cost of any claim benefits paid by the Certificate. A student who graduates or withdraws after such 31 days of the period for which he or she is enrolled will remain covered under this Certificate for the term purchased and no refund will be allowed.

A student withdrawing due to a medical withdrawal due to a Sickness or Injury, must submit documentation or certification of the medical withdrawal to Us at least 30 days prior to the medical leave of absence from the school, if the medical reason for the absence and the absence are foreseeable, or 30 days after the date of the medical leave from school. The student withdrawing due to a medical withdrawal due to a Sickness or Injury will remain covered under the Certificate for the term purchased and no refund will be allowed.

All International Students are required to have a J-1, F-1 or M-1 and their eligible Dependents (who are not U.S. citizens) are required to have a J-2 F-2 or M-2 Visa to be eligible for this insurance plan.

We maintain the right to investigate eligibility status and attendance records to verify that the Certificate eligibility requirements have been and continue to be met. If We discover that the Certificate eligibility requirements have not been met, Our only obligation is refund of premium less any claims paid.

Eligibility requirements must be met each time premium is paid to continue Coverage.

If You or Your Dependent has performed an act that constitutes fraud; or You have made an intentional misrepresentation of material fact during Your enrollment under this insurance plan in order to obtain coverage for a service, coverage will be terminated immediately upon written notice of termination delivered by Us to You and/or Your Dependent, as applicable. If termination is a result of Your action, coverage will terminate for You and Your Dependents. If termination is a result of Your Dependent's action, coverage will terminate for Your Dependent.

#### Who is Eligible

Class Description of Class(es)

1 All International students and Scholars.

2 All Domestic students enrolled in 3 or more classes.

**Class 1**: All students, as determined by the Policyholder, are eligible for coverage under the Policy. Eligible students are required to have health insurance coverage and will be automatically enrolled in the Student Health Insurance Plan at registration and the premium will be added to the student's tuition fees and do not have the option to waive coverage.

Class 2: All students, as determined by the Policyholder, are eligible for coverage under the Policy. Eligible students are required to have health insurance coverage and will be automatically enrolled in the Student Health Insurance Plan and the premium will be added to the student's tuition fees unless proof of comparable coverage is provided by completing the waiver.

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#### Who is not Eligible

The following students are not eligible to enroll in the insurance plan:

- students enrolled exclusively in online courses or whose enrollment consists entirely of short-term courses;
- students taking distance learning, home study, correspondence, television courses, or courses taken for audit do not fulfill the eligibility requirements that the student actively attend classes.

Dependents are eligible for coverage under this plan.

Your Dependent may become eligible for coverage under this Certificate only when You become eligible; or within 60 days of a Qualifying Life Event.

#### **SECTION II - EFFECTIVE AND TERMINATION DATES**

**Effective Dates:** Your Insurance under this Certificate will become effective on the later of:

- 1. The Policy Effective Date;
- 2. The beginning date of the term of coverage for which premium has been paid;
- 3. The day after Enrollment (if applicable) and premium payment is received by Us, Our authorized agent or the School;
- 4. The day after the date of postmark if the Enrollment form is mailed; or
- 5. For International Students or scholars, the departure date to his or her Home Country to travel to the Country of Assignment. The scheduled arrival in the Country of Assignment must be not more than 48 hours later than the departure from the Home Country.

Dependent's coverage, becomes effective on the later of:

- 1. The date Your coverage becomes effective; or
- 2. The date Your Dependent is enrolled for coverage, provided premium is paid when due.
- 3. The day after the date of postmark when the Enrollment Form is mailed; or
- 4. The beginning date of the term for which premium has been paid; or
- 5. The day after the date the required individual Enrollment Form and premium payment are received by Us or Our authorized agent. This applies only when premium payment is made within 31 days of Your enrollment in the School's insurance plan; or
- 6. The Policy Effective Date.

## Special Enrollment - Qualifying Life Event

You, and Your Spouse or Child can also enroll for coverage within 60 days of the loss of coverage in a health plan if coverage was terminated because You, Your Spouse or Child are no longer eligible for coverage under the other health plan due to:

- 1. Involuntary termination of the other health plan;
- 2. Death of the Spouse;
- 3. Legal separation, divorce or annulment;
- 4. A Child no longer qualifies for coverage as a Child under the other health plan.

You, Your Spouse or Child can also enroll 60 days from exhaustion of Your COBRA or continuation coverage or if You gain a Dependent or become a Dependent through marriage, birth, adoption or placement for adoption.

We must receive notice and Premium payment within 60 days of the loss of coverage. The effective date of Your coverage will depend on when We receive proof of Your loss of coverage under another health plan and appropriate premium payment. Your coverage shall take effect on the latest of the following dates: (1) this Policy Effective Date; (2) the day after the date for which You lose Your coverage providing premium for Your coverage has been paid; (3) the date the Policyholder's term of coverage begins; or (4) the date You become a member of an eligible class of persons.

In addition, You, and Your Spouse or Child, can also enroll for coverage within 60 days of the occurrence of one of the following events:

- 1. You or Your Spouse or Child loses eligibility for Medicaid or a state child health plan.
- 2. You or Your Spouse or Child become eligible for Medicaid or a state child health plan.

We must receive notice and Premium payment within 60 days of the loss of 1 of these events. The effective date of Your coverage will depend on the date We receive Your completed enrollment information and required premium.

**Termination Dates:** Your insurance will terminate on the earliest of:

- 1. The date this Certificate terminates; or
- 2. The end of the period of coverage for which premium has been paid; or
- 3. The date You cease to be eligible for the insurance; or
- 4. The date You enter military service or
- 5. For International Students, the date they cease to meet Visa requirements; or
- 6. For International Students, the date they depart the Country of Assignment for their Home Country (except for scheduled school breaks)); or
- 7. On any premium due date the Policyholder fails to pay the required premium for You except as the result of an inadvertent error and subject to any Grace Period provision.

Your Dependent's insurance will terminate on the earliest of:

- 1. The date Your insurance ends: or
- 2. The date Your Dependent cease to be eligible for the insurance; or
- 3. The end of the period of coverage for which premium has been paid.

# **Dependent Child Coverage:**

**Newly Born Children -** A newly born child of Yours will be covered from the moment of birth. Such newborn child will be covered for Covered Injury or Covered Sickness for an initial period of 31 days. This includes the necessary care and Treatment of medically diagnosed congenital defects and birth abnormalities from the moment of birth. If additional premium is required, to continue coverage beyond this initial 31-day period, You must notify Us of the birth so We can generate an updated premium bill so a timely premium payment is made. If an additional premium is not required, We request that the Insured Student notify Us of the birth to ensure proper claims adjudication.

**Adopted Children -** Dependent Child Coverage also applies to any child adopted or placed for adoption irrespective of whether the adoption has become final.

We must receive:

- 1. Notification of a child's placement for adoption within 31 days of the placement; and
- 2. Any premium required for the child.

We will provide coverage for the child placed for adoption as long as You

- 1. Have custody of the child;
- 2. Your coverage under this Certificate remains in effect; and
- 3. The required premiums are furnished to Us.

As it pertains to this provision:

**Child** means, in connection with an adoption or placement for adoption, an individual who has not attained the age of 18 as of the date of the adoption or placement for adoption.

**Placement for adoption** means the assumption and retention by a person of a legal obligation for total or partial support of a child in anticipation of the adoption of a child. The child's placement with a person terminates upon the termination of the legal obligation.

#### **Handicapped Children:** If:

- 1. There is Dependent coverage; and
- 2. This Certificate provides that coverage of a Dependent child will terminate upon attainment of a specified age. We will not terminate the coverage of such child due to attainment of that age while the child is and continues to be both:

- 1. Incapable of self-sustaining employment by reason of developmental disability or physical handicap; and
- 2. Chiefly dependent upon You for support and maintenance.

Proof of such incapacity and dependence shall be furnished to Us within 31 days of the child's attainment of the limiting age. Upon request, We may require proof satisfactory to Us of the continuance of such incapacity and dependency. We may not request this more frequently than annually after the 2-year period following the child's attainment of the limiting age.

#### Medically Necessary leave of absence if:

A Dependent child who is a full time student takes a Medically Necessary leave of absence from School, coverage for that Dependent will continue for a period of 12 months or until the date on which the coverage is scheduled to terminate pursuant to the policy, whichever comes first. The period of coverage under this section shall commence on the first day of the medical leave of absence from the School or on the date the Physician determines the Injury or Sickness prevented the Dependent child from attending School, whichever comes first. Documents or certification of the medical leave of absence from School shall be submitted to Us at least 30 days prior to the medical leave of absence from the School, if the medical reason for the absence and the absence are foreseeable, or 30 days after the start date of the medical leave of absence from School.

**Extension of Benefits:** Coverage under this Certificate ceases on the Termination Date of Your insurance coverage. However, coverage for You will be extended as follows:

- 1. If You are Hospital Confined for Covered Injury or Covered Sickness on the date Your insurance coverage terminates, We will continue to pay benefits for up to 90 days from the Termination Date while such Confinement continues; or
- 2. If You are Totally Disabled due to Covered Injury or Covered Sickness, the coverage for that condition will be extended for up to 90 days from the Termination Date of Your insurance coverage while such Total Disability continues.

Dependents that are newly acquired during Your Extension of Benefits period are not eligible for benefits under this provision.

**Reinstatement Of Reservist After Release From Active Duty:** If Your insurance or an eligible Dependent's insurance ends due to Your being called or ordered to active duty, such insurance will be reinstated without any waiting period when You return to School and satisfy the eligibility requirements defined by the School or College.

Notice of cancellation: In the event this Certificate is cancelled for not paying the premium, We will send You and the Policyholder a notice of cancellation. You have the right to designate another person to receive notice of cancellation if it is due to non-payment of premium. To designate or change the person You designate to receive the notice You must notify us in writing. We will send the notice to the last address you provided us at least 60 calendar days before cancellation. Within 90 days after cancellation due to nonpayment of premium, this certificate may be reinstated if it was cancelled due to an Insured Person's cognitive impairment or functional incapacity. We may require medical evidence to support such incapacity at time of the cancellation.

**Refund of Premium:** Premiums received by Us are fully earned upon receipt. Refund of Premium will be considered only:

- 1. If a student ceases to be eligible for the insurance and coverage is terminated prior to the next premium due date, a pro rata refund of Premium (less any claims paid) will be made for such person. Insurance for the student's covered Dependent(s) will end when insurance for the student ends.
- 2. For any student who withdraws from school during the first 31 days of the period for which he or she is enrolled for a reason other than withdrawal due to Sickness or Injury. Such a student will not be covered under this Certificate and a full refund of the Premium will be made (less any claims paid) when written request is made within 90 days of withdrawal from school. Insurance for the student's covered Dependent(s) will end when insurance for the student ends.
- 3. For an Insured Student entering the Armed Forces of any country. Such a student will not be covered under this

- Certificate as of the date of his/her entry into the service. A pro rata refund of Premium (less any claims paid) will be made upon written request received by Us within 90 days of withdrawal from school. Insurance for the student's covered Dependent(s) will end when insurance for the student ends.
- 4. For an Insured International Student, Scholar departing school to return to his or her Home Country on a permanent basis. We will refund a pro rata refund of Premium (less any claims paid) when written request and proof from the Policyholder that the student is no longer an eligible person is received by Us within 60 days of such departure. Insurance for the student's covered Dependent(s) will end when insurance for the student ends.

#### **SECTION III – DEFINITIONS**

These are key words used in this Certificate. They are used to describe the Policyholder's rights as well as Ours. Reference should be made to these words as the Certificate is read.

Accident means a sudden, unforeseeable event which directly and from no other cause, results in an Injury.

Actual Charge means the charge for the Treatment by the provider who furnishes it.

**Ambulance Service** means transportation to or from a Hospital by a licensed Ambulance whether ground, air or water Ambulance, in a Medical Emergency.

**Ambulatory Surgical Center** means a facility which meets licensing and other legal requirements and which:

- 1. Is equipped and operated to provide medical care and Treatment by a Physician;
- 2. Does not provide services or accommodations for overnight stays;
- 3. Has a medical staff that is supervised full-time by a Physician;
- 4. Has full-time services of a licensed registered nurse at all times when patients are in the facility;
- 5. Has at least one operating room and one recovery room and is equipped to support any surgery performed;
- 6. Has x-ray and laboratory diagnostic facilities;
- 7. Maintains a medical record for each patient; and
- 8. Has a written agreement with at least one Hospital for the immediate transfer of patients who develop complications or need Confinement.

**Anesthetist** means a Physician or Nurse who administers anesthesia during a surgical procedure. He or she may not be an employee of the Hospital where the surgical procedure is performed.

Assistant Surgeon means a Physician who assists the Surgeon who actually performs a surgical procedure.

**Brand-Name Prescription Drug** means a Prescription Drug whose manufacture and sale is controlled by a single company as a result of a patent or similar right. Refer to the Formulary for the tier status.

**Certificate:** The Certificate issued by Us, including the Schedule of Benefits and any attached riders.

**Coinsurance** means the percentage of Covered Medical Expenses that We pay. The Coinsurance percentage is stated in the Schedule of Benefits. The Coinsurance is separate and not part of the Deductible and Copayment.

**Complications of Pregnancy** means conditions that require Hospital Confinements before the pregnancy ends and whose diagnoses are distinct from but caused or affected by pregnancy. These conditions are acute nephritis or nephrosis, cardiac decompensation, missed abortion, or similar conditions as severe as these.

Complications of Pregnancy also include non-elective cesarean section, termination of an ectopic pregnancy, and spontaneous termination when a live birth is not possible. (This does not include voluntary abortion.)

Complications of Pregnancy do not include false labor, occasional spotting or Physician prescribed rest during the period of pregnancy, morning Sickness, preeclampsia, and similar conditions not medically distinct from a difficult

pregnancy.

**Confinement/Confined** means an uninterrupted stay following admission to a health care facility. The readmission to a health care facility for the same or related condition, within a 7 day period, will be considered a continuation of the Confinement. Confinement does not include observation, which is a review or assessment of 48 hours or less, of a condition that does not result in admission to a Hospital or health care facility.

**Copayment** means a specified dollar amount You must pay for specified Covered Medical Expenses. Any Copayment amounts are shown in the Schedule of Benefits.

**Country of Assignment** means the country in which an Eligible International Student, scholar or visiting faculty member is:

- 1. Temporarily residing; and
- 2. Actively engaged in education or educational research related activities sponsored by the National Association for Foreign Student Affairs or its Member Organizations.

**Covered Injury/Injury** means a bodily injury due to an unforeseeable, external event which results independently of disease, bodily infirmity or any other cause. All injuries sustained in any one Accident, all related conditions and recurrent symptoms of these injuries are considered a single Injury.

Covered Medical Expense means those Medically Necessary charges for any Treatment, service, or supplies that are:

- 1. Not in excess of the Usual and Customary Charge therefore;
- 2. Not in excess of the charges that would have been made in the absence of this insurance;
- 3. Not in excess of the Negotiated Charge; and
- 4. Incurred while Your Certificate is in force, except with respect to any expenses payable under the Extension of Benefits Provision.

**Covered Sickness** means an illness, disease or condition including pregnancy and Complications of Pregnancy that impairs Your normal function of mind or body and which is not the direct result of an Injury which results in Covered Medical Expenses. Covered Sickness includes Mental Health Disorders and Substance Use Disorders.

**Custodial Care** means care that is mainly for the purpose of meeting non-medical personal needs. This includes help with activities of daily living and taking medications. Activities of daily living include: bathing, dressing or grooming, eating, toileting, walking and getting in and out of bed. Custodial Care can usually be provided by someone without professional and medical skills or training.

**Deductible** means the dollar amount of Covered Medical Expenses You must pay before benefits are payable under this Certificate. The amount of the Deductible, if any, will be shown in the Schedule of Benefits. Expenses that are not eligible or amounts above any Maximum Benefit do not apply toward the Deductible.

**Dental provider** means any individual legally qualified to provide dental services or supplies.

#### **Dependent** means:

- 1. An Insured Student's lawful Spouse, or lawful domestic partner;
- 2. An Insured Student's dependent biological or adopted child or stepchild under age 26; and
- 3. An Insured Student's unmarried biological or adopted child or stepchild who has reached age 26 and who is:
  - a. primarily dependent upon the Insured Student for support and maintenance; and
  - b. incapable of self-sustaining employment by reason of mental illness or disorder or physical handicap.

Proof of the child's incapacity or dependency must be furnished to Us for an already enrolled child who reaches the age limitation, or when an Insured Student enrolls a new disabled child under the plan.

#### **Domestic Partner** means the partner of an Insured Student who:

- 1. Is a mentally competent adult as is the Insured Student;
- 2. Has been legally domiciled with the Insured Student for at least 12 months;
- 3. Is not legally married to or legally separated from another individual;

4. Is the sole partner of the Insured Student and expects to remain so; and Is jointly responsible with the Insured Student for each other's common welfare as evidenced by joint living arrangements, joint financial arrangements or joint ownership of real or personal property.

# **Durable Medical Equipment** means a device which:

- 1. Is primarily and customarily used for medical purposes, is specially equipped with features and functions that are generally not required in the absence of Sickness or Injury and is able to withstand repeated use;
- 2. Is used exclusively by You;
- 3. Is routinely used in a Hospital but can be used effectively in a non-medical facility;
- 4. Can be expected to make a meaningful contribution to treating Your Sickness or Injury; and
- 5. Is prescribed by a Physician and the device is Medically Necessary for rehabilitation.

# Durable Medical Equipment does not include:

- 1. Comfort and convenience items;
- 2. Equipment that can be used by Immediate Family Members other than You;
- 3. Health exercise equipment; and
- 4. Equipment that may increase the value of Your residence.

Effective Date means the date coverage becomes effective.

Elective Surgery or Elective Treatment means those health care services or supplies not Medically Necessary for the care and Treatment of a Covered Injury or Covered Sickness. Elective surgery does not include Plastic, Cosmetic, or Reconstructive Surgery required to correct an abnormality caused by a Covered Injury or Covered Sickness.

Eligible Student means a student who meets all eligibility requirements of the School named as the Policyholder.

**Emergency Medical Condition** means a Covered Sickness or Injury for which immediate medical Treatment is sought at the nearest available facility. The Condition must be one which manifests itself by acute symptoms which are sufficiently severe (including severe pain) that a prudent layperson with average knowledge of health and medicine could reasonably expect the absence of immediate medical attention to result in any of the following:

- 1. Placing the health of the individual (or, with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy;
- 2. Serious impairment to bodily functions; or
- 3. Serious dysfunction of any bodily organ or part.

Emergency Services means, with respect to an Emergency Medical Condition: transportation services, including but not limited to ambulance services, and covered inpatient and outpatient Hospital services furnished by a Hospital or Physician qualified to furnish those services that are needed to evaluate or Stabilize an Emergency Medical Condition.

Essential Health Benefits mean benefits that are defined in section 1302(b) of the Patient Protection and Affordable Care Act and as further defined by the Secretary of the United States Department of Health and Human Services and includes the following categories of Covered Services:

- 1. Ambulatory patient services;
- 2. Emergency services;
- 3. Hospitalization;
- 4. Maternity and newborn care;
- 5. Mental health and Substance Use Disorder services, including behavioral health Treatment;
- 6. Prescription drugs;
- 7. Rehabilitative and Habilitative services and devices;
- 8. Laboratory services:
- 9. Preventive and wellness services and chronic disease management; and
- 10. Pediatric services, including oral and vision care.

Experimental/Investigative means the service or supply has not been demonstrated in scientifically valid clinical trials

and research studies to be safe and effective for a particular indication. For further explanation, see definition of Medically Necessary/Medical Necessity provision.

**Inpatient Rehabilitation Facility** means a licensed institution devoted to providing medical and nursing, care over a prolonged period, such as during the course of the rehabilitation phase after an acute sickness or injury.

**Formulary** means a list of medications designed to manage prescription costs without affecting the quality of care by identifying and encouraging use of the most clinically effective and cost-effective medications. The Formulary indicates the type of drug and tier status.

**Generic Prescription Drug** means any Prescription Drug that is not a Brand-Name Prescription Drug. Refer to the Formulary for the tier status.

**Habilitation/Habilitative Services** means health care services that help You keep, learn, or improve skills and functions for daily living. Habilitative Services may include such services as Physical Therapy, occupational therapy, and speech therapy.

**Home Country** means Your country of citizenship. If You have dual citizenship, Your Home Country is the country of the passport You used to enter the United States. Your Home Country is considered the Home Country for any International Dependent of Yours while insured under this Certificate.

# **Home Health Care Agency** means an agency that:

- 1. Is constituted, licensed and operated under the provision of Title XVIII of the Federal Social Security Act, or qualified to be so operated if application was made, and certified by the jurisdiction in which the Home Health Care plan is established; and
- 2. Is engaged primarily in providing skilled nursing facility services and other therapeutic services in Your Home under the supervision of a Physician or a Nurse; and
- 3. Maintains clinical records on all patients.

#### **Home Health Care** means the continued care and treatment if:

- 1. Your institutionalization would have been required if Home Health Care was not provided; and
- 2. Your Physician establishes and approves in writing the plan of treatment covering the Home Health Care service; and
- 3. Home Health Care is provided by:
  - a. a Hospital that has a valid operating certificate and is certified to provide Home Health Care services; or
  - b. a public or private health service or agency that is licensed as a Home Health Agency under title 19, subtitle 4 of the General Health Article to provide coordinated Home Health Care.

**Hospice**: means a coordinated plan of home and Inpatient care which treats the terminally ill patient and family as a unit. It provides care to meet the special needs of a family unit during the final stages of a terminal illness and during the bereavement. Care is provided by a team of: trained medical personnel, homemakers, and counselors. The team acts under an independent Hospice administration. It helps the family unit cope with: physical, psychological, spiritual, social, and economic stresses.

**Hospital:** A facility which provides diagnosis, treatment, and care of persons who need acute Inpatient Hospital care under the supervision of Physicians and provides 24-hour nursing service by Registered Nurses on duty or call. It must be licensed as a general acute care Hospital according to state and local laws. Hospital shall also include a psychiatric health facility for the treatment of mental or psychoneurotic disorders. Hospital also includes tax-supported institutions, which are not required to maintain surgical facilities.

Hospital also includes an Ambulatory Surgical Center or ambulatory medical center; and a birthing facility certified and licensed as such under the laws where located. It shall also include Rehabilitative facilities if such is specifically required for Treatment of physical disability.

Facilities primarily treating drug addiction or Alcoholism that are licensed to provide these services are also included in this definition. Hospital does not include a place primarily for rest, the aged, a place for educational or Custodial

Care or Hospice.

Immediate Family Member means You and Your spouse or the parent, child, brother or sister of You or Your spouses.

**In-Network Providers** are Physicians, Hospitals and other healthcare providers who have contracted with Us to provide specific medical care at negotiated prices.

**Insured Person** means an Insured Student or Dependent of an Insured Student while insured under this Certificate.

**Insured Student** means a student of the Policyholder who is eligible and insured for coverage under this Certificate.

#### **International Student** means an international student:

- 1. With a current passport and a student Visa;
- 2. Who is temporarily residing outside of his or her Home Country; and
- 3. Is actively engaged as a student or in educational research activities through the Policyholder.

In so far as this Certificate is concerned, permanent residents or those who have applied for Permanent Residency Status are not considered to be an International Student.

**Loss** means medical expense caused by an Injury or Sickness which is covered by this Certificate.

**Medically Necessary** or **Medical Necessity** means health care services or products provided to the Insured Person for the purpose of preventing, diagnosing or treating an illness, injury, or disease or the symptoms of an illness, injury, or disease in a manner that is:

- 1. Consistent with generally accepted standards of medical practice;
- 2. Clinically appropriate in terms of type, frequency, extent, site and duration;
- 3. Demonstrated through scientific evidence to be effective in improving health outcomes;
- 4. Representative of "best practices" in the medical profession; and
- 5. Not primarily for the convenience of the Insured Person or Physician or other health care practitioner.

Mental Health Disorder means a condition or disorder that substantially limits the life activities of an Insured Person with the disorder. Mental Health Disorders must be listed in the most recent version of either the Diagnostic and Statistical Manual of Mental Disorders (DSM) published by the American Psychiatric Association or the International Classification of Disease Manual (ICD) published by the World Health Organization. Mental Health Professionals will include services provided by a licensed psychiatrist, psychologist, clinical professional counselor or clinical social worker as Medically Necessary.

**Negotiated Charge** means the amount an In-Network Provider will accept as payment in full for Covered Medical Expenses.

Nurse means a licensed Registered Nurse (R.N.) or Licensed Practical Nurse (L.P.N.) who:

- 1. Is properly licensed or certified to provide medical care under the laws of the state where the Nurse practices; and
- 2. Provides medical services which are within the scope of the Nurse's license or certificate who does not ordinarily reside in Your home or is not related to You by blood or marriage.

**Organ Transplant** means the moving of an organ from one (1) body to another or from a donor site to another location of the person's own body, to replace the recipient's damaged, absent or malfunctioning organ.

Out-of-Network Providers who have not agreed to any pre-arranged fee schedules.

**Out-of-Pocket Maximum** means the most You will pay during a Policy Year before Your Coverage begins to pay 100% of the allowed amount. Refer to the Out-of-Pocket Maximum in the Description of Benefits section for details on how the Out-of-Pocket Maximum applies. This limit will never include Premium, balance-billed charges or health care this Certificate does not cover.

**Physical Therapy** means any form of the following:

- 1. Physical or mechanical therapy;
- 2. Diathermy;
- 3. Ultra-sonic therapy;
- 4. Heat Treatment in any form; or
- 5. Manipulation or massage.

**Physician** means a health care professional practicing within the scope of his or her license and is duly licensed by the appropriate state regulatory agency to perform a particular service which is covered under this Certificate, and who is not:

- 1. You;
- 2. An Immediate Family Member; or
- 3. A person employed or retained by You.

Physician also includes naturopathic doctors, Pastoral counselors, marriage and family therapists, licensed clinical social workers.

Policy Year means the period of time measured from the Policy Effective Date to the Policy Termination Date.

**Preadmission Testing** means tests done in conjunction with and within 5 days of a scheduled surgery where an operating room has been reserved before the tests are done.

**Qualifying Life Event** means an event that qualifies a Student to apply for coverage for him/herself or for the Insured Student's Dependent due to a Qualifying Life Event under this Certificate.

**Rehabilitative** means the process of restoring Your ability to live and work after a disabling condition by:

- 1. Helping You achieve the maximum possible physical and psychological fitness;
- 2. Helping You regain the ability to care for Yourself;
- 3. Offering assistance with relearning skills needed in everyday activities, with occupational training and guidance with psychological readjustment.

**Reservist** means a member of a reserve component of the Armed Forces of the United States. Reservists also includes a member of the State National Guard and the State Air National Guard.

**School or College** means the college or university attended by the Insured Student.

**Skilled Nursing Facility** means a facility, licensed, and operated as set forth in applicable state law, which:

- 1. Mainly provides inpatient care and Treatment for persons who are recovering from an illness or injury;
- 2. Provides care supervised by a Physician;
- 3. Provides 24 hour per day nursing care supervised by a full-time Registered Nurse;
- 4. Is not a place primarily for the care of the aged, Custodial or Domiciliary Care, or Treatment of alcohol or drug dependency; and
- 5. Is not a rest, educational, or custodial facility or similar place.

**Sound, Natural Teeth** means natural teeth. The major portion of a tooth must be present, regardless of fillings, and not carious, abscessed or defective. Sound, Natural Teeth will not include capped teeth.

**Spouse** means an eligible individual who is legally married to the Insured Student under the laws of the state or jurisdiction in which the marriage was performed. A Spouse also includes the Insured Student's domestic partner with whom an affidavit of domestic partnership has been established, attesting to the relationship with another person.

**Stabilize** means, with respect to an Emergency Medical Condition, to provide such medical Treatment of the condition as may be necessary to assure, within reasonable medical probability that no material deterioration of the condition is

likely to result from or occur during the transfer of the individual from a facility.

**Substance Use Disorder** means any condition or disorder that substantially limits the life activities of an Insured Person with the disorder. Substance Use Disorders must be listed in the most recent version of either the Diagnostic and Statistical Manual of Mental Disorders (DSM) published by the American Psychiatric Association or the International Classification of Disease Manual (ICD) published by the World Health Organization.

**Surgeon** means a Physician who actually performs surgical procedures.

**Telemedicine** means the practice of health care delivery, diagnosis, consultation, Treatment, transfer of medical data, and education using interactive audio, video, or data communications involving a real time (synchronous) or near real time (asynchronous) two-way transfer of medical data and information. Neither a telephone conversation nor an electronic messaging between a Physician and You constitutes "Telemedicine".

**Total Disability or Totally Disabled,** as it applies to the Extension of Benefits provision, means:

- 1) With respect to You, who otherwise would be employed:
  - a) Your complete inability to perform all the substantial and material duties of Your regular occupation;
  - b) With care and Treatment by a Physician for the Covered Injury or Covered Sickness caused the inability.
- 2) With respect to You who is not otherwise employed:
  - a) Your inability to engage in the normal activities of a person of like age and sex; with
  - b) Care and Treatment by a Physician for the Covered Injury or Covered Sickness causing the inability; or
  - c) His or her Hospital Confinement or home Confinement at the direction of his or her Physician due to a Covered Injury or a Covered Sickness, except for visits to receive medical Treatment.

**Treatment** means the medical care of a Covered Injury or Covered Sickness by a Physician who is operating within the scope of his or her license. Such care includes diagnostic, medical, surgical or therapeutic services, medical advice, consultation, recommendation, and/or the taking of drugs or medicines or the prescriptions thereof.

**Urgent Care** means short-term medical care performed in an Urgent Care Facility for non-life-threatening conditions that can be mitigated or require care within 48 hours of onset.

**Urgent Care Facility** means a Hospital or other licensed facility which provides diagnosis, Treatment, and care of persons who need acute care under the supervision of Physicians.

**Usual and Customary Charge** is the amount of an Out-of-Network provider's charge that is eligible for coverage. You are responsible for all amounts above what is eligible for coverage.

The Usual and Customary Charge depends on the geographic area where You receive the service or supply. The table below shows the method for calculating the Usual and Customary Charge for specific services or supplies:

Service or Supply	Usual and Customary Charge
Professional services and other services or supplies not mentioned below	The Reasonable amount rate
Services of hospitals and other facilities	The Reasonable amount rate

## Special terms used

• Geographic area is normally based on the first 3 digits of the U.S. Postal Service zip codes. If We determine We need more data for a particular service or supply, We may base rates on a wider geographic area such as an entire state.

"Reasonable amount rate" means Your plan has established a reasonable rate amount as follows:

Service or Supply	Reasonable Amount Rate
Professional services and	The lesser of:
Inpatient and outpatient	1. The billed charge for the services.
charges of hospitals	2. An amount determined using current publicly-available
	data which is usual and customary when compared
	with the charges made for a) similar services and
	supplies and b) to persons having similar medical
	conditions in the geographic area where service is
	rendered.
	3 An amount based on information provided by a third
	party vendor, which may reflect 1 or more of the
	following factors: 1) the complexity or severity of
	treatment; 2) level of skill and experience required for
	the treatment; or 3) comparable providers' fees and
	costs to deliver care.

# Our reimbursement policies

We reserve the right to apply our reimbursement policies to all Out-of-Network services including involuntary services. Our reimbursement policies may affect the Usual and Customary Charge. These policies consider:

- The duration and complexity of a service
- When multiple procedures are billed at the same time, whether additional overhead is required
- Whether an assistant surgeon is necessary for the service
- If follow-up care is included
- Whether other characteristics modify or make a particular service unique
- When a charge includes more than one claim line, whether any services described by a claim line are part of or related to the primary service provided
- The educational level, licensure or length of training of the provider

Our reimbursement policies are based on our review of:

- The Centers for Medicare and Medicaid Services' (CMS) National Correct Coding Initiative (NCCI) and other external materials that say what billing and coding practices are and are not appropriate
- Generally accepted standards of medical and dental practice
- The views of Physicians and dentists practicing in the relevant clinical areas

We use commercial software to administer some of these policies. The policies may be different for professional services and facility services.

No payment will be made under this Certificate for any expenses incurred which, in Our judgment, are in excess of Usual and Customary Charges.

You, or Your(s) means an Insured Person, Insured Student, or Dependent of an Insured Student while insured under this Certificate.

**Visa** means the document issued by the United States Government that permits an individual to participate in the educational activities of a college, university or other institution of higher learning either as a student or in another academic capacity. An International Student must have and maintain a valid visa, either an F-1 (Academic), J-1 (Exchange) or M-1(Vocational) in order to continue as a student in the United States.

## SECTION IV - HOW THE PLAN WORKS AND DESCRIPTION OF BENEFITS

### **Schedule of Benefits**

The following are shown in the Schedule of Benefits:

- Deductible;
- Any specified benefit maximums;
- Coinsurance percentages;
- Copayment amounts; and
- Out-of-Pocket Maximums.

**Coinsurance** is the percentage of Covered Medical Expenses that We pay. The Coinsurance percentage is stated in the Schedule of Benefits. The Coinsurance is separate and not part of the Deductible and Copayment.

**Copayment** is a specified dollar amount You must pay for specified Covered Medical Expenses. Any Copayment amounts are shown in the Schedule of Benefits.

#### **How Your Out-of-Pocket Maximum Works**

The In-Network Provider and Out-of-Network Provider Out-of-Pocket Maximums are shown in the Schedule of Benefits. The Out-of-Pocket Maximum provides is the amount of Covered Medical Expenses You have to incur before Covered Medical Expense will be paid at 100% for the reminder of the Policy Year subject to any benefit maximums or limits that may apply. Any applicable Coinsurance amounts, Deductibles and Copayments will apply toward the Out-of-Pocket Maximum.

Services that are not Covered Medical Expenses, balance-billed charges and premium do not count toward meeting the Out-of-Pocket Maximum.

Covered Medical Expenses applied to the In-Network Provider Out-of-Pocket Maximum(s) will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum and Covered Medical Expenses applied to the Out-of-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum.

The Out-of-Pocket Maximum is the maximum amount of Covered Medical Expenses You will incur for Copayments, Coinsurance and Policy Year Deductibles during the Policy Year. This plan has an individual and family Out-of-Pocket Maximum. As to the individual Out-of-Pocket Maximum, each of You must meet Your Out-of-Pocket Maximum separately.

#### Individual

Once the amount of the Copayments, Coinsurance and Policy Year Deductibles You and Your covered Dependents have incurred for Covered Medical Expenses during the Policy Year meets the:

- In-Network Provider individual Out-of-Pocket Maximum, this plan will pay:
  - o 100% of the Negotiated Charge for In-Network Provider Covered Medical Expenses
- Out-of-Network Provider individual Out-of-Pocket Maximum, this plan will pay:
  - 100% of the Usual and Customary Charge for Out-of-Network Covered Medical Expenses

that apply towards the limits for the rest of the Policy Year for that covered individual.

### **Family**

Once the amount of the Copayments, Coinsurance and Policy Year Deductibles You and Your covered Dependents have incurred for Covered Medical Expenses during the Policy Year meets the:

- In-Network Provider family Out-of-Pocket Maximum, this plan will pay:
  - o 100% of the Negotiated Charge for In-Network Provider Covered Medical Expenses
- Out-of-Network Provider family Out-of-Pocket Maximum, this plan will pay:
  - o 100% of the Usual and Customary for Out-of-Network Covered Medical Expenses

that apply towards the limits for the rest of the Policy Year for all covered family members.

To satisfy this family Out-of-Pocket Maximum for the rest of the Policy Year, the following must happen:

• The family Out-of-Pocket Maximum is a cumulative Out-of-Pocket Maximum for all covered family members. The family Out-of-Pocket Maximum can be met by a combination of covered family members with no single individual within the family contributing more than the individual Out-of-Pocket Maximum amount in a Policy Year.

The Out-of-Pocket Maximum is the maximum amount of Covered Medical Expenses You are responsible to incur during the Policy Year. This plan has an individual and family Out-of-Pocket Maximum.

The Out-of-Pocket Maximum may not apply to certain Covered Medical Expenses. If the Out-of-Pocket Maximum does not apply to a covered benefit, Your Copayment and Coinsurance for that medical expense will not count toward satisfying the Out-of-Pocket Maximum.

#### **Essential Health Benefits**

Essential Health Benefits are not subject to annual or lifetime dollar limits. If additional specific care, Treatment or services are added to the list of Essential Health Benefits by a governing authority, the Certificate benefits will be amended to comply with such changes.

## Treatment of Covered Injury and Covered Sickness Benefit

If:

- 1. You incur expenses as the result of Covered Injury or Covered Sickness, then
- 2. We will pay the benefits stated in the Schedule of Benefits for the services, Treatments and supplies described in the Covered Medical Expenses provision below.

Payment will be made, subject to the Coinsurance, Deductible, Copayment, maximums and limits as stated in the Schedule of Benefits:

- 1. For The Usual and Customary Charge or the Negotiated Charge for Covered Medical Expenses that are incurred as the result of a Covered Injury or Covered Sickness; and
- 2. Subject to the Exclusions and Limitations provision.

## Medical Benefit Payments for In-Network Provider and Out-of-Network Provider

This Certificate provides benefits based on the type of health care provider You and Your Covered Dependent select. This Certificate provides access to both In-Network Providers and Out-of-Network Providers. Different benefits may be payable for Covered Medical Expenses rendered by In-Network Providers versus Out-of-Network Providers, as shown in the Schedule of Benefits.

# **Dental and Vision Benefit Payments**

For dental and vision benefits, You may choose any dental or vision provider.

For dental, different benefits may be payable based on type of service, as shown in the Schedule of Benefits.

#### **Preferred Provider Organization**

If You use an In-Network Provider, this Certificate will pay the Coinsurance percentage of the Negotiated Charge for Covered Medical Expenses shown in the Schedule of Benefits for Covered Medical Expenses.

If an Out-of-Network Provider is used, this Certificate will pay the percentage of the Usual and Customary Charge for Covered Medical Expenses shown in the Schedule of Benefits. The difference between the provider fee and the Coinsurance amount paid by Us will be Your responsibility.

Note, however, that We will pay at the In-Network level for Treatment by an Out-of-Network Provider and will calculate Your cost sharing amount at the In-Network Provider level if:

- 1. there is no In-Network Provider in the service area available to treat You for a specific Covered Injury or Covered Sickness; or
- 2. there is an Emergency Medical Condition and You cannot reasonably reach an In-Network Provider; or
- 3. You receive services rendered by an Out-of-Network provider at an In-Network Provider facility during:
  - A service or procedure performed by an In-Network Provider; or
  - •During a service or procedure previously approved or authorized by Us and You did not knowingly elect to obtain such services from the Out-of-Network provider.

You should be aware that In-Network Hospitals may be staffed with Out-of-Network Providers. Receiving services from an In-Network Hospital does not guarantee that all charges will be paid at the In-Network Provider level of benefits. It is important that You verify that Your Physicians are In-Network Providers each time You call for an appointment or at the time of service.

# **Continuity of Care**

If You are undergoing an active course of Treatment with an In-Network Provider, You may request continuation of Treatment by such In-Network Provider in the event the In-Network Provider's contract has terminated with the Preferred Provider organization. We shall notify You of the termination of the In-Network Provider's contract at least 60 days in advance. When circumstances related to the termination render such notice impossible, We shall provide affected enrollees as much notice as is reasonably possible. The notice given must include instructions on obtaining an alternate provider and must offer Our assistance with obtaining an alternate provider and ensuring that there is no inappropriate disruption in Your ongoing Treatment. We shall permit You to continue to be covered, with respect to the course of Treatment with the provider, for a transitional period of at least 60 days from the date of the notice to You of the termination except that if You are in the second trimester of pregnancy at the time of the termination and the provider is treating You during the pregnancy. The transitional period must extend through the provision of postpartum care directly related to the pregnancy.

## **Surprise Bill**

A surprise bill is a bill for Covered Medical Services rendered by an Out-of-Network provider at a Preferred Provider facility during:

- A service or procedure performed by Preferred Provider.
- During a service or procedure previously approved or authorized by the Company and the Insured Person did not knowingly elect to obtain such services from the Out-of-Network provider.

A Surprise bill does not include a bill for Covered Medical Expenses received by an Insured Person when Preferred Provider was available to render such services and the Insured Person knowingly elected to obtain the services from another provider who was Out- of-Network.

With respect to a Surprise Bill:

- An Insured Person will only be required to pay the applicable Coinsurance, Copayment, Deductible or other out-of-pocket expense that would be imposed for Covered Medical Expenses if services were rendered by a Preferred Provider.
- The Company must reimburse the Out-of-Network provider or Insured Person, as applicable, for Covered Medical Expenses rendered at the Preferred Provider rate under the Insured's plan as payment in full unless the Company and provider agree otherwise.

If Covered Medical Expenses were rendered to an Insured by an Out-of-Network provider and the Company failed to inform the Insured, if the Insured Person was required to be informed, of the network status of the provider, the

Company may not impose a Coinsurance, Copayment, Deductible or other out-of-pocket expense that is greater than the Coinsurance, Copayment, Deductible or other out-of-pocket expense that would be imposed if services were rendered by a Preferred Provider.

### **Pre-Certification Process**

The Schedule of Benefits identifies medical covered services which must be Pre-Certified by Us. Notifying Us before these covered services are received, allows Us to determine Medical Necessity and medical appropriateness. In-Network - Your In-Network Provider is responsible for obtaining any necessary Pre-certification before You receive the care. If Your In-Network Provider does not obtain the required Pre-Certification You will not be penalized. Please read below regarding review and notification.

Out-of-Network - You or Your Out-of-Network Provider are responsible for calling Us at the phone number found on the back of Your ID card and starting the Pre-Certification process. For Inpatient services the call must be made at least 5 working days prior to Hospital Confinement. For Outpatient services, the call must be made at least 5 working days prior to the start of the Outpatient service. In the case of an emergency, the call must take place as soon as reasonably possible.

The following Inpatient and Outpatient services or supplies require Pre-Certification:

- 1. All Inpatient admissions, including length of stay, to a Hospital, Skilled Nursing Facility, a facility established primarily for the Treatment of a substance use disorder, or a residential Treatment facility;
- 2. All Inpatient maternity care after the initial 48/96 hours;
- 3. All partial hospitalization in a Hospital, residential Treatment facility, or facility established primarily for the Treatment of substance abuse;
- 4. Durable Medical Equipment over \$500;
- 5. Surgery;
- 6. Sleep Management;
- 7. Transplant Services;
- 8. Infusions/injectables;
- 9. Botox Injections;
- 10. Genetic Testing, except for Bracca;
- 11. Orthotics/prosthetics;
- 12. Transcranial Magnetic Stimulation (TMS):
- 13. Physical Therapy (Outpatient) precertification required after the 12<sup>th</sup> visit
- 14. Occupational Therapy (Outpatient) precertification required after the 12<sup>th</sup> visit
- 15. Chiropractic Services (Outpatient) precertification required after the 12<sup>th</sup> visit.

Pre-Certification is not required for an Emergency Medical Condition or Urgent Care or Hospital Confinement for the initial 48/96 hours of maternity care.

Additionally, no authorization requirement will apply to obstetrical or gynecological care provided by In-Network Providers.

Pre-Certification is not a guarantee that Benefits will be paid.

<u>Initial Determinations</u>: The Insured Person's and their Physician will be notified of Our decision as follows:

- 1. Requests by a provider for prior authorization of a nonemergency service must be answered by a carrier within 2 business days.
- 2. Both the provider and the enrollee, on whose behalf the authorization was requested, will be notified of our decision by telephone and/or in writing.
- 3. If the information submitted is insufficient to make a decision, We will notify the provider within 2 business days of the additional information necessary to render a decision.

### **Urgent Care**:

1. We will make a determination (whether adverse or not), and notify the covered person no later than 48 hours after receiving all necessary information.

2. We shall make a good faith effort to obtain all necessary information expeditiously, and will be responsible for expeditious retrieval of necessary information in the possession of a person with whom the health carrier contracts.

## **Concurrent review determinations:**

- 1. We will make a determination within 1 working day after obtaining all necessary information.
- 2. For a Certification of Extended stay or additional services: We shall notify the covered person and the provider rendering the service within 1 working day. Written notification shall include the number of extended days or next review date, the new total number of days or services approved, and the date of admission or initiation of services.
- 3. For an Adverse Benefit Determination of concurrent We shall notify the covered person and the provider rendering the service within 1 working day. The provider shall continue the service without liability to the covered person until the covered person has been notified of the determination.

Notice of an Adverse Determination made by Our agent will be in writing and will include:

- 1. the principal reason or reasons for the decision;
- 2. reference to the specific plan provisions on which the decision is based;
- 3. information sufficient to identify the claim involved (including the date of service, the health care provider, and the claim amount if applicable), and a statement that the diagnosis code and its corresponding meaning, and the treatment code and its corresponding meaning, will be provided upon request;
- 4. a description of any additional material or information necessary for the covered person to perfect the claim and an explanation as to why such material or information is necessary;
- 5. the instructions and time limits for initiating an appeal or reconsideration of the decision;
- 6. if the adverse health care treatment decision is based on a medical necessity or experimental treatment or similar exclusion or limit, either an explanation of the scientific or clinical judgment for the decision, applying the terms of the plan to the claimant's medical circumstances, or a statement that such an explanation will be provided free of charge upon request;
- 7. if an internal rule, guideline, protocol, or other similar criterion was relied upon in making the adverse health care treatment decision, either the specific rule, guideline, protocol, or other similar criterion; or a statement referring to the rule, guideline, protocol, or other similar criterion that was relied upon in making the adverse decision and explaining that a copy will be provided free of charge to the covered person upon request;
- 8. a phone number the covered person may call for information on and assistance with initiating an appeal or reconsideration and/or requesting clinical rationale and review criteria;
- 9. a description of the expedited review process applicable to claims involving urgent care;
- 10. the availability of any applicable office of health insurance consumer assistance or ombudsman established under the federal Affordable Care Act:
- 11. notice of the right to file a complaint with the Bureau of Insurance after exhausting any appeals under a carrier's internal review process. In addition, an explanation of benefits (EOB) must comply with the requirements of 24-A M.R.S.A. §4303(13) and any rules adopted pursuant thereto; and
- 12. any other information required pursuant to the federal Affordable Care Act.

**Language and culture**. All notices to applicants, enrollees and policyholders or certificate holders subject to the requirements of the federal Affordable Care Act must be provided in a culturally and linguistically appropriate manner consistent with the requirements of the federal Affordable Care Act. Please consult phone number listed on your ID card for assistance.

Failure by Our agent to make a determination within the time periods prescribed shall be deemed to be an Adverse Benefit Determination subject to an appeal.

If You have any questions about Your Pre-Certification status, You should contact Your Provider.

## **COVERED MEDICAL EXPENSES**

We will pay for the following Covered Medical Expenses when they are incurred as the result of a Covered Injury or Covered Sickness.

### **Preventive Services**

The following services shall be covered without regard to any Deductible, Coinsurance or Copayment requirement that would otherwise apply when provided by an In-Network Provider:

- 1. Evidence-based items or services that have in effect a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force (USPSTF).
- 2. Immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention.
- 3. With respect to infants, children, and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration.
- 4. With respect to women, such additional preventive care and screenings not described in paragraph (1) as provided for in comprehensive guidelines supported by the Health Resources and Services Administration.
- 5. Outpatient/office contraceptive services are covered, provided that the services are related to the use of FDA approved contraceptives. Examples of covered contraceptive services are: office visits, consultations, examinations and services related to the use of federal legend oral contraception or IUD insertion, diaphragm fitting, vasectomy or contraceptive injections. Please note that prescription and nonprescription contraceptive drugs and devices (such as oral contraceptives, IUDs, diaphragms, and contraceptive injections) are covered under the Prescription Drug Benefit. See Prescription Drugs for information on those services and devices.

## **Important Notes:**

- 1. These Preventive Services recommendations and guidelines may be updated periodically. When these are updated, they will be applied to this plan. The updates will be effective on the first day of the calendar year, one year after the updated recommendation or guideline is issued.
- 2. Diagnostic testing for the treatment or diagnosis of a Covered Injury or Covered Sickness will not be covered under the Preventive Services. For those types of tests and Treatment, You will pay the cost sharing specific to Covered Medical Expense for diagnostic testing and Treatment.
- 3. This plan will not limit gender-specific Preventive Services based on Your gender at birth, Your identity, or according to other records.

To learn what frequency and age limits apply to routine physical exams and routine cancer screenings, contact Your Physician or contact Us by calling the number on Your ID card. This information can also be found at the <a href="https://www.healthcare.gov/">https://www.healthcare.gov/</a> website.

We may use reasonable medical management techniques to determine the frequency, method, Treatment, or setting of Preventive Services benefits when not specified in the recommendations and guidelines of the:

- Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (ACIP)
- United States Preventive Services Task Force (USPSTF)
- Health Resources and Services Administration (HRSA)
- American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents

# **Inpatient Benefits**

- 1. **Hospital Care** Covered Medical Expenses include the following:
  - Room and Board Expense, including general nursing care. Benefit may not exceed the daily semi-private room rate unless intensive care unit is required.
  - Intensive Care Unit, including 24-hour nursing care.
  - Hospital Miscellaneous Expenses, while Hospital Confined or as a precondition for being Hospital Confined. Benefits will be paid for services and supplies such as:
    - a. The cost for use of an operating room;
    - b. Prescribed medicines (excluding take-home drugs);
    - c. Laboratory tests;
    - d. Therapeutic services;
    - e. X-ray examinations;
    - f. Casts and temporary surgical appliances;
    - g. Oxygen, oxygen tent; and

- h. Blood and blood plasma.
- 2. **Preadmission Testing** for routine tests performed as a preliminary to Your being admitted to a Hospital. These tests must be performed within 5 working days prior to admission. This benefit is limited to routine tests such as complete blood count, urinalysis, and chest x-rays. Unless otherwise payable under this Certificate, We will pay for major diagnostic procedures under the Hospital Miscellaneous Expense Benefit. This includes tests such as CAT scans, cardiac catheterization, MRI's, NMR's, and blood chemistries.
- 3. **Physician's Visits while Confined** not to exceed 1 visit per day of confinement per provider. Physician's visits will be paid for either inpatient or outpatient visits when incurred on the same day, but not both. Surgeon's fees are not payable under this benefit.
- 4. **Inpatient Surgery including Surgeon, Anesthetist, and Assistant Surgeon Services** (including pre- and post-operative visits) as specified in the Schedule of Benefits. Covered surgical expenses will be paid under either the inpatient surgery benefit or the Outpatient Surgery Benefit. They will not be paid under both. This benefit is not payable in addition to Physician's visits.

Sometimes 2 or more surgical procedures can be performed during the same operation.

- 1. **Through the Same Incision.** If Covered multiple surgical procedures are performed through the same incision, We will pay for the procedure with the highest allowed amount and 50% of the amount We would otherwise pay under this Certificate for the secondary procedures, except for secondary procedures that, according to nationally-recognized coding rules, are exempt from multiple surgical procedure reductions. We will not pay anything for a secondary procedure that is billed with a primary procedure when that secondary procedure is incidental to the primary procedure.
- 2. **Through Different Incisions.** If Covered multiple surgical procedures are performed during the same operative session but through different incisions, We will pay:
  - For the procedure with the highest allowed amount; and
  - 50% of the amount We would otherwise pay for the other procedures.
- 5. **Physical Therapy while Confined** when prescribed by the attending Physician.
- 6. **Skilled Nursing Facility Benefit** for services received in a licensed Skilled Nursing Facility. Services must be Medically Necessary. Confinement for Custodial Care or residential care is not covered.
- 7. **Inpatient Rehabilitation Facility Expense Benefit** for the services, supplies and Treatments rendered to You in an **Inpatient Rehabilitation** Facility. You must enter an **Inpatient Rehabilitation** Facility:
  - a. Within 7 days after Your discharge from a Hospital Confinement;
  - b. Such Confinement must be of at least 3 consecutive days that began while coverage was in force under this Certificate: and
  - c. Was for the same or related Sickness or Accident.

Services, supplies and Treatments by an **Inpatient Rehabilitation** Facility include:

- a. Charges for room, board, and general nursing services
- b. Charges for physical, occupational, or speech therapy;
- c. Charges for drugs, biologicals, supplies, appliances, and equipment for use in such facility, which are ordinarily furnished by the **Inpatient Rehabilitation** Facility for the care Treatment of a Confined person; and
- d. Charges for medical services of interns, in training, under a teaching program of a Hospital with which the facility has an agreement for such services
- 8. **Mental Health Disorder Benefit** for inpatient Treatment of Mental Health Disorders as specified on the Schedule of Benefits.
- 9. **Substance Use Disorder Benefit** for inpatient Treatment of Substance Use Disorders on the same basis as any ME SHIP CERT (2019)

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other Covered Sickness as specified on the Schedule of Benefits.

## **Outpatient Benefits**

1. Outpatient Surgery including Surgeon, Anesthetist, and Assistant Surgeon Services for outpatient surgery (including fees for pre- and post-operative visits) as specified in the Schedule of Benefits. Covered surgical expenses will be paid under either the outpatient surgery benefit or the inpatient Surgery Benefit. They will not be paid under both. This benefit is not payable in addition to Physician's visits.

Sometimes 2 or more surgical procedures can be performed during the same operation.

- 1. **Through the Same Incision.** If Covered multiple surgical procedures are performed through the same incision, We will pay for the procedure with the highest allowed amount and 50% of the amount We would otherwise pay under this Certificate for the secondary procedures, except for secondary procedures that, according to nationally-recognized coding rules, are exempt from multiple surgical procedure reductions. We will not pay anything for a secondary procedure that is billed with a primary procedure when that secondary procedure is incidental to the primary procedure.
- 2. **Through Different Incisions.** If Covered multiple surgical procedures are performed during the same operative session but through different incisions, We will pay:
  - For the procedure with the highest allowed amount; and
  - 50% of the amount We would otherwise pay for the other procedures.
- 2. **Outpatient Surgical Facility and Miscellaneous** expense benefit. Benefits will be paid for services and supplies, including:
  - a. Operating room;
  - b. Therapeutic services;
  - c. Oxygen, oxygen tent; and
  - d. Blood and blood plasma.
- 3. **Physician's Office Visits**. We will not pay for more than 1 visit per day to the same Physician. Physician's Visits include second surgical opinions. Benefits will be paid for either outpatient or inpatient visits on the same day, but not both. Surgeon fees are NOT payable under this benefit.
- 4. Specialist/Consultant Physician's Services. When requested and approved by the attending Physician.
- 5. **Telemedicine or Telehealth Services** for health care delivery, diagnosis, consultation, Treatment, transfer of medical data, and education using interactive audio, video, or data communications involving a real time (synchronous) or near real time (asynchronous) 2-way transfer of medical data and information.

  Telemedicine Services will be covered if the health care service would be covered were it provided through inperson consultation between the Insured Person and a health care provider. Coverage for health care services
  - Telemedicine Services will be covered if the health care service would be covered were it provided through inperson consultation between the Insured Person and a health care provider. Coverage for health care services provided through Telemedicine must be determined in a manner consistent with coverage for health care services provided through in-person consultation.
- 6. **Cardiac Rehabilitation.** Benefits are available for Outpatient cardiac rehabilitation programs. Covered Medical Expenses are: exercise and education under the direct supervision of skilled program personnel in the intensive rehabilitation phase of the program. The program must start within 3 months after a cardiac condition is diagnosed or a cardiac procedure is completed. The program must be completed within 6 months of the cardiac diagnosis or procedure.

No benefits are available for portions of a cardiac rehabilitation program extending beyond the intensive rehabilitation phase. On-going or life-long exercise and education maintenance programs intended to maintain fitness or to reinforce permanent lifestyle changes are not covered.

Hospital stay if it is part of a treatment plan ordered by a Physician. A course of outpatient pulmonary rehabilitation may also be eligible for coverage if it is performed at a Hospital, Skilled nursing facility, or Physician's office, is used to treat reversible pulmonary disease states, and is part of a treatment plan ordered by a Physician.

- 8. **Rehabilitative Therapy** when prescribed by the attending Physician, limited to 1 visit per day.
- 9. **Habilitative Services** when prescribed by the attending Physician, limited to 1 visit per day.
- 10. **Emergency Services** only in connection with care for an Emergency Medical Condition as defined. Payment of this benefit will not be denied based on the final diagnosis following stabilization.
- 11. Urgent Care Centers for services provided at an Urgent Care Center, as shown in the Schedule of Benefits.
- 12. **Diagnostic Imaging Services** for diagnostic X-ray services as shown in the Schedule of Benefits when prescribed by a Physician.
- 13. CT Scan, MRI and/or PET Scans for diagnostic services when prescribed by a Physician.
- 14. **Laboratory Procedures (Outpatient)** for laboratory procedures as shown in the Schedule of Benefits when prescribed by a Physician.
- 15. **Chemotherapy and Radiation Therapy** for chemotherapy, oral chemotherapy drugs, and radiation therapy to treat or control a serious illness, as shown in the Schedule of Benefits.
- 16. **Infusion Therapy** for the administration of antibiotic, nutrients, or other therapeutic agents by direct infusion.
- 17. **Home Health Care Expenses** for Home Health Care for You when, otherwise, Hospitalization or Confinement in a Skilled Nursing Facility would have been necessary. This does not include Private Duty Nursing. This does not include benefits for services or charges for custodial, domiciliary or convalescent care.
- 18. **Hospice Care Coverage** when, as the result of a Covered Injury or Covered Sickness, You require Hospice Care, we will pay the expenses incurred for such care. You must have been diagnosed with a terminal illness by a licensed Physician. Their medical prognosis must be a life expectancy of twelve (12) months or less. You must have elected to receive palliative rather than curative care. Any required documentation will be no greater than that required for the same services under Medicare.
- 19. **Mental Health Disorder Benefit** for Outpatient Treatment of Mental Health Disorders as specified on the Schedule of Benefits.
- 20. **Substance Use Disorder Benefit** for Outpatient Treatment of Substance Use Disorders as specified on the Schedule of Benefits.
- 21. **Prescription Drugs** are medications filled in an outpatient pharmacy for which a Physician's written prescription is required up to the amount shown in the Schedule of Benefits. This benefit is limited to medication necessary for the Treatment of the Covered Injury or Covered Sickness for which a claim is made. Some outpatient prescription drugs are subject to pre-certification. These prescription requirements help Your prescriber and pharmacists check that Your outpatient prescription drug is clinically appropriate using evidence-based criteria.
  - a. **Off-Label Drug Treatments** When prescription drugs are provided as a benefit of the issued Certificate, they will include a drug that is prescribed for a use that is different from the use for which that drug has been approved for marketing by the Federal Food and Drug Administration (FDA), provided that all of the following conditions have been met:
    - 1. The drug is approved by the FDA;
    - 2. The drug is prescribed for the Treatment of a life-threatening condition, including cancer, HIV or AIDS;

- 3. The drug has been recognized for Treatment of that condition by 1 of the following: a) The American Medical Association Drug Evaluations; b) The American Hospital Formulary Service Drug Information; c) The United States Pharmacopoeia Dispensing Information, volume 1, "Drug Information for Health Care Professionals"; or d) 2 articles from major peer reviewed medical journals that present data supporting the proposed off-label use or uses as generally safe and effective unless there is a clear and convincing contradictory evidence presented in a major peer reviewed medical journal.
  - When this portion of the prescription benefit is used, it will be the responsibility of the prescriber to submit to Us documentation supporting compliance with the requirements of this benefit.

As it pertains to this benefit, life threatening means either or both of the following:

- a. Disease or conditions where the likelihood of death is high unless the course of the disease is interrupted; or
- b. Disease or conditions with a potentially fatal outcome and where the end point of clinical intervention is survival
- b. **Dispense as Written** (**DAW**) If a prescriber prescribes a covered Brand-Name Prescription Drug where a Generic Prescription Drug equivalent is available and specifies: "Dispense as Written" (DAW), You will pay the cost sharing for the Brand-Name Prescription Drug. If a prescriber does not specify DAW and the Member requests a covered Brand-Name Prescription Drug where a Generic Prescription Drug equivalent is available, the Member will be responsible for the cost difference between the Brand-Name Prescription Drug and the Generic Prescription Drug equivalent, and the cost sharing that applies to Brand-Name Prescription Drugs.
- c. **Investigational Drugs and Medical Devices** The Prescription Drug benefit includes a drug or device that is Investigational if the intended use of the drug or device is included in the labeling authorized by the FDA or if the use of the drug or device is recognized in one of the standard reference compendia or in peer-reviewed medical literature.
- d. **Specialty Prescription Drugs** are limited to no more than a 30-day supply. However, if the Specialty Prescription Drug dispensed is the smallest package size available and exceeds a 30-day supply, You are responsible for the cost sharing defined for the day supply in your schedule of benefits.

Specialty Drugs – are Prescription Drugs which:

- 1. Are only approved to treat limited patient populations, indications, or conditions; or
- 2. Are normally injected, infused, or require close monitoring by a Physician or clinically trained individual; or
- 3. Have limited availability, special dispensing and delivery requirements, and/or require additional patient support any or all of which make the Drug difficult to obtain through traditional pharmacies.
- e. **Self-Administered Prescription Drugs** Certain self-administered Prescription Drugs are only covered under the Prescription Drug benefit and are excluded from the medical benefit. Self-administered Prescription Drugs will not be covered when dispensed through a Physician's office or outpatient hospital, except in emergency situations. While members may self-administer these medications, they can still obtain these medications at the pharmacy and have them administered at an office visit. Coverage exceptions may be granted if self-administered Prescription Drugs are required as part of a hospitalization or emergency room visit. The list of self-administered Prescription Drugs only covered under the Prescription Drug benefit and excluded from the medical benefit can be found here: www.wellfleetstudent.com.
- f. **Retail Pharmacy Supply Limits** We will pay for no more than a 30-day supply of a Prescription Drug purchased at a retail pharmacy. You are responsible for 1 cost sharing amount for up to a 30-day supply. However, if the Prescription Drug dispensed is the smallest package size available and exceeds a 30-day supply, You are responsible for the cost sharing defined for the day supply in your Schedule of Benefits.
- g. **Step Therapy** When medications for the Treatment of any medical condition are restricted for use by a step therapy or fail-first protocol, the prescribing practitioner shall have access to a clear and convenient process to request an override of the restriction from Us. An override of that restriction will be granted by Us upon

completion of the review if all necessary information to perform the override review has been provided, under the following documented circumstances:

- 1. The prescribing practitioner can demonstrate, based on sound clinical evidence, that the preferred Treatment required under step therapy or fail-first protocol has been ineffective in the Treatment of Your disease or medical condition; or
- 2. Based on sound clinical evidence or medical and scientific evidence:
  - a. The prescribing practitioner can demonstrate that the preferred Treatment required under the step therapy or fail-first protocol is expected or likely to be ineffective based on the known relevant physical or mental characteristics of the Insured and known characteristics of the drug regimen; or
  - b. The prescribing practitioner can demonstrate that the preferred Treatment required under the step therapy or fail-first protocol will cause or will likely cause an adverse reaction or other physical harm to You.
- h. **Quantity Limits** Some Outpatient Prescription Drugs are subject to quantity limits. The quantity limits help the prescriber and pharmacist check that the Outpatient Prescription Drug is used correctly and safely. We rely on medical guidelines, FDA-approved recommendations and other criteria developed by Us to set these quantity limits.
- i. **Tier Status** The tier status of a Prescription Drug may change periodically. These changes may occur without prior notice to You. However, if You have a prescription for a drug that is being moved to a higher tier (other than a Brand-Name Drug that becomes available as a Generic Drug) We will notify You. When such changes occur, Your out-of-pocket expense may change. You may access the most up to date tier status on Our website at <a href="https://www.wellfleetstudent.com">www.wellfleetstudent.com</a> or by calling the number on Your ID card.
- j. Compounded Prescription Drugs will be Covered only when they contain at least 1 ingredient that is a Covered legend Prescription Drug, do not contain bulk chemicals, and are obtained from a pharmacy that is approved for compounding. Compounded Prescription Drugs may require Your Provider to obtain Preauthorization. Compounded Prescription Drugs will be covered as the tier associated with the highest tier ingredient.
- k. **Formulary Exception Process** If a Prescription Drug is not on Our Formulary, You, Your Authorized Representative or Your prescribing Physician may request a Formulary exception for clinically appropriate Prescription Drug in writing, electronically or telephonically. If coverage is denied under Our standard or expedited Formulary exception process, the Covered Person is entitled to an external appeal as outlined in the External Appeal section of this Certificate. Refer to the Formulary posted on Our website www.wellfleetstudent.com or call the number on the Member's ID card to find out more about this process.

**Standard Review of a Formulary Exception** – We will make a decision and notify You or Your Authorized Representative and the prescribing Health Care Professional no later than 72 hours after Our receipt of the Member's request. If We approve the request, We will cover the Prescription Drug while You are taking the Prescription Drug, including any refills.

Expedited Review of a Formulary Exception – If You are suffering from a health condition that may seriously jeopardize Your health, life or ability to regain maximum function or if You are undergoing a current course of Treatment using a Non-Formulary Prescription Drug, You may request an expedited review of a Formulary exception. The request should include a statement from Your prescribing Physician that harm could reasonably come to You if the requested drug is not provided within the timeframes for Our standard Formulary exception process. We will make a decision and notify You or Your Authorized Representative and the prescribing Physician no later than 24 hours after Our receipt of Your request. If We approve the request, We will cover the Prescription Drug.

1. **Tobacco cessation prescription and over-the-counter drugs** – Tobacco cessation prescription drugs and OTC drugs will be covered for two 90-day treatment regimens only. Any additional prescription drug and OTC drug treatment regimens will be subject to the cost sharing in Your schedule of benefits. For details on the

current list of tobacco cessation prescription drugs and OTC drugs covered with no cost sharing during the two 90-day treatment regimens allowed, refer to the Formulary posted on Our website www.wellfleetstudent.com or call 877-657-5030.

m. **Preventive contraceptives -** For females who are able to reproduce, Your Outpatient Prescription Drug plan covers certain Prescription drugs and devices that the U.S. Food and Drug Administration (FDA) has approved to prevent pregnancy when prescribed by a Physician and the prescription is submitted to the pharmacist for processing. Your outpatient prescription drug plan also covers related services and supplies needed to administer covered devices. At least 1 form of contraception in each of the methods identified by the FDA is included. You can access the list of contraceptive prescription drugs by referring to the Formulary posted on Our website <a href="https://www.wellfleetstudent.com">www.wellfleetstudent.com</a> or calling the toll-free number on your ID card.

We cover over-the-counter (OTC) and **Generic Prescription Drugs** and devices for each of the methods identified by the FDA at no cost share. If a **Generic Prescription Drug** or device is not available for a certain method, You may obtain a certain **Brand-Name Prescription Drug** for that method at no cost share.

- n. **Orally administered anti-cancer drugs, including chemotherapy drugs Covered Medical Expenses** include any drug prescribed for the treatment of cancer if it is recognized for treatment of that indication in a standard reference compendium or recommended in the medical literature even if the drug is not approved by the FDA for a particular indication.
- o. **Diabetic supplies -** The following diabetic supplies may be obtained under Your Prescription Drug benefit upon prescription by a Physician:
  - Insulin
  - Insulin syringes and needles
  - Blood glucose test strips
  - Lancets
  - Alcohol swabs

You can access the list of diabetic supplies by referring to the Formulary posted on Our website www.wellfleetstudent.com or by calling the toll-free number on your ID card. See Your Diabetic services and supplies (including equipment and training) section for coverage of blood glucose meters and external insulin pumps.

- p. **Preventive Care drugs and Supplements-** Covered Medical expenses include preventive care drugs and supplements (including over the counter drug and supplements as required by the Affordable Care Act (ACA) guidelines when prescribed by a Physician and the prescription is submitted to the pharmacist for processing.
- q. Continuity of Prescription Drugs: If an enrollee has been undergoing a course of treatment with a prescription drug by prior authorization of the enrollee's previous carrier, we will honor the prior authorization for that prescription drug and provide coverage in the same manner as the previous carrier until the we have been able to conduct a review of the prior authorization for that prescription drug with the enrollee's prescribing provider. We reserve the right to request a review with the enrollee's provider. We will honor the prior carrier's authorization for a period not to exceed 6 months if the enrollee's provider participates in the review and requests the prior authorization be continued. We are not required to provide benefits for conditions or services not otherwise covered under this Policy as shown in the Schedule of Benefits.
- r. **Early refill of Prescription eye drops**: We may cover a prescription refilled early by a pharmacy for liquid eye drops. This is because You may have difficulty with wastage that You cannot avoid. If You have a valid prescription, We will refill the prescription when 70% of the initial days supply is remaining.
- s. **Medication synchronization:** We may cover a prescription filled by a pharmacy early one time. This way the pharmacy can synchronize Your chronic medications. If You take multiple medications, We can help make sure you follow the prescribed course of treatment by dispensing them all at the same time. And at the

same pharmacy. We will do this if Your prescriber or pharmacist decides filling or refilling the prescription that way is in Your best interest and You request less than a 30-day supply.

t. **Abuse-deterrent opioid analgesic drugs:** Abuse-deterrent opioid analgesic drugs products are brand or generic opioid analgesic drug products approved by the FDA with abuse-deterrent labeling claims that indicate the drug product is expected to result in a meaningful reduction in abuse. We shall cover abuse-deterrent opioid analgesic drug products no less favorably than opioid analgesic drug products that are not abuse-deterrent.

#### Other Benefits

- 1. **Allergy Testing** this includes tests that You need such as PRIST, RAST, and scratch tests.
- 2. **Allergy Injections/Treatment** includes Treatment of anaphylaxis and angioedema, severe chronic sinusitis not responsive to medications and asthma not responding to usual Treatments. This also includes the administration of allergy therapy, injections, allergy serum, and supplies used for allergy therapy.
- 3. **Ambulance Service** for transportation to and from a Hospital by a licensed Ambulance whether a ground, air or water Ambulance, in a Medical Emergency. Transportation from a facility to your home is not covered.

Your plan also covers transportation to a Hospital by professional air or water Ambulance when:

- Professional ground Ambulance transportation is not available
- Your condition is unstable, and requires medical supervision and rapid transport
- You are travelling from one Hospital to another and
- The first Hospital cannot provide the emergency services you need; and
- The two (2) conditions above are met
- 4. **Bariatric Surgery** when it is Medically Necessary. This benefit requires prior approval.
- 5. **Covered Clinical Trials** includes coverage for routine costs associated with Your participation in a clinical trial. Coverage does not include the studied device, equipment or drug, data collection services and any service not associated with direct clinical care to You.

**Clinical Trials** for Routine Patient Care Costs for items and services furnished in connection with participation in an Approved Clinical Trial if:

- 1. The Insured Person has a life-threatening illness for which no standard Treatment is effective;
- 2. The Insured Person is eligible to participate according to the clinical trial protocol with respect to Treatment of such illness;
- 3. The Insured Person's participation in the trial offers meaningful potential for significant clinical benefit; and
- 4. The Insured Person's referring Physician has concluded that participation in such a trial would be appropriate based upon the satisfaction of the conditions in paragraphs 1, 2 and 3.

#### As used in this benefit:

**Approved Clinical Trial** means a clinical research study or clinical investigation approved and funded by the federal Department of Health and Human Services, National Institutes of Health or a cooperative group or center of the National Institutes of Health.

**Routine Patient Care Costs** means coverage for reasonable and Medically Necessary services needed to administer the drug or device under evaluation in the clinical trial. Routine Patient Care Costs include all items and services that are otherwise generally available to a qualified individual that are provided in the clinical trial except:

- 1. The investigational item or service itself;
- 2. Items and services provided solely to satisfy data collection and analysis needs and that are not used in the direct clinical management of the patient; and

- Items and services customarily provided by the research sponsors free of charge for any Insured Person in the trial.
- 6. **Durable Medical Equipment** for the rental or purchase of Durable Medical Equipment, including, but not limited to, Hospital beds, wheel chairs, walkers, braces that stabilize an injured body part and braces to treat curvature of the spine. We will pay the lesser of either the rental or purchase charges, but not both. Such equipment must be prescribed by a Physician and a copy of the written prescription must accompany the claim. Durable Medical Equipment must:
  - a. Be primarily and customarily used to serve a medical, Rehabilitative purpose;
  - b. Be able to withstand repeated use; and
  - c. Generally, not be useful to a person in the absence of Injury or Sickness.
- 7. **Diabetic services and supplies (including equipment and training)** Benefits will be paid the same as any other Sickness for the cost associated with equipment, supplies, and self-management training and education for the treatment of all types of diabetes mellitus when prescribed by a Physician.

Benefits includes services and supplies:

- Insulin preparations
- Foot care to minimize the risk of infection
- Injection aids for the blind
- Diabetic test agents
- Prescribed oral medications whose primary purpose is to control blood sugar
- Injectable glucagons
- Glucagon emergency kits
- Control solutions used in blood glucose monitors
- Diabetes data management systems for management of blood glucose
- Cartridges for the visually impaired
- Disposable insulin cartridges and pen cartridges
- Insulin pumps and equipment for the use of the pump including batteries
- Insulin infusion devices
- Oral agents for treating hypoglycemia such as glucose tablets and gels
- Glucagon for injection to increase blood glucose concentration
- Other diabetes equipment and related supplies that are Medically Necessary for the Treatment of diabetes

### **Equipment**

- External insulin pumps
- Blood glucose monitors without special features, unless required for the legally blind
- Podiatric appliances for the prevention of complications associated with diabetes

# **Training**

- Self-management training
- Patient management materials that provide essential diabetes self-management information

"Self-management training" is a day care program of educational services and self-care designed to instruct You in the self-management of diabetes (including medical nutritional therapy). The training must be provided by an American Diabetes Association Recognized Diabetes Self-Management Education Program or Physician whose scope of practice includes diabetic education or management.

This coverage includes the treatment of insulin (type I) and non-insulin dependent (type II) diabetes and the treatment of elevated blood glucose levels during pregnancy.

Refer to the Prescription Drug provision for diabetic supplies covered under the Prescription Drug benefit.

8. **Dialysis Treatment** of an acute or chronic kidney ailment, provided in an Outpatient facility of a Hospital, a free-standing renal Dialysis facility or in the home. Covered services for home Treatment will include equipment, training and medical supplies. Private Duty Nursing is not covered.

- 9. **Hearing Aids Expense** for a Hearing Aid for each hearing-impaired ear every three (3) years for an Insured Person who is 18 years of age or under in accordance with the following requirements:
  - 2. The hearing loss must be documented by a Physician or audiologist licensed pursuant to Title 32, chapter 77.
  - 3. The Hearing Aid must be purchased from an audiologist licensed pursuant to Title 32, chapter 77 or a Hearing Aid dealer licensed pursuant to Title 32, chapter 23-A.

Such Hearing Aid must be the most appropriate, cost effective solution to the Insured Person's hearing loss. As used in this benefit:

**Hearing Aid** means a nonexperimental, wearable instrument or device designed for the ear and offered for the purpose of aiding or compensating for impaired human hearing, excluding batteries and cords and other assistive listening devices, including, but not limited to, frequency modulation systems.

- 10. Maternity Benefit for maternity charges as follows:
  - a. Routine prenatal care
  - b. **Hospital stays** for mother and newly born child will be provided for up to 48 hours for normal vaginal delivery and 96 hours (not including the day of surgery) for a caesarean section delivery unless the caesarean section delivery is the result of Complications of Pregnancy. If the delivery is the result of Complications of Pregnancy, the Hospital stay will be covered the same as for any other Covered Sickness. Services of a licensed nurse midwife are also covered.

Services covered as inpatient care will include medical, educational, and any other services that are consistent with the inpatient care recommended in the protocols and guidelines developed by national organizations that represent pediatric, obstetric and nursing professionals.

- c. **Inpatient Physician charges or Surgeon charges** will be covered the same as for any other Covered Sickness for both mother and newborn child.
- d. Physician-directed Follow-up Care including:
  - 1. Physician assessment of the mother and newborn;
  - 2. Parent education;
  - 3. Assistance and training in breast or bottle feeding:
  - 4. Assessment of the home support system;
  - 5. Performance of any prescribed clinical tests; and
  - 6. Any other services that are consistent with the follow-up care recommended in the protocols and guidelines developed by national organizations that represent pediatric obstetrical and nursing professionals.

This benefit will apply to services provided in a medical setting or through Home Health Care visits. Any Home Health Care visit must be provided by an individual knowledgeable and experienced in maternity and newborn care. All Home Health Care visits that are made necessary by early discharge from the Hospital must be performed within 72 hours after discharge. When a mother or a newborn receives at least the number of hours of inpatient care shown in item "b", the Home Health Care visit benefit will apply to follow-up care that is determined to be necessary by the health care professionals responsible for discharging the mother or newborn.

- e. Outpatient Physician's visits will be covered the same as for any other Covered Sickness.
- 11. **Enteral Formulas and Nutritional Supplements** Covered Medical expenses prescribed by a Physician used to treat malabsorption of food caused by:
  - Crohn's Disease
  - Ulcerative colitis
  - Gastroesophageal reflux
  - Gastrointestinal motility;
  - Chronic intestinal pseudoobstruction
  - Phenylketonuria
  - Eosinophilic gastrointestinal disorders

- Inherited diseases of amino acids and organic acids
- Multiple severe food allergies
- Branded-chain ketonuria,
- Galactosemia
- Homocystinuria

Covered benefits also include food products modified to be low in protein for inherited diseases of amino acids and organic acids. For purposes of this benefit, "low protein modified food product" means foods that are specifically formulated to have less than one gram of protein per serving and are intended to be used under the direction of a Physician for the dietary treatment of any inherited metabolic illness. Low protein modified food products do not include foods that are naturally low in protein.

- 12. **Prosthetic and Orthotic Devices** to replace all or part of a body organ, or replace all or part of the function of a permanently inoperative, absent, or malfunctioning body part when Medically Necessary and prescribed by a Physician.
- 13. **Reconstructive Surgery** covers all stages of reconstruction of the breast on which the mastectomy has been performed; Surgery and reconstruction of the other breast to produce a symmetrical appearance; and prostheses and Treatment of physical complications for all stages of mastectomy, including lymphedemas. This benefit also covers cosmetic surgery specifically and solely for: Reconstruction due to bodily Injury, infection or other disease of the involved part; or for a congenital anomaly of a Dependent child which resulted in a functional impairment.
- 14. **Pediatric Dental Care Benefit:** Please refer to the Schedule of Benefits section of this Policy for cost-sharing requirements and any applicable pre- authorization or waiting period requirements. We cover preventive and diagnostic, basic restorative, major, general, and Medically Necessary orthodontia services for Covered Persons up to age nineteen (19). Medically Necessary orthodontia services are limited to Covered Persons with severe and handicapping malocclusion. This Benefit terminates on the first of the month following the Covered Person's 19<sup>th</sup> birthday.

## **Covered Services**

PREVENTIVE AND DIAGNOSTIC SERVICES
Diagnostic and Treatment Services:
D0120 Periodic oral evaluation- Limited to 1 every 6 months
D0140 Limited oral evaluation- problem focused- Limited to 1 every 6 months
D0150 Comprehensive oral evaluation- Limited to 1 every 6 months
D0180 Comprehensive periodontal evaluation- Limited to 1 every 6 months
D0210 Intraoral-complete series (including bitewings) 1 every 60 (sixty) months film
D0220 Intraoral- periapical first
D0230 Intraoral- periapical - each additional film
D0240 Intraoral- occlusal film
D0270 Bitewing- single film Adult -1 set every calendar year/Children -1 set every 6 months
D0272 Bitewings -two films -Adult -1 set every calendar year/Children -1 set every 6 months
D0274 Bitewings - four films Adult -1 set every calendar year/ Children -1 set every 6 months
D0277 Vertical bitewings-7 to 8 films -Adult-1 set every calendar year/Children -1 set every 6 months
D0330 Panoramic film-1 film every 60 (sixty) months
D0340 Cephalometric x-ray
D0350 Oral/ Facial Photographic Images
D0470 Diagnostic Models
Preventative Services:
D1110 Prophylaxis-Adult-Limited to 1 every 6 months
D1120 Prophylaxis-Child-Limited to 1 every 6 months
D1203 Topical application of fluoride (excluding prophylaxis)-child-Limited to 2 every 12 months
D1204 Topical application of fluoride (excluding prophylaxis)-Age 15 to 22- 2 every 12 months

- D1206 Topical fluoride varnish- Over age 22-1 in 12 months; Less than age 22-2 in 12 months
- D1351 Sealant- per tooth- unrestored permanent molars Less than age 19. 1 sealant per tooth every 36 months
- D1352 Preventative resin restorations in a moderate to high caries risk patient- permanent tooth- 1 sealant per tooth every 36 months
- D1510 Space maintainer-fixed -unilateral-Limited to children under age 19
- D1515 Space maintainer-fixed-bilateral-Limited to children under age 19
- D1520 Space maintainer-removable-unilateral-Limited to children under age 19
- D1525 Space maintainer-removable-bilateral-Limited to children under age 19
- D1550 Re-cementation of space maintainer-Limited to children under age 19

# Additional Procedures covered as Preventive and Diagnostic:

D9110 Palliative treatment of dental pain- minor procedure

## **BASIC RESTORATIVE SERVICES**

## **Minor Restorative Services:**

- D2140 Amalgam- one surface, primary or permanent
- D2150 Amalgam- two surfaces, primary or permanent
- D2160 Amalgam- three surfaces, primary or permanent
- D2161 Amalgam-four or more surfaces, primary or permanent
- D2330 Resin-based composite one surface, anterior
- D2331 Resin-based composite -two surfaces, anterior
- D2332 Resin-based composite -three surfaces, anterior
- D2335 Resin-based composite- four or more surfaces or involving incisal angle (anterior)
- D2910 Re-cement inlay
- D2920 Re-cement crown
- D2930 Prefabricated stainless steel crown· primary tooth- Under age 15 Limited to I per tooth in 60 months
- D2931 Prefabricated stainless steel crown permanent tooth Under age 15 Limited to I per tooth in 60 months
- D2940 Protective Restoration
- D2951 Pin retention per tooth, in addition to restoration

### **Endodontic Services:**

- D3220 Therapeutic pulpotomy (excluding final restoration)- *If a root canal is within 45 days of the pulpotomy, the pulpotomy is not a covered service since it is considered a part of the root canal procedure and benefits are not payable separately.*
- D3222 Partial pulpotomy for apexogenesis- permanent tooth with incomplete root development *If a root canal is within 45 days of the pulpotomy, the pulpotomy is not a covered service since it is considered a pan of the root canal procedure and benefits are not payable separately.*
- D3230 Pulpal therapy (resorbable filling)- anterior, primary tooth (excluding final restoration) Limited to primary incisor teeth for members up to age 6 and for primary molars and cuspids up to age 11 and is limited to once per tooth per lifetime.
- D3240 Pulpal therapy (resorbable filling)- posterior, primary tooth excluding final restoration). Incomplete endodontic treatment when you discontinue treatment. -Limited to primary incisor teeth for members up to age 6 and for primary molars and cuspids up to age 11 and is limited to once per tooth per lifetime.

#### **Periodontal Services:**

- D4341 Periodontal scaling and root planning-four or more teeth per quadrant- Limited to 1 every 24 months
- D4342 Periodontal scaling and root planning-one to three teeth, per quadrant- Limited to 1 every 24 months
- D4910 Periodontal maintenance- 4 in 12 months combined with adult prophylaxis after the completion of active periodontal therapy.

## **Prosthodontic Services:**

- D5410 Adjust complete denture-maxillary
- D5411 Adjust complete denture-mandibular
- D5421 Adjust partial denture-maxillary
- D5422 Adjust partial denture-mandibular
- D5510 Repair broken complete denture base
- D5520 Replace missing or broken teeth complete denture (each tooth)
- D5610 Repair resin denture base
- D5620 Repair cast framework
- D5630 Repair or replace broken clasp
- D5640 Replace broken teeth- per tooth
- D5650 Add tooth to existing partial denture
- D5660 Add clasp to existing partial denture
- D5710 Rebase complete maxillary denture- Limited to 1 in a 36-month period 6 months after the initial installation
- D5720 Rebase maxillary partial denture- Limited to 1 in a 36-month period 6 months after the initial installation
- D5721 Rebase mandibular partial denture- Limited to 1 in a 36-month period 6 months after the initial installation
- D5730 Reline complete maxillary denture -Limited to 1 in a 36-month Period 6 months after the initial installation
- D5731 Reline complete mandibular denture -Limited to 1 in a 36-month period 6 months after the initial installation
- D5740 Reline maxillary partial denture- Limited to 1 in a 36-month period 6 months after the initial installation
- D5741 Reline mandibular partial denture- Limited to 1 in a 36-month period 6 months after the initial installation
- D5750 Reline complete maxillary denture (laboratory) -Limited to 1 in a 36-month period 6 months after the initial installation
- D5751 Reline complete mandibular denture (laboratory)- Limited to 1 in a 36-month period 6 months after the initial installation
- D5760 Reline maxillary partial denture (laboratory)· Limited to 1 in a 36-month period 6 months after the initial installation
- D5761 Reline mandibular partial denture (laboratory) Rebase/Reline-Limited to 1 in a 36-month period 6 months after the initial installation
- D5850 Tissue conditioning (maxillary)
- D5851 Tissue conditioning (mandibular)
- D6930 Recement fixed partial denture
- D6980 Fixed partial denture repair, by report

# **Oral Surgery:**

- D7140 Extraction, erupted tooth or exposed root (elevation and/or forceps removal)
- D7210 Surgical removal of erupted tooth requiring elevation of mucoperiosteal flap and removal of bone and/or section of tooth
- D7220 Removal of impacted tooth soft tissue
- D7230 Removal of impacted tooth- partially bony
- D7240 Removal of impacted tooth completely bony
- D7241 Removal of impacted tooth completely bony with unusual surgical complications
- D7250 Surgical removal of residual tooth roots (cutting procedure)
- D7251 Coronectomy- intentional partial tooth removal

- D7270 Tooth reimplantation and/or stabilization of accidentally evulsed or displaced tooth
- D7280 Surgical access of an unerupted tooth
- D7310 Alveoloplasty in conjunction with extractions per quadrant
- D7311 Alveoloplasty in conjunction with extractions-one to three teeth or tooth spaces, per quadrant
- D7320 Alveoloplasty not in conjunction with extractions- per quadrant
- D7321 Alveoloplasty not in conjunction with extractions-one to three teeth or tooth spaces, per quadrant
- D7471 Removal of exostosis
- D7510 Incision and drainage of abscess intraoral soft tissue
- D7910 Suture of recent small wounds up to 5 cm
- D7971 Excision of pericoronal gingiva

### **MAJOR SERVICES**

## **Major Restorative Services:**

- D0160 Detailed and extensive oral evaluation- problem focused, by report
- D2510 Inlay- metallic- one surface- An alternate benefit will be provided
- D2520 Inlay- metallic- two surfaces -An alternate benefit will be provided
- D2530 Inlay- metallic-three surfaces -An alternate benefit will be provided
- D2542 Onlay- metallic- two surfaces- Limited to 1 per tooth every 60 months
- D2543 Onlay metallic- three surfaces- Limited to 1 per tooth every 60 months
- D2544 Onlay metallic- four or more surfaces- Limited to 1 per tooth every 60 months
- D2740 Crown- porcelain/ceramic substrate- Limited to 1 per tooth every 60 months
- D2750 Crown- porcelain fused to high noble metal- Limited to 1 per tooth every 60 months
- D2751 Crown- porcelain fused to predominately base metal-Limited to 1 per tooth every 60 months
- D2752 Crown- porcelain fused to noble metal-Limited to 1 per tooth every 60 months
- D2780 Crown 3/4 cast high noble metal- Limited to 1 per tooth every 60 months
- D2781 Crown 3/4 cast predominately base metal- Limited to 1 per tooth every 60 months
- D2783 Crown 3/4 porcelain/ceramic-Limited to 1 per tooth every 60 months
- D2790 Crown full cast high noble metal- Limited to 1 per tooth every 60 months
- D2791 Crown- full cast predominately base metal-Limited to 1 per tooth every 60 months
- D2792 Crown full cast noble metal- Limited to I per tooth every 60 months
- D2794 Crown-titanium- Limited to 1 per tooth every 60 months
- D2950 Core buildup, including any pins- Limited to 1 per tooth every 60 months
- D2954 Prefabricated post and core, in addition to crown-Limited to 1 per tooth every 60 months
- D2980 Crown repair, by report

## **Endodontic Services:**

- D3310 Anterior root canal (excluding final restoration)
- D3320 Bicuspid root canal (excluding final restoration)
- D3330 Molar root canal (excluding final restoration)
- D3346 Retreatment of previous root canal therapy-anterior
- D3347 Retreatment of previous root canal therapy-bicuspid
- D3348 Retreatment of previous root canal therapy-molar
- D3351 Apexification/recalcification- initial visit (apical closure/calcific repair of perforations, root resorption, etc.)
- D3352 Apexification/recalcification- interim medication replacement (apical closure/calcific repair of perforations, root resorption. etc.)

D3353 Apexification/recalcification- final visit (includes completed root canal therapy, apical closure/calcific repair of perforations. root resorption. etc.)

D3354 Pulpal regeneration (completion of regenerative treatment in an immature permanent tooth with a necrotic pulp) does not include final restoration

D3410 Apicoectomy/periradicular surgery- anterior

D3421 Apicoectomy/periradicular surgery- bicuspid (first root)

D3425 Apicoectomy/periradicular surgery -molar (first root)

D3426 Apicoectomy/periradicular surgery (each additional root)

D3450 Root amputation- per root

D3920 Hemisection (including any root removal)- not including root canal therapy

## **Periodontal Services:**

D4210 Gingivectomy or gingivoplasty- four or more teeth-Limited to 1 every 36 months

D4211 Gingivectomy or gingivoplasty-one to three teeth

D4240 Gingival flap procedure, four or more teeth-Limited to 1 every 36 months

D4249 Clinical crown lengthening-hard tissue

D4260 Osseous surgery (including flap entry and closure), four or more contiguous teeth or bounded teeth spaces per quadrant-Limited to 1 every 36 months

D4270 Pedicle soft tissue graft procedure

D4271 Free soft tissue graft procedure (including donor site surgery)

D4273 Subepithelial connective tissue graft procedures (including donor site surgery)

04355 Full mouth debridement to enable comprehensive evaluation and diagnosis-Limited to 1 per lifetime

## **Prosthodontic Services:**

D5110 Complete denture - maxillary-Limited to 1 every 60 months

D5120 Complete denture- mandibular-Limited to 1 every 60 months

D5130 Immediate denture- maxillary-Limited to 1 every 60 months

D5140 Immediate denture- mandibular-Limited to 1 every 60 months

D5211 Maxillary partial denture- resin base (including any conventional clasps, rests and teeth)-Limited to 1 every 60 months

D5212 Mandibular partial denture- resin base (including any conventional clasps, rests and teeth)-Limited to 1 every 60 months

D5213 Maxillary partial denture- cast metal framework with resin denture base (including any conventional clasps, rests and teeth)-Limited to 1 every 60 months

D5214 Mandibular partial denture- cast metal framework with resin denture base (including any conventional clasps, rests and teeth)-Limited to 1 every 60 months

D5281 Removable unilateral partial denture-one piece cast metal (including clasps and teeth)-Limited to 1 every 60 month

D6010 Endosteal Implant- 1 every 60 months

D6012 Surgical Placement of Interim Implant Body- 1 every 60 months

D6040 Eposteal Implant- 1 every 60 months

D6050 Transosteal Implant. Including Hardware- 1 every 60 months

D6053 Implant supported complete denture

D6054 Implant supported partial denture

D6055 Connecting Bar-implant or abutment supported- 1 every 60 months

D6056 Prefabricated Abutment- 1 every 60 months

D6058 Abutment supported porcelain ceramic crown - 1 every 60 months

D6059 Abutment supported porcelain fused to high noble metal- 1 every 60 months

D6060 Abutment supported porcelain fused to predominately base metal crown- 1 every 60 months

D6061 Abutment supported porcelain fused to noble metal crown 1 every 60 months

D6062 Abutment supported cast high noble metal crown - 1 every 60 months

D6063 Abutment supported cast predominately base metal crown – 1 every 60 months

D6064 Abutment supported Cast noble metal crown 1 every 60 months

D6065 Implant supported porcelain/ceramic crown- 1 every 60 months

D6066 Implant supported porcelain fused to high metal crown - 1 every 60 months

D6067 Implant supported metal crown- 1 every 60 months

D6068 Abutment supported retainer for porcelain/ceramic fixed partial denture- 1 every 60 months

D6069 Abutment supported retainer for porcelain fused to high noble metal fixed partial denture - 1 every 60 months

D6070 Abutment supported retainer for porcelain fused to predominately base metal fixed partial denture - 1 every 60 months

D6071 Abutment supported retainer for porcelain fused to noble metal fixed partial denture- 1 every 60 months

D6072 Abutment supported retainer for cast high noble metal fixed partial denture 1 every 60 months

D6073 Abutment supported retainer for predominately base metal fixed partial denture - 1 every 60 months

D6074 Abutment supported retainer for cast noble metal fixed partial denture- 1 every 60 months

D6075 Implant supported retainer for ceramic fixed Partial denture- 1 every 60 months

D6076 Implant supported retainer for porcelain fused to high noble metal fixed partial denture - 1 every 60 months

D6077 Implant supported retainer for cast metal fixed partial denture - 1 every 60 months

 $D6078\ Implant/abutment\ supported\ fixed\ partial\ denture\ for\ completely\ edentulous\ arch-1\ every\ 60\ months$ 

D6079 Implant/abutment supported fixed partial denture for partially edentulous arch- 1 every 60 months

D6080 Implant Maintenance Procedures -1 every 60 months

D6090 Repair Implant Prosthesis -1 every 60 months

D6091 Replacement of Semi-Precision or Precision Attachment- 1 every 60 months

D6095 Repair Implant Abutment -1 every 60 months

D6100 Implant Removal-1 every 60 months

D6190 Implant Index -1 every 60 months

D6210 Pontic-cast high noble metal- Limited to 1 every 60 months

D6211 Pontic-cast predominately base metal -Limited to 1 every 60 months

D6212 Pontic-cast noble metal- Limited to 1 every 60 months

D6214 Pontic-titanium-Limited to 1 every 60 months

D6240 Pontic -porcelain fused to high noble metal-Limited to 1 every 60 months

D6241 Pontic-porcelain fused to predominately base metal-Limited to 1 every 60 months

D6242 Pontic-porcelain fused to noble metal Limited to 1 every 60 months

D6245 Pontic-porcelain/ceramic-Limited to 1 every 60 months

D6519 Inlay/on lay- porcelain/ceramic-Limited to 1 every 60 months

D6520 Inlay-metallic-two surfaces-Limited to 1 every 60 months

D6530 Inlay- metallic-three or more surfaces- Limited to 1 every 60 months

D6543 Onlay- metallic- three surfaces- 1 every 60 months

D6544 Onlay- metallic- four or more surfaces -1 every 60 months

D6545 Retainer -cast metal for resin bonded fixed prosthesis -1 every 60 months

D6548 Retainer- porcelain/ceramic for resin bonded fixed prosthesis -1 every 60 months

D6740 Crown- porcelain/ceramic-1 every 60 months

D6750 Crown -porcelain fused to high noble metal - 1 every 60 months

D6751 Crown-porcelain fused to predominately base metal- 1 every 60 months

D6752 Crown-porcelain fused to noble metal - 1 every 60 months

D6780 Crown -3/4 cast high noble metal - 1 every 60 months

D6781 Crown- 314 cast predominately base metal • 1 every 60 months

D6782 Crown 3/4 cast noble metal 1 every 60 months

D6783 Crown - 3/4 porcelain/ceramic- 1 every 60 months

D6790 Crown • full cast high noble metal- 1 every 60 months

D6791 Crown -full cast predominately base metal- 1 every 60 months

D6792 Crown full cast noble metal 1 every 60 months

D6973 Core build up for retainer including any pins 1 every 60 months

D9940 Occlusal guard, by report-1 in 12 months for patients 13 and older

### GENERAL SERVICES

### **Anesthesia Services:**

D9220 Deep sedation/general anesthesia- first 30 minutes

D9221 Deep sedation/general anesthesia- each additional 15 minutes

#### **Intravenous Sedation:**

D9241 Intravenous conscious sedation/analgesia- first 30 minutes

D9242 Intravenous conscious sedation/analgesia each additional 15 minutes

### **Consultations:**

D9310 Consultation (diagnostic service provided by dentist or physician other than practitioner providing treatment)

# **Medications:**

D9610 Therapeutic drug injection, by report

## **Post Surgical Services:**

D9930 Treatment of complications (post-surgical) unusual circumstances, by report

### ORTHODONTIA SERVICES

# Orthodontic Services -limited to children up to age 19:

D8010 Limited orthodontic treatment of the primary dentition

D8020 Limited orthodontic treatment of the transitional dentition

D8030 Limited orthodontic treatment of the adolescent dentition

D8050 Interceptive orthodontic treatment of the primary dentition

D8060 Interceptive orthodontic treatment of the transitional dentition

D8070 Comprehensive orthodontic treatment of the transitional dentition

D8080 Comprehensive orthodontic treatment of the adolescent dentition

D8210 Removable appliance therapy

D8670 Periodic orthodontic treatment visit (as part of contract)

D8680 Orthodontic retention (removal of appliances, construction and placement of retainer(s)

# **International Services and Supplies**

We will payment Benefits in an amount equal to the applicable Insured Percent shown in the Schedule of Benefits for charges incurred by the Covered Person. The Covered Person will be responsible for paying the Provider directly and submitting the claims for reimbursement to the address listed on the Covered Person's Identification Card.

#### **Alternative Benefits**

There is often more than one Service that Providers can use to treat a dental problem or disease. In determining the Benefits payable on a claim, We will consider different materials and methods of treatment. The amount payable will be limited to the Covered Expense for the least costly service, which meets broadly accepted standards of dental care. The Covered Person and his or her Provider may decide on a more costly procedure or material than We have determined to be satisfactory for the treatment of the condition. We will pay a benefit toward the cost of the more expensive procedure or material, but payment will be limited to the Benefits payable for Covered Expenses for the least costly Service. We will not pay the excess amount.

#### **Exclusions for this Pediatric Dental Services Benefit**

We will not pay Benefits for:

- 1. Services and treatment not prescribed by or under the direct supervision of a dentist, except in those states where dental hygienists are permitted to practice without supervision by a dentist. In these states, we will pay for eligible covered services provided by an authorized dental hygienist performing within the scope of his or her license and applicable state law;
- 2. Services and treatment resulting from your failure to comply with professionally prescribed treatment;
- 3. Any charges for failure to keep a scheduled appointment;
- 4. Any service charges for personalization or characterization of prosthetic dental appliances;
- 5. Services related to the diagnosis and treatment of Temporomandibular Joint Dysfunction (TMD);
- 6. Office infection control charges;
- 7. Duplicate, provisional and temporary devices, appliances, and services;
- 8. Plaque control programs, oral hygiene instruction, and dietary instructions;
- 9. Services to alter vertical dimension and/or restore or maintain the occlusion. Such procedures include, but are not limited to, equilibration, periodontal splinting, full mouth rehabilitation, and restoration for misalignment of teeth;
- 10. Gold foil restorations;
- 11. Charges by the provider for completing dental forms;
- 12. Adjustment of a denture or bridgework which is made within 6 months after installation by the same Dentist who installed it;
- 13. Use of material or home health aids to prevent decay, such as toothpaste, fluoride gels, dental floss and teeth whiteners:
- 14. Sealants for teeth other than permanent molars;
- 15. Precision attachments, personalization, precious metal bases and other specialized techniques;
- 16. Replacement of dentures that have been lost, stolen or misplaced;
- 17. Medically Necessary orthodontic services provided to a Covered Person who has not met any applicable waiting period requirement.
- 18. Repair of damaged orthodontic appliances;
- 19. Replacement of lost or missing appliances;
- 20. Fabrication of athletic mouth guard;
- 21. Internal bleaching;
- 22. Nitrous oxide:
- 23. Oral sedation:
- 24. Topical medicament center
- 25. Bone grafts when done in connection with extractions, apicoetomies or non-covered/non eligible implants.

All other terms, provisions, limitations and general exclusions listed within this Policy still apply.

- 1. treatment and periodically adjusted);
- 2. Removable appliance therapy; and
- 3. Orthodontic retention (removal of appliances, construction and placement of retainers).
- 15. **Pediatric Vision Care Benefit** for Insured Persons (to the end of the month in which the Insured Person turns age 19).

We will provide benefits for:

- a. 1 vision examination per Policy Year; and
- b. 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year.
- 16. **Abortion Expense** for the expense of an elective non-therapeutic, abortion.
- 17. **Acupuncture Services** that are Medically Necessary and when provided by a Physician licensed to perform such services.
- 18. Accidental Injury Dental Treatment for Insured Persons over age 18 as the result of Injury to sound natural teeth. Routine dental care and Treatment are not payable under this benefit. Damage to teeth due to chewing or biting is not deemed an accidental Injury and is not covered.
- 19. **Sickness Dental Expense Benefit for Insured Persons over age** 18 when, by reason of Sickness, You require Treatment for impacted wisdom teeth or dental abscesses, We will pay the Covered Percentage of the Covered Charges incurred for the Treatment.
- 20. Chiropractic Care Benefit for Treatment of a Covered Injury or Covered Sickness and performed by a Physician.
- 21. Organ Transplant Surgery

**Recipient Surgery** for Medically Necessary, non-experimental and non-investigational solid organ, bone marrow, stem-cell or tissue transplants. We will provide benefits for the Hospital and medical expenses of when You are the recipient of an organ transplant.

**Donor's Surgery** for Medically Necessary transplant services required by the Insured Person who serves as an organ donor only if the recipient is also an Insured Person. We will not Cover the transplant services of a non-Insured Person acting as a donor for an Insured Person if the non-Insured Person's expenses will be Covered under another health plan or program.

**Travel Expenses** when the facility performing the Medically Necessary transplant is located more than 200 miles from Your residence, coverage will be provided for lodging, meals and transportation expenses (coach class only) subject to the maximum benefits shown on the Schedule of Benefits.

Non-Covered Services for transportation and lodging include, but are not limited to:

- a. Child care:
- b. Mileage within the medical transplant facility city;
- c. Rental cars, buses, taxis, or shuttle service, except as specifically approved by Us;
- d. Frequent Flyer miles;
- e. Coupons, Vouchers, or Travel tickets;
- f. Prepayments or deposits;
- g. Services for a condition that is not directly related or a direct result of the transplant;
- h. Telephone calls;
- i. Laundry;
- i. Postage:
- k. Entertainment;
- 1. Interim visits to a medical care facility while waiting for the actual transplant procedure;
- m. Travel expenses for donor companion/caregiver;
- n. Return visits for the donor for a Treatment of condition found during the evaluation.
- 27. **Tuberculosis (TB) screening, Titers, Quantiferon B tests including shots** (other than covered under Preventive Services) when required by the school for high risk Insured Persons.
- 28. **Bedside Visits** (International Students and/or their Dependents when You are Hospital Confined for more than 7 continuous days as the result of a Covered Injury or Covered Sickness, We will pay a benefit. We will pay for the cost of an economy round-trip airfare for an individual to travel to Your Hospital bedside. The benefit will not

exceed the amount shown in the Schedule of Benefits. This individual must be designated by You and the trip must be approved by Us. No more than one trip may be made during any one Policy Year.

29. **Non-emergency Care While Traveling Outside of the United States** for Medically Necessary treatment when You are traveling outside of the United States.

## 30. Medical Evacuation Expense

The maximum benefit for Medical Evacuation, if any, is shown in the Schedule of Benefits.

If:

- a. You are unable to continue Your academic program as the result of a Covered Injury or Covered Sickness;
- b. That occurs while You are covered under this Certificate,

We will pay the necessary Usual and Customary Charges for evacuation to another medical facility or Your Home Country. Benefits will not exceed the specified benefit shown in the Schedule of Benefits.

Payment of this benefit is subject to the following conditions:

- a. You must have been in a Hospital due to a Covered Injury or Covered Sickness for a Confinement of 5 or more consecutive days immediately prior to medical evacuation;
- b. Prior to the medical evacuation occurring, the attending Physician must have recommended and We must have approved the medical evacuation;
- c. We must approve the Usual and Customary Expenses incurred prior to the medical evacuation occurring, if applicable;
- d. No benefits are payable for Usual and Customary Expenses after the date Your insurance terminates. However, if on the date of termination, You are in the Hospital, this benefit continues in force until the earlier of the date the Confinement ends or 31 days after the date of termination;
- e. Evacuation to Your Home Country terminates any further insurance under the Certificate for You; and
- f. Transportation must be by the most direct and economical route.

# 31. Repatriation Expense

The maximum benefit for Repatriation, if any, is shown in the Schedule of Benefits.

If You die while covered under this Certificate, We will pay a benefit. The benefit will be the necessary Usual and Customary Charges for preparation, including cremation, and transportation of the remains to Your place of residence Your Home Country. Benefits will not exceed the specified benefit shown in the Schedule of Benefits.

#### **Mandated Benefits for Maine**

**Mandate Disclaimer**: If any Preventive Services Benefit is subject to the mandated benefits required by state law, they will be administered under the federal or state guideline, whichever is more favorable to the student.

Anesthesia and Facility Charges for Dental Procedures for general anesthesia and facility charges for dental procedures rendered in a Hospital when the clinical status or underlying medical condition of the Insured Person required dental procedures that ordinarily would not require general anesthesia to be rendered in a Hospital. This benefit is payable only for the following:

- 1. Insured Persons, including infants, exhibiting physical, intellectual or medically compromising conditions for which dental Treatment under local anesthesia, with or without additional adjunctive techniques and modalities, cannot be expected to provide a successful result and for which dental Treatment under general anesthesia can be expected to produce a superior result;
- 2. Insured Persons demonstrating dental Treatment needs for which local anesthesia is ineffective because of acute infection, anatomic variation or allergy;
- 3. Extremely uncooperative, fearful, anxious or uncommunicative children or adolescents with dental needs or such magnitude that Treatment should not be postponed or deferred and for whom lack of Treatment can be expected to result in dental or oral pain or infection, Loss of teeth or other increased oral or dental morbidity; and
- 4. Insured Persons who have sustained extensive oral-facial or dental trauma for which Treatment under local anesthesia would be ineffective or compromised.

This benefit does NOT include the cost of the actual dental procedures or dentist's fees. If an Insured Person is also eligible for coverage for general anesthesia and associated facility charges under a dental insurance policy or contract, the contract providing such care will be the primary payer responsible for those charges. We will be considered the secondary payer of such expenses.

## **Autism Spectrum Disorders Benefit** for an Insured Person as follows:

- 1. Assessments, evaluations or tests by a licensed Physician or psychologist to diagnose whether an individual has an Autism Spectrum Disorder;
- 2. Treatment of Autism Spectrum Disorders when determined by a licensed Physician or psychologist that the Treatment is Medically Necessary health care; a licensed Physician or psychologist may be required to demonstrate ongoing Medical Necessity for coverage provided at least annually;
- 3. We will cover prescription drugs for the Treatment of Autism Spectrum Disorders in the same manner as coverage for prescription drugs for Treatment of any other illness or condition; and

Treatment of Autism Spectrum Disorders includes the following types of care prescribed, provided or ordered for an Insured Person diagnosed with an Autism Spectrum Disorder:

- 1. Habilitative or Rehabilitative services, including Applied Behavior Analysis or other professional or counseling services necessary to develop, maintain and restore the functioning of an Insured Person to the extent possible. To be eligible for coverage, Applied Behavior Analysis must be provided by a person professionally certified by a national board of behavior analysts or performed under the supervision of a person professionally certified by a national board of behavior analysts;
- 2. Counseling services provided by a licensed psychiatrist, psychologist, clinical professional counselor or clinical social worker; and
- 3. Therapy services provided by a licensed or certified speech therapist, occupational therapist or physical therapist.

#### As used in this benefit:

**Applied Behavior Analysis** means the design, implementation and evaluation of environmental modifications using behavioral stimuli and consequences to produce socially significant improvement in human behavior, including the use of direct observation, measurement and functional analysis of the relations between environment and behavior.

**Autism Spectrum Disorders** means any of the pervasive developmental disorders as defined by the Diagnostic and Statistical Manual of Mental Disorders, 4<sup>th</sup> edition, published by the American Psychiatric Association, including autistic disorder, Asperger's disorder and pervasive developmental disorder not otherwise specified.

**Breast Cancer Treatment** for the surgical procedures known as a mastectomy, a lumpectomy or a lymph node dissection will be covered under the Surgery Benefit of the Policy. We will provide inpatient coverage with respect to the Treatment of breast cancer for a period of time determined by the attending Physician, in consultation with the patient, to be medically appropriate following a mastectomy, a lumpectomy or a lymph node dissection. We will provide coverage for reconstruction of the breast on which surgery has been performed and surgery and reconstruction of the other breast to produce a symmetrical appearance if the patient elects reconstruction and in the manner chosen by the patient and the Physician.

**Breast Reduction/Varicose Vein Surgery** for breast reduction surgery and symptomatic varicose vein surgery determined to be Medically Necessary. We cover such charges the same way We treat any other Covered Sickness as shown in the Schedule of Benefits.

**Children's Early Intervention Benefit** for Children's Early Intervention Services a referral from the child's primary care provider is required.

### As used in this benefit:

Children's Early Intervention Services means services provided by licensed occupational therapists, physical therapists, speech-language pathologists or clinical social workers working with children from birth to thirty-six (36) months of age

with an identified developmental disability or delay as described in the federal Individuals with Disabilities Education Act, Part C, 20 United States Code, Section 1411, et seq.

Colorectal Cancer Screening for a colorectal cancer screening for asymptomatic Insured Persons who are:

- 3. Fifty (50) years of age or older; or
- 4. Less than fifty (50) years of age and at high risk for colorectal cancer according to the most recently published colorectal cancer screening guidelines of a national cancer society.

**Gynecological and Obstetrical Services** for an annual gynecological examination, including routine pelvic and clinical breast examinations, performed by a Physician, certified nurse practitioner or certified nurse midwife, without requiring the prior approval of the primary care Physician.

**Leukocyte Antigen Testing** for laboratory fees arising from human leukocyte antigen testing performed to establish bone marrow transplantation suitability in accordance with the following requirements:

- 1. The Insured Person must meet the criteria for testing established by the National Marrow Donor Program, or its successor organization;
- 2. The testing must be performed in a facility that is accredited by a national accrediting body with requirements that are substantially equivalent to or more stringent than those of the College of American Pathologists and is certified under the federal Clinical Laboratories Improvement Act of 1967, 42 United States Code, Section 263a;
- 3. At the time of the testing, the Insured Person must complete and sign an informed consent form that authorizes the results of the test to be used for participation in the National Donor Program, or is successor organization, and acknowledges a willingness to be a bone marrow donor if a suitable match is found; and
- 4. We may limit each Insured Person to one test per lifetime.

**Orally Administered Cancer Therapy** - When coverage is provided for cancer chemotherapy treatment, coverage is provided for prescribed, orally administered anticancer medications used to kill or slow the growth of cancerous cells that is equivalent to the coverage provided for intravenously administered or injected anticancer medications.

**Pap Tests** for screening Pap tests recommended by a Physician.

**Prostate Cancer Screening** for an examination for prostate cancer for men who are fifty (50) years of age or older until the age of seventy-two (72), at least once per year, if prescribed by a Physician.

**Screening Mammogram** for Screening Mammograms performed by Physicians that meet the standards established by the Department of Health and Human Services rule relating to radiation protection. We will reimburse for Screening Mammograms performed at least once a year for women forty (40) years of age or older.

As used in this benefit:

**Screening Mammogram** means a radiologic procedure that is provided to an asymptomatic woman for the purpose of early detection of breast cancer and that consists of 2 radiographic views per breast. A Screening Mammogram also includes an additional radiologic procedure recommended by a Physician when the results of an initial radiologic procedure are not definitive.

## SECTION V - EXCLUSIONS AND LIMITATIONS

**Exclusion Disclaimer**: Any exclusion in conflict with the Patient Protection and Affordable Care Act or any state imposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to You.

The Certificate does not cover loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

- 25. **International Students Only -** Eligible expenses within Your Home Country or country of origin that would be payable or medical Treatment that is available under any governmental or national health plan for which You could be eligible.
- 26. Treatment, service or supply which is not Medically Necessary for the diagnosis, care or treatment of the Sickness ME SHIP CERT (2019)

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- or Injury involved. This applies even if they are prescribed, recommended or approved by Your attending Physician or dentist.
- 27. Medical services rendered by a provider employed for or contracted with the Policyholder, including team physicians or trainers, except as specifically provided in the Schedule of Benefits.
- 28. Professional services rendered by an Immediate Family Member or anyone who lives with You.
- 29. Routine foot care, including the paring or removing of corns and calluses, or trimming of nails, unless these services are determined to be Medically Necessary because of Injury, infection or disease.
- 30. Infertility treatment (male or female)-this includes but is not limited to:
  - Procreative counseling;
  - Premarital examinations;
  - Genetic counseling and genetic testing;
  - Impotence, organic or otherwise;
  - Injectable infertility medication, including but not limited to menotropins, hCG and GnRH agonists;
  - In vitro fertilization, gamete intrafallopian tube transfers or zygote intrafallopian tube transfers;
  - Costs for an ovum donor or donor sperm;
  - Sperm storage costs;
  - Cryopreservation and storage of embryos;
  - Ovulation induction and monitoring;
  - Artificial insemination;
  - Hysteroscopy;
  - Laparoscopy;
  - Laparotomy;
  - Ovulation predictor kits;
  - Reversal of tubal ligations;
  - Reversal of vasectomies;
  - Costs for and relating to surrogate motherhood (maternity services are Covered for Members acting as surrogate mothers);
  - Cloning; or
  - Medical and surgical procedures that are experimental or investigational, unless Our denial is overturned by an External Appeal Agent.
- 31. Expenses covered under any Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid.
- 32. Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance or services covered by Student Health Fees.
- 33. Any expenses in excess of Usual and Customary Charges except as provided in the Certificate.
- 34. Loss incurred as the result of riding as a passenger or otherwise (including skydiving) in a vehicle or device for aerial navigation, except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route anywhere in the world.
- 35. Loss resulting from war or any act of war, whether declared or not, or loss sustained while in the armed forces of any country or international authority.
- 36. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any Intercollegiate or club sports for which benefits are paid under another Sports Accident policy issued to the Policyholder; or for which coverage is provided by the National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletic (NAIA) or any other sports association.
- 37. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any professional sport.
- 38. Treatment, services, supplies or facilities in a Hospital owned or operated by the Veterans Administration or a national government or any of its agencies, except when a charge is made which You are required to pay.
- 39. Services that are duplicated when provided by both a certified Nurse-midwife and a Physician.
- 40. Expenses payable under any prior policy which was in force for the person making the claim.
- 41. Injury sustained as the result of Your operation of a motor vehicle while not properly licensed to do so in the jurisdiction in which the motor vehicle accident takes place.

- 42. Expenses incurred after:
  - The date insurance terminates as to an Insured Person, except as specified in the extension of benefits provision; and
  - The end of the Policy Year specified in the Policy.
- 43. Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- 44. Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling or any screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered under the Certificate.
- 45. Treatment for obesity except surgery for morbid obesity (bariatric surgery). Surgery for removal of excess skin or fat.
- 46. Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- 47. Expenses for radial keratotomy.
- 48. Adult Vision unless specifically provided in the Certificate.
- 49. Charges for office visit exam for the fitting of prescription contact lenses, duplicate spare eyeglasses, lenses or frames, non-prescription lenses or contact lenses that are for cosmetic purposes.
- 50. Charges for hearing exams, hearing screening, or cochlear implants except as specifically provided in the Certificate.
- 51. Racing or speed contests, skin diving or sky diving, mountaineering (where ropes or guides are customarily used), ultra-light aircraft, parasailing, sail planing, hang gliding, bungee jumping, travel in or on ATV's (all terrain or similar type vehicles) or other hazardous sport or hobby.
- 52. Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, or trauma.
- 53. Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric Dental Care Benefit.
- 54. Treatment of Temporomandibular Joint Dysfunction (TMJ) other than a surgical procedure for those covered conditions affecting the upper or lower jawbone or associated bone joints. Such a procedure must be considered Medically Necessary based on the Certificate definition of same.
- 55. You are:
  - committing or attempting to commit a felony,
  - engaged in an illegal occupation, or
  - participating in a riot.
- 56. Custodial Care service and supplies.
- 57. Charges for hot or cold packs for personal use.
- 58. Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.
- 59. Services of private duty Nurse except as provided in the Certificate.
- 60. Expenses that are not recommended and approved by a Physician.
- 61. Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan, or services for or related to the transplantation of animal or artificial organs or tissues.
- 62. Cosmetic procedures related to Gender Reassignment including but not limited to rhinoplasty, face lift, facial bone reduction, lip enhancement or reduction, blepharoplasty, breast augmentation, body contouring, reduction thyroid chondroplasty, hair removal, voice modification surgery, skin resurfacing, chin implants, nose implants.
- 63. Treatment of Acne unless Medically Necessary.
- 64. Experimental or Investigational drugs, devices, treatments or procedures unless otherwise covered under Covered Clinical Trials or covered under clinical trials (routine patient costs). See the Other Benefits section for more information.
- 65. Under the Prescription Drug Benefit shown in the Schedule of Benefits:
  - any drug or medicine which does not, by federal or state law, require a prescription order, i.e. over-the-counter drugs, even if a prescription is written, except as specifically provided under Preventive Services or in the Prescription Drug Benefit section of this Certificate. Insulin and OTC preventive medications required under ACA are exempt from this exclusion;

- drugs with over-the-counter equivalents except as specifically provided under Preventive Services;
- allergy sera and extracts administered via injection;
- any drug or medicine for the purpose of weight control;
- fertility drugs;
- sexual enhancements drugs;
- vitamins, and minerals, except as specifically provided under Preventive Services;
- food supplements, dietary supplements; except as specifically provided in the Certificate;
- cosmetic drugs or medicines, including but not limited to, products that improve the appearance of wrinkles or other skin blemishes;
- refills in excess of the number specified or dispensed after 1 year of date of the prescription;
- drugs labeled, "Caution limited by federal law to Investigational use" or Experimental Drugs;
- any drug or medicine purchased after coverage under the Certificate terminates;
- any drug or medicine consumed or administered at the place where it is dispensed;
- if the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
- bulk chemicals:
- non-insulin syringes, surgical supplies, durable medical equipment/medical devices, except as specifically provided in the Prescription Drug Benefit section of the Certificate;
- repackaged products;
- blood components except factors;
- immunology products.
- 66. Non-chemical addictions.
- 67. Non-physical, occupational, speech therapies (such as art, dance, drama, horticulture, music, writing, etc.).
- 68. Modifications made to dwellings.
- 69. General fitness, exercise programs.
- 70. Hypnosis.
- 71. Rolfing.
- 72. Biofeedback.

## Third Party Refund - When:

- 1. You are injured through the negligent act or omission of another person (the "third party"); and
- 2. benefits are paid under this Certificate as a result of that Injury,

We are entitled to a just and equitable refund by You of all Certificate benefits paid as a result of the Injury minus the apportioned cost for:

- 1. Legal defenses: Questions of liability and comparative negligence or other legal defenses;
- 2. Exigencies of trial: Exigencies of trial that reduce a settlement or award in order to resolve the claim; and
- 3. <u>Limits of coverage</u>: Limits on the amount of applicable insurance coverage that reduce the claim to an amount recoverable by the insured.

In the event of a dispute as to the application of any such provision or the amount available for payment to those claiming payment for services or reimbursement, the dispute shall be determined if the action is pending, before the court in which it is pending; or if no action is pending, by filing an action in any court for determination of the dispute. You must complete and return the required forms to Us upon request.

## **COORDINATION OF BENEFITS**

The Coordination of Benefits ("COB") provision applies when a person has health care coverage under more than one (1) Plan. Plan is defined below.

The order of benefit determination rules govern the order in which each Plan will pay a claim for benefits. The Plan that pays first is called the Primary plan. The Primary plan must pay benefits in accordance with its policy terms without regard to the possibility that another Plan may cover some expenses. The Plan that pays after the Primary plan is the Secondary plan. The Secondary plan may reduce the benefits it pays so that payments from all Plans does not exceed 100% of the total ME SHIP CERT (2019)

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Allowable expense.

### **DEFINITIONS**

- 1. A Plan is any of the following that provides benefits or services for medical or dental care or Treatment. If separate policies are used to provide coordinated coverage for members of a group, the separate policies are considered parts of the same plan and there is no COB among those separate policies.
  - a. Plan includes: group and nongroup insurance policies, health insuring corporation ("HIC") policies, closed panel plans or other forms of group or group-type coverage (whether insured or uninsured); medical care components of long-term care policies, such as skilled nursing care; medical benefits under group or individual automobile policies; and Medicare or any other federal governmental plan, as permitted by law.
  - b. Plan does not include: hospital indemnity coverage or other fixed indemnity coverage; accident only coverage; specified disease or specified accident coverage; supplemental coverage as described in state law; school accident type coverage; benefits for non-medical components of long-term care policies; Medicare supplement policies; Medicaid policies; or coverage under other federal governmental plans, unless permitted by law.

Each Certificate for coverage under a. or b. is a separate Plan. If a Plan has 2 parts and COB rules apply only to 1 of the 2, each of the parts is treated as a separate Plan.

- 2. This plan means, in a COB provision, the part of the Certificate providing the health care benefits to which the COB provision applies and which may be reduced because of the benefits of other plans. Any other part of the Certificate providing health care benefits is separate from this plan. A Certificate may apply one COB provision to certain benefits, such as dental benefits, coordinating only with similar benefits, and may apply another COB provision to coordinate other benefits.
- 3. The order of benefit determination rules determine whether This plan is a Primary plan or Secondary plan when the person has health care coverage under more than 1 Plan.
  - When This plan is primary, it determines payment for its benefits first before those of any other Plan without considering any other Plan's benefits. When This plan is secondary, it determines its benefits after those of another Plan and may reduce the benefits it pays so that all Plan benefits do not exceed 100% of the total Allowable expense.
- 4. Allowable expense is a health care expense, including Deductibles, Coinsurance and Copayments, that is covered at least in part by any Plan covering the person. When a Plan provides benefits in the form of services, the reasonable cash value of each service will be considered an Allowable expense and a benefit paid. An expense that is not covered by any Plan covering the person is not an Allowable expense. In addition, any expense that a provider by law or in accordance with a contractual agreement is prohibited from charging You is not an Allowable expense.

The following are examples of expenses that are not Allowable expenses:

- a. The difference between the cost of a semi-private hospital room and a private hospital room is not an Allowable expense, unless 1 of the Plans provides coverage for private hospital room expenses.
- b. If a person is covered by 2 or more Plans that compute their benefit payments on the basis of Usual and Customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology, any amount in excess of the highest reimbursement amount for a specific benefit is not an Allowable expense.
- c. If a person is covered by 2 or more Plans that provide benefits or services on the basis of negotiated fees, an amount in excess of the highest of the negotiated fees is not an Allowable expense.
- d. If a person is covered by 1 Plan that calculates its benefits or services on the basis of Usual and Customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology and another Plan that provides its benefits or services on the basis of negotiated fees, the Primary plan's payment arrangement shall be the Allowable expense for all Plans. However, if the provider has contracted with the Secondary plan to provide the benefit or service for a specific negotiated fee or payment amount that is different than the Primary plan's payment arrangement and if the provider's Policy permits, the negotiated fee or payment shall be the Allowable expense used by the Secondary plan to determine its benefits.

- e. The amount of any benefit reduction by the Primary plan because You failed to comply with the Plan provisions is not an Allowable expense. Examples of these types of plan provisions include second surgical opinions, Pre-Certification of admissions, and preferred provider arrangements.
- 5. Closed panel plan is a Plan that provides health care benefits to Insured Persons primarily in the form of services through a panel of providers that have contracted with or are employed by the Plan, and that excludes coverage for services provided by other providers, except in cases of emergency or referral by a panel member.
- 6. Custodial parent is the parent awarded custody by a court decree or, in the absence of a court decree, is the parent with whom the child resides more than one half of the calendar year excluding any temporary visitation.

### ORDER OF BENEFIT DETERMINATION RULES

When a person is covered by 2 or more Plans, the rules for determining the order of benefit payments are as follows:

- A. The Primary plan pays or provides its benefits according to its terms of coverage and without regard to the benefits of under any other Plan.
- B. (1) Except as provided in Paragraph (2), a Plan that does not contain a coordination of benefits provision that is consistent with this regulation is always primary unless the provisions of both Plans state that the complying plan is primary.
  - (2) Coverage that is obtained by virtue of membership in a group that is designed to supplement a part of a basic package of benefits and provides that this supplementary coverage shall be excess to any other parts of the Plan provided by the Policyholder. Examples of these types of situations are major medical coverages that are superimposed over base plan hospital and surgical benefits, and insurance type coverages that are written in connection with a Closed panel plan to provide Out-of-Network Provider benefits.
- C. A Plan may consider the benefits paid or provided by another Plan in calculating payment of its benefits only when it is secondary to that other Plan.
- D. Each Plan determines its order of benefits using the first of the following rules that apply:
  - 1. Non-Dependent or Dependent. The Plan that covers the person other than as a dependent, for example as an employee, member, Policyholder, subscriber or retiree is the Primary plan and the Plan that covers the person as a dependent is the Secondary plan. However, if the person is a Medicare beneficiary and, as a result of federal law, Medicare is secondary to the Plan covering the person as a dependent, and primary to the Plan covering the person as other than a dependent (e.g. a retired employee), then the order of benefits between the two (2) Plans is reversed so that the Plan covering the person as an employee, member, Policyholder, subscriber or retiree is the Secondary plan and the other Plan is the Primary plan.
  - 2. Dependent child covered under more than one plan. Unless there is a court decree stating otherwise, when a dependent child is covered by more than one Plan the order of benefits is determined as follows:
    - a. For a dependent child whose parents are married or are living together, whether or not they have ever been married:
      - i. The Plan of the parent whose birthday falls earlier in the calendar year is the Primary plan; or
    - ii. If both parents have the same birthday, the Plan that has covered the parent the longest is the Primary plan. However, if one spouse's plan has some other coordination rule (for example, a "gender rule" which says the father's plan is always primary), we will follow the rules of that plan.
    - b. For a dependent child whose parents are divorced or separated or not living together, whether or not they have ever been married:
      - i. If a court decree states that one (1) of the parents is responsible for the dependent child's health care expenses or health care coverage and the Plan of that parent has actual knowledge of those terms, that Plan is primary. This rule applies to plan years commencing after the Plan is given notice of the court decree;
      - ii. If a court decree states that both parents are responsible for the dependent child's health care expenses or health care coverage, the provisions of Subparagraph (a) above shall determine the order of benefits;
      - iii. If a court decree states that the parents have joint custody without specifying that 1 parent has responsibility for the health care expenses or health care coverage of the dependent child, the provisions of Subparagraph

- (a) above shall determine the order of benefits; or
- iv. If there is no court decree allocating responsibility for the dependent child's health care expenses or health care coverage, the order of benefits for the child are as follows:
  - The Plan covering the Custodial parent;
  - The Plan covering the spouse of the Custodial parent;
  - The Plan covering the non-custodial parent; and then
  - The Plan covering the spouse of the non-custodial parent.
- c. For a dependent child covered under more than one Plan of individuals who are <u>not</u> the parents of the child, the provisions of Subparagraph (a) or (b) above shall determine the order of benefits as if those individuals were the parents of the child.
- d. a. For a dependent child who has coverage under either or both parents' plans and also has his or her own coverage as a dependent under a spouse's plan, the rule in paragraph (5) applies.
  - b. In the event the dependent child's coverage under the spouse's plan began on the same date as the dependent child's coverage under either or both parents' plans, the order of benefits shall be determined by applying the birthday rule in subparagraph (a) to the dependent child's parent(s) and the dependent's spouse.
- 3. Active employee or retired or laid-off employee. The Plan that covers a person as an active employee, that is, an employee who is neither laid off nor retired, is the Primary plan. The Plan covering that same person as a retired or laid-off employee is the Secondary plan. The same would hold true if a person is a dependent of an active employee and that same person is a dependent of a retired or laid-off employee. If the other Plan does not have this rule, and as a result, the Plans do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D(1) can determine the order of benefits.
- 4. COBRA or state continuation coverage. If a person whose coverage is provided pursuant to COBRA or under a right of continuation provided by state or other federal law is covered under another Plan, the Plan covering the person as an employee, member, subscriber or retiree or covering the person as a dependent of an employee, member, subscriber or retiree is the Primary plan and the COBRA or state or other federal continuation coverage is the Secondary plan. If the other Plan does not have this rule, and as a result, the Plans do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D(1) can determine the order of benefits.
- 5. Longer or shorter length of coverage. The Plan that covered the person as an employee, member, Policyholder, subscriber or retiree longer is the Primary plan and the Plan that covered the person the shorter period of time is the Secondary plan.
- 6. If the preceding rules do not determine the order of benefits, the Allowable expenses shall be shared equally between the Plans meeting the definition of Plan. In addition, this plan will not pay more than it would have paid had it been the Primary plan.

#### EFFECT ON THE BENEFITS OF THIS PLAN

- A. When This plan is secondary, it may reduce its benefits so that the total benefits paid or provided by all Plans during a plan year are not more than the total Allowable expenses. In determining the amount to be paid for any claim, the Secondary plan will calculate the benefits it would have paid in the absence of other health care coverage and apply that calculated amount to any Allowable expense under its Plan that is unpaid by the Primary plan. The Secondary plan may then reduce its payment by the amount so that, when combined with the amount paid by the Primary plan, the total benefits paid or provided by all Plans for the claim do not exceed the total Allowable expense for that claim. In addition, the Secondary plan shall credit to its plan Deductible any amounts it would have credited to its Deductible in the absence of other health care coverage.
- B. If an Insured Person is enrolled in 2 or more Closed panel plans and if, for any reason, including the provision of service by a non-panel provider, benefits are not payable by 1 Closed panel plan, COB shall not apply between that Plan and other Closed panel plans.

## RIGHT TO RECEIVE AND RELEASE NEEDED INFORMATION

Certain facts about health care coverage and services are needed to apply these COB rules and to determine benefits payable under This plan and other Plans. Our Agent or We may get the facts it needs from or give them to other organizations or persons for the purpose of applying these rules and determining benefits payable under This plan and other Plans covering

the person claiming benefits. Our Agent or We need not tell, or get the consent of, any person to do this. Each person claiming benefits under This plan must give Our Agent or We any facts it needs to apply those rules and determine benefits payable.

#### **FACILITY OF PAYMENT**

A payment made under another Plan may include an amount that should have been paid under This plan. If it does, Our Agent or We may pay that amount to the organization that made that payment. That amount will then be treated as though it were a benefit paid under This plan. Our Agent or We will not have to pay that amount again. The term payment made includes providing benefits in the form of services, in which case payment made means the reasonable cash value of the benefits provided in the form of services.

#### RIGHT OF RECOVERY

If the amount of the payments made by Our Agent or We is more than it should have paid under this COB provision, it may recover the excess from one (1) or more of the persons it has paid or for whom it has paid, or any other person or organization that may be responsible for the benefits or services provided for the Insured Person. The "amount of the payments made" includes the reasonable cash value of any benefits provided in the form of services.

#### **SECTION VI - GENERAL PROVISIONS**

**Entire Contract Changes:** The Policy, this Certificate, including the application, endorsements and attached papers, if any, constitutes the entire contract of insurance. No change in this Policy or Certificate will be valid until approved by an executive officer of the Company and unless such approval be endorsed hereon. No agent has authority to change this Policy or Certificate or waive any of its provisions.

**Time Limit on Certain Defenses:** No claim for loss incurred or disability, as defined in the policy, commencing after 3 years from the date of issue of this policy shall be reduced or denied on the ground that a disease or physical condition not excluded from coverage by name or specific description effective on the date of loss had existed prior to the effective date of coverage of this policy.

**Statements:** All statements contained in any application for insurance shall be deemed representations and not warranties.

**Notice of Claim:** Written or electronic notice of a claim must be given to Us within 90 days after the date of Injury or commencement of Sickness covered by this Certificate, or as soon thereafter as is reasonably possible. Notice given by or on behalf of the claimant to Our authorized agent, with information sufficient to identify You will be deemed notice to Us.

**Claim Forms:** We, upon receipt of a notice of claim, will furnish to the claimant such forms as are usually furnished by Us for filing proofs of loss. If these forms are not given to the claimant within 15 days, the claimant will meet the proof of loss requirements by giving Us a written statement of the nature and extent of the loss within the time limits stated in the Proofs of Loss provision.

**Proof of Loss:** Written proof of Loss must be furnished to Us or to our authorized agent within 90 days after the date of such Loss. If it was not reasonably possible to give written proof in the time required, We may not reduce or deny the claim for this reason if the proof is filed as soon as reasonably possible. The proof required must be given no later than one (1) year from the time specified unless the claimant was legally incapacitated.

**Time of Payment:** Indemnities payable under this Certificate will be paid immediately upon receipt of due proof of such Loss but no later than 30 days.

**Payment of Claims:** Benefits will be paid to You. Loss of life benefits, if any, will be payable in accordance with the beneficiary designation in effect at the time of payment. If no such designation or provision is then effective, the benefits will be payable to Your estate. Any other accrued indemnities unpaid at the time of Your death may, at Our option, be paid either to such beneficiary or to such estate.

If benefits are payable to Your estate or to a beneficiary who is a minor or otherwise not competent to give a valid release, We may pay such indemnity, up to an amount not exceeding \$1,000.00, to any one relative by blood or connection by marriage to You who is deemed by Us to be equitably entitled thereto. Any payment made by Us in good faith pursuant to this provision will fully discharge Us to the extent of such payment.

We may pay all or a portion of any indemnities provided for health care services to the provider, unless You direct otherwise, in writing, by the time proofs of loss are filed. We cannot require that the services be rendered by a particular provider.

**Assignment:** The Insured Person may assign Out-of-Network benefits payable under this Certificate. In-network benefits are billed directly by the provider. We are not bound by an assignment unless it is in writing and until a duplicate of the original assignment has been filed with Us. We assume no responsibility regarding the validity of any assignment or payment made without notice of a prior assignment.

**Physical Examination and Autopsy:** We, at Our own expense, will have the right and opportunity to examine the person of an individual whose Injury or Sickness is the basis of a claim when and as often as it may reasonably require during the pendency of a claim hereunder. In the case of Your death, We may have an autopsy performed unless prohibited by law.

**Legal Actions:** No action at law or in equity will be brought to recover on this Certificate prior to the expiration of 60 days after written proof of loss has been furnished in accordance with the requirements of this Certificate. No such action will be brought after the expiration of three years after the time written proof of loss is required to be furnished.

**Conformity with State Statutes:** Any provision of this Certificate which, on its Effective Date, is in conflict with the statutes of the state in which this Certificate was delivered or issued for delivery is hereby amended to conform to the minimum requirements of such statutes.

#### SECTION VII - ADDITIONAL PROVISIONS

- 1. We do not assume any responsibility for the validity of assignment.
- 2. You will have free choice of a legally qualified Physician with the understanding that the Physician-patient relationship will be maintained.
- 3. Our acknowledgment of the receipt of notice given under this Certificate, or the furnishing of forms for filing proofs of loss or acceptance of such proof, or the investigation of any claim hereunder will not operate as a waiver of any of Our rights in defense of any claim arising under this Certificate.
- 4. This Certificate is not in lieu of and does not affect any requirement of coverage by Workers' Compensation Insurance.
- 5. All new persons in the groups or classes eligible to and applying for this insurance will be added in the respective groups or classes in which they are eligible.
- 6. The insurance of any Insured Person will not be prejudiced by the failure on the part of the Policyholder to transmit reports, pay premium or comply with any of the provisions of this Certificate when such failure is due to inadvertent error or clerical mistake.
- 7. All books and records of the Policyholder containing information pertinent to this insurance will be open to examination by Us during the Certificate term and within one year after the termination of this Certificate.
- 8. Benefits are payable under this Certificate only for those expenses incurred while you are covered. No benefits are payable for expenses incurred after the date Your insurance terminates, except as may be provided under an Extension of Benefits.

#### SECTION VIII - APPEALS PROCEDURE

If You have a claim that is denied by Us, You have the right to appeal it. Your Authorized Representative may act on Your behalf in pursuing a benefit claim or appeal of an Adverse Benefit Determination.

For purposes of this Section, the following definitions apply:

Adverse Benefit Determination: Means any of the following: a denial, reduction, or termination of, or a failure to provide or make payment (in whole or in part) for, a benefit, including any such denial, reduction, termination, or failure to provide or make payment that is based on a determination of a participant's or beneficiary's eligibility to participate in a plan, and including, a denial, reduction, or termination of, or a failure to provide or make payment (in whole or in part) for, a benefit resulting from the application of any utilization review, as well as a failure to cover an item or service for which benefits are otherwise provided because it is determined to be Experimental or Investigational or not Medically Necessary or appropriate.

**Appeal or Internal Appeal:** Review by a plan or issuer of an Adverse Benefit Determination.

Authorized Representative: An individual who by law or by the consent of a person may act on behalf of the person.

**Complaint:** An inquiry to Commercial Casualty about covered services, an Insured Person's rights or other issues or the communication of dissatisfaction about the quality of service or benefit or other issue which is not an Adverse Benefit Determination.

**Grievance:** A request submitted by an enrollee or an Authorized Representative.

**Expedited (Urgent Care) Appeal:** An appeal that must be reviewed under an expedited process because the application of non-expedited appeal time frames could seriously jeopardize an Insured Person's life or health or their ability to regain maximum function. In determining whether an appeal involves urgent care, Commercial Casualty must apply the judgment of a prudent layperson that possesses an average knowledge of health and medicine. An Expedited Appeal is also an appeal involving (a) care that the treating Physician deems urgent in nature; (b) the treating Physician determines that a delay in the care would subject the Insured Person to severe pain that could not adequately be managed without the care or Treatment that is being requested; or (c) the Insured Person is a cancer patient and the delay would subject the Insured Person to pain. Such appeal may be made by phone, fax or other available similarly quick method. An Expedited Appeal is not available for services already incurred.

**Independent External Review:** If the Insured Person receives a final adverse decision of an appeal, the Insured Person or the Insured Person's authorized representative who may include the treating Provider may appeal the adverse decision to the Bureau of Insurance for an Independent External Review.

**Independent Review Organization:** An entity that conducts independent external reviews of adverse determinations and final adverse determinations.

**Post-service Appeal:** An appeal for which an Adverse Benefit Determination has been rendered for a service that has already been provided.

**Reconsideration:** A review of a not Medically Necessary adverse decision, by either an independent Physician advisor, or a peer of the treating Provider who is licensed in the Provider's same or similar specialty. The Insured Person, a Provider, or an Insured Person's authorized representative may request reconsideration. Reconsiderations are a voluntary and optional step in Commercial Casualty's appeal process. An Insured Person is not required to go through the Reconsideration process before filing an appeal.

#### **Complaint Resolution**

1. Administrative Complaints

Complaints due to the denial of services or payment of a claim must be reported no later than twelve (12) months from the date of service. Most complaints can be resolved by calling, or writing to, Our customer service department. The phone number and address are on the Insured Person's ID card.

If an informal review does not resolve the reported complaint, the Insured Person will be notified of their right to appeal.

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- 2. Quality of Care or Service Complaint
  - Quality of care complaints will be forwarded to the unit responsible for such investigations immediately upon receipt by customer service. We will send the Insured Person a written acknowledgment within three (3), five (5), ten (10), fifteen (15) working days of receipt of the complaint. All quality of care complaints will be investigated and corrective action taken where problems and/or deficiencies are verified.
- 3. If We cannot provide the Insured Person with a satisfactory solution to their complaint, the Insured Person may file a standard or urgent (if applicable) appeal for internal review by contacting Us at the address or phone number on the back of the Insured Person's ID card or write to or call the Department of Insurance.
- 4. If We deny a claim as "not Medically Necessary" and cannot provide the Insured Person with a satisfactory solution to their complaint, the Insured Person may request an Independent External Review by calling State of Maine Bureau of Insurance for assistance at any time at 1-800-300-5000 or TTY 1-888-577-6690, visiting the website at www.maine.gov/insurance, or writing to Consumer Health Care Division, Maine Bureau of Insurance, 34 State House Station, Augusta, Maine 04333-0034.

# **Internal Appeal Review Process**

#### FIRST LEVEL APPEAL PROCESS:

# **Standard Appeals**

The Insured Person, an authorized person, or a Provider, with the Insured Person's consent, may submit a written appeal to Us if coverage is denied, reduced or terminated. Appeals must be received within one hundred eighty (180) days of the date the Insured Person receives written notification of the denial. If it was not reasonably possible to submit this written appeal within in the time required, We may not reduce or deny the claim for this reason if the proof is filed as soon as reasonable possible.

Appeals should be sent to:

Commercial Casualty Insurance Company

Attention: Wellfleet Group, LLC

PO Box 15369

Springfield, MA 01115-5369 Toll Free Number: 1-877-657-5030

Fax Number: 413-733-4612

The receipt of the grievance or appeal will be acknowledged in writing within three (3) days. The appeals staff will review all of the information. A decision will be made within thirty (30) calendar days of receipt for a Pre-Service Claim Appeal and within thirty (30) calendar days of receipt for a Post-Service Claim Appeal. This time period may be extended for up to an additional sixty (60) calendar days if additional information is needed. The Insured Person will be notified in writing of the Appeals Department's decision.

A Post-Service Claims Appeal is an appeal of a decision to deny or reduce Benefits for claim that has already been incurred.

#### **Urgent Appeals**

The Insured Person, an authorized person or a Provider, with the Insured Person's consent, may request an Urgent Appeal. This request may be verbal or written. A decision will be made by phone within forty-eight (48) hours after receipt of all necessary information for an Urgent Appeal. A written notice of the decision will also be provided to the Insured Person within one (1) working day.

An Urgent Appeal is an appeal for which the medical condition, in the absence of immediate medical attention, may result in serious impairment to bodily functions, serious dysfunction of any bodily organ or part, severe pain that cannot be managed adequately, or places in serious jeopardy the health of an individual, and with respect to a pregnant woman, includes her unborn child.

For urgent health situations, the Insured Person may ask for an external review request at the same time as their internal appeal request. This decision will be made within one (1) working day after receipt of all necessary information and We will notify the Insured Person. The service will continue without liability to the Insured Person until the Insured Person has been notified.

The types of denials that can go to external review are:

- 1. Any denial that involves medical judgment (such as Medically Necessity, appropriateness, health care setting, level of care, or effectiveness of a covered benefit) where the Insured Person or their Provider may disagree with the health insurance plan.
- 2. Any denial that involves a determination that a Treatment is Experimental or Investigational.

# **SECOND LEVEL APPEAL PROCESS:**

A second level grievance review is available to Insured Persons dissatisfied with the first level grievance review. An Insured Person or an Insured Person's Provider acting on the Insured Person's behalf may submit a second level grievance. Within three (3) days of receipt of a request for a second level review, the Insured Person will be provided with the following information:

- 1. Name, address and phone number of the grievance review coordinator;
- 2. Statement of the Insured Person's rights, including the right to:
  - a. Request and receive from Us all information relevant to the case;
  - b. Present his case to the review panel;
  - c. Submit supporting material prior to and at the review meeting;
  - d. Ask questions of any member of the panel;
  - e. Be assisted or represented by a person of the Insured Person's choosing, including an Immediate Family Member, authorized representative or attorney; and
  - f. Obtain his medical file and information relevant to the appeal free of charge upon request.

The second level grievance review meeting will be held within forty-five (45) days of receipt of the second level review request, and the Insured Person will receive at least fifteen (15) days notice of the meeting date. The Insured Person may attend the second level review if desired. If an attorney will be present to present Our case, the Insured Person will be notified at least fifteen (15) days in advance of the meeting date, and advised that the Insured Person has the right to obtain legal representation. Our written decision to the Insured Person and Provider (if applicable) shall be issued within five (5) business days after the review meeting, or thirty (30) calendar days if the Insured Person does not request to attend the review, and will contain:

- 1. The professional qualifications and licensure of the members of the review panel;
- 2. A statement of the review panel's understanding of the nature of the grievance and all pertinent facts;
- 3. The review panel's recommendation to Us and the basis behind that recommendation;
- 4. A description of or reference to the evidence or documents considered by the review panel in making the recommendation:
- 5. In the review of a clinical matter, a written statement of the clinical basis, including the clinical review criteria, that was used by the review panel to make the recommendation; and
- 6. Notice of the availability of the Commissioner's office for assistance, including the phone number and address of the Commissioner's office.

You have the right to waive a second level appeal and request an external review after the first level appeal process.

#### **EMERGENCY SERVICES**

- 1. We shall cover medical emergencies necessary to screen and stabilize an Insured Person and will not require prior authorization of such services.
- 2. If We authorize Emergency Services, We will not subsequently retract Our authorization after the Emergency Services have been provided or reduce payment for an item or service furnished in reliance on approval, unless the approval was based on fraudulent or materially incorrect information.

#### **External Review Process**

Under certain circumstances, the Insured Person has a right to an external appeal of a denial of coverage. Specifically, if We denied coverage on the basis that the service does not meet the plan's requirements for Medical Necessity (including appropriateness, health care setting, level of care, or effectiveness of a covered benefit) or is an Experimental or Investigational Treatment (including clinical trials and Treatments for rare diseases), the Insured Person or their representative may appeal that decision to an external appeal agent, an independent entity certified by the State to conduct such appeals.

The Insured Person, an authorized person or a Provider, with the Insured Person's consent, may request the external review within twelve (12) months after the receipt of the notice of adverse determination or final internal adverse benefit determination. You may request an external review from the State of Maine Bureau of Insurance by calling 1-800-300-5000 or TTY 1-888-577-6690, visiting the website at www.maine.gov/insurance, or writing to Consumer Health Care Division, Maine Bureau of Insurance, 34 State House Station, Augusta, Maine 04333-0034. The Maine Bureau of Insurance will provide the Insured Person with all necessary paperwork.

There is no charge to the Insured Person for the external review.

An external review decision must be made in accordance with the following requirements.

- 1. The Independent Review Organization (IRO) must give consideration to the appropriateness of the requested covered service based on the following:
  - a. All relevant clinical information relating to the Insured Person's physical and mental condition, including any competing clinical information;
  - b. Any concerns expressed by the Insured Person concerning their health status; and
  - c. All relevant clinical standards and guidelines, including, but not limited to, those standards and guidelines relied upon by Us.
- 2. An external review decision must be issued in writing and must be based on the evidence presented by Us and the Insured Person or their authorized representative. An Insured Person may submit and obtain evidence relating to the adverse health care Treatment decision under review, attend the external review, ask questions of any representative of Commercial Casualty present at the review and use outside assistance during the review process at the Insured Person's own expense.
- 3. Except for Expedited External review, the external review decision must be made by the IRO within thirty (30) days of receipt of a completed request for external review from the bureau.
- 4. Expedited External review decisions must be made as expeditiously as an Insured Person's medical condition requires but in no event more than forty-eight (48) hours after receipt of a completed request.
- 5. The Company shall provide auxiliary telecommunications devices or qualified interpreter services by a person proficient in American Sign Language when requested by an Insured Person who is deaf or hard of-hearing or printed materials in an accessible format, including Braille, large-print materials, computer diskette, audio cassette or a reader when requested by an Insured Person who is visually impaired.
- 6. An external review decision is binding on Us. An Insured Person or their authorized representative may not file a request for a subsequent external review involving the same adverse health care Treatment decision for which the Insured Person has already received an external review decision. However, an external review decision made under this provision is not considered final agency action.
- 7. We shall pay the cost of the independent external review to the bureau.

#### NOTICE TO INSURED STUDENTS OF DEPENDENT CHILDREN

We will notify the Insured Student of a Dependent child of the following events unless the Dependent child has the right to withhold consent and does not affirmatively consent to Us notifying the Insured Student. Notice will be sent to the address on file provided by the Insured Student.

- 1. Payment or denial of claim
- 2. Change in terms and conditions of the Certificate
- 3. Notice of Lapse.

# **CONTACT INFORMATION**

If you have any questions or concerns, You can contact Us at: Commercial Casualty Insurance Company Attention: Appeals Unit Wellfleet Group, LLC PO Box 15369 Springfield, MA 01115-5369

ME Bureau of Insurance 34 State House Station Augusta, ME 04333 (207) 624-8475 (in Maine toll free 1-800-300-5000)

#### **HIPAA Notice of Privacy Practices**

of

# COMMERCIAL CASUALTY INSURANCE COMPANY

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION

#### PLEASE REVIEW IT CAREFULLY

Effective: June 01, 2017

This Notice of Privacy Practices ("Notice") applies to Commercial Casualty Insurance Company's ("we", "us" or "our") insured health benefits plan. We are required to provide you with this Notice.

Personal Information is information that identifies you as an individual, such as your name and Social Security Number, as well as financial, health and other information about you that is nonpublic, and that we obtain so we can provide you with insurance coverage.

Protected Health Information (your "Health Information") is information that identifies you as related to your physical or mental health, your health care, or payment for your healthcare.

# **Our Responsibilities**

We are required by law to maintain the privacy of the Health Information we hold and to provide you with this Notice and to follow the duties and privacy practices described in this Notice. We are required to abide by the terms of this Notice currently in effect.

We utilize administrative, technical, and physical safeguards to protect your information against unauthorized access and against threats and hazards to its security and integrity. We comply with all applicable state and federal rules pertaining to the security and confidentiality of your information.

We will promptly inform you if a breach has occurred that may have compromised the privacy or security of your Health Information.

# **Overview of this Notice**

This Notice describes how certain information about you may be used and disclosed and how you can get access to this information. This Notice addresses three primary areas:

- An overview of Your Health Information. This section addresses how we collect your information, how we use it to run our business, and the reasons we share it.
- Your Rights. This section gives an overview of the rights you have with respect to your information we have in our records.
- How to Contact Us. In case you have any questions, requests, or even if you feel you need to make a complaint, we want to make sure you are in contact with the right person.

#### YOUR HEALTH INFORMATION

#### **How We Acquire Your Information**

In order to provide you with insurance coverage, we need Personal Information about you. Some of this information is collected from the school during the enrollment period. Other information comes to us from your health care provider, other insurers, third party administrators (TPAs), and your school's health center. This information is necessary to properly administer your health plan benefits.

#### **How We use Your Health Information**

Below are some examples of how we use and disclose your Health Information. Broadly, we will use and disclose your Health Information for Treatment, Payment and Health Care Operations.

**Treatment** refers to the health care treatment you receive. We do not provide treatment, but we may disclose certain information to doctors, dentists, pharmacies, hospitals, and other health care providers who will take care of you. For example, a doctor may send us information about your diagnosis and treatment so we can develop a health care plan and arrange additional services.

**Payment** refers to activities involving the collection of premiums, payment of claims, and determining covered services. For example, we may review your Health Information to determine if a particular treatment is medically necessary and what that payment for the services should be.

**Health Care Operations** refers to the business functions necessary for us to operate, such as audits, complaints responses and quality assurance activities. For example, we would use your Health Information (but not genetic information) for underwriting and calculating rates, or we may use your Health Information to detect and investigate fraud.

#### Additionally:

- We may **confirm enrollment** in this health plan with your school or to your school's consultant or your school's business partner.
- If you are a **dependent** of someone on the plan, we may disclose certain information to the plan's subscriber, such as an explanation of benefits for a service you may have received.
- Your school's health center may require enrollment information, payment information, or may require your Health Information to coordinate on-campus services you may need.

We may disclose your information when instructed to do so, including:

- Health oversight activities may require that we disclose your information to governmental, licensing, auditing and accrediting agencies;
- Legal proceedings may require disclosure of your Health Information in response to a court order or administrative order, or in response to a subpoena, discovery request, warrant, summons, or other valid process;
- Law enforcement activities might require disclosure of certain Health Information to local, state or federal law enforcement, so long as the release is authorized or required by law;
- As required by law or to avert a serious threat to safety or health; and,
- To **certain government agencies**, such as the Department of health and Human Services or the Office of Civil Rights if they are conducting an investigation or audit.

#### **Authorizations**

Occasionally we may receive a request to share your information in a manner outside of how we normally use your Health Information, as described above. In those cases, we will ask you for your authorization before we share your Health Information.

#### **YOUR RIGHTS**

You have the **right to request restrictions** on certain uses and disclosures of your Health Information, including the uses and disclosures listed in this Notice and disclosures permitted by law. You also have the **right to request that we communicate with you in certain ways**.

- We will accommodate reasonable requests;
- We are not required to agree to a request to restrict a disclosure unless you have paid for the
  cost of the health care item or service in full (i.e., the entire sum for the procedure performed)
  and disclosure is not otherwise required by law; and,
- If you are a minor, depending on the state you reside in, you may have the right in certain circumstances to block parental access to your Health Information. For example, a minor would have the rights of an adult with respect to diagnosis and care of conditions such as STDs, drug dependency, and pregnancy.

You have the **right to inspect and copy your Health Information** in our records. Please note that there are exceptions to this, such as:

- Psychotherapy notes;
- Information complied in reasonable anticipation, or for use in, a civil, criminal or administrative action or proceeding;
- Health Information that is subject to a law prohibiting access to that information; or,
- If the Health Information was obtained from someone other than us under a promise of
  confidentiality and the access request would be reasonably likely to reveal the source of the
  information.

We may deny your request to inspect and copy your Health Information if:

- A licensed health care professional has determined your requested access is reasonably likely to endanger your life or physical safety of another;
- The Health Information makes reference to another person and a licensed health care
  professional has determined that access requested is reasonably likely to cause substantial harm
  to another; or,
- A licensed health care professional has determined that access requested by your personal representative is likely to cause substantial harm to you or another person.

You have the **right to request an amendment** to your Health Information if you believe the information we have on file is incomplete or inaccurate. Your request must be in writing and must include the reason for the request. If we deny your request, you may file a written statement of disagreement.

You have the right to know who we have provided your information to - - this is known as an **accounting of disclosures**. A request for an accounting of disclosures must be submitted in writing to the address below. The accounting will not include disclosures made for treatment, payment, health care operations, for law enforcement purposes, or as otherwise permitted or required by law. If you request an accounting of disclosures more than once in a twelve (12) month period we may charge a reasonable

fee to process, compile and deliver the information to you this second time.

You have a **right to receive a paper copy of this Notice**. Simply call the customer service line indicated on your ID card and request a paper copy be mailed to you. You may also submit a written request to us at the address below.

You will receive a notice of a breach of your Health Information. You have the **right to be notified of a breach** of unsecure Health Information.

Finally, you have the **right to file a complaint** if you feel your privacy rights were violated. You may also file a complaint with the Secretary of Health and Human Services.

#### **CONTACT**

For all inquiries, requests and complaints, please contact:

Privacy and Security Officer
Commercial Casualty Insurance Company
c/o Wellfleet Group, LLC
PO Box 15369
Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

#### This Notice is Subject to Change

We may change the terms of this notice and our privacy policies at any time. If we do, the new terms and policies will be effective for all of your Health Information we maintain, as well as any information we may receive or maintain in the future.

Please note that we do not destroy your Health Information when you terminate your coverage with us. It may be necessary to use and disclose this information for the purposes described above even after our coverage terminates, although policies and procedures will remain in place to protect against inappropriate use and disclosure.

#### Gramm-Leach-Bliley ("GLB") Privacy Notice

We understand your privacy is important. We value our relationship with you and are committed to protecting the confidentiality of *nonpublic personal information* ("NPI"). This notice explains why we collect NPI, what we do with NPI and how we protect your privacy.

#### **COLLECTING YOUR INFORMATION**

We collect NPI about our customers to provide them with insurance products and services. This may include your name, Social Security number, telephone number, address, date of birth, gender, work/school enrollment history, and health history. We may receive NPI from your completing the following forms:

- Claims forms
- Enrollment forms
- Beneficiary designation/Assignment forms
- Any other forms necessary to effectuate coverage, administer coverage, or administer and pay your claims

We also collect information from others that is necessary for us to properly process a claim, underwrite coverage, or to otherwise complete a transaction requested by a customer, policyholder or contract holder.

# **SHARING YOUR INFORMATION**

We share the types of NPI described above primarily with people who perform insurance, business and professional services for us, such as helping us pay claims and detect fraud. We may share NPI with medical providers for insurance and treatment purposes. We may share NPI with an insurance support organization such as a policyholder's or contract holder's broker, a third-party administrator, reinsurer, employer, school, or plan sponsor. We may also share NPI when otherwise required or permitted by law, such as sharing with governmental or other legal authorities. When legally necessary, we ask your permission before sharing NPI about you. Our practices apply to our former, current and future customers.

We do not share your health NPI to market any product or service. We also do not share any NPI to market non-financial products and services.

When other companies help us conduct business, we expect them to follow applicable privacy laws. We do not authorize them to use or share NPI except when necessary to conduct the work they are performing for us or to meet regulatory or other governmental requirements.

#### **HEALTH INFORMATION**

We will not share any of your protected health information ("PHI") unless allowed by law, and/or you have provided us with the appropriate authorization. Additional information on how we protect your PHI can be found in the Notice of Privacy Practices.

#### **SAFEGUARDING YOUR INFORMATION**

We have physical, electronic and procedural safeguards that protect the confidentiality and security of NPI. We give access only to employees or authorized individuals who need to know the NPI to provide insurance

products or services to you.	Our employees are continually trained on how to keep information safe.

#### **Accessing Your Information**

You may request access to certain NPI we collect to provide you with insurance products and services. You must make your request in writing and send it to the address below. The letter should include your full name, address, telephone number and policy number if we have issued a policy. If you request, we will send copies of the NPI to you. If the NPI includes health information, we may provide the health information to you through a health care provider you designate. We will also send you information related to disclosures. We may charge a reasonable fee to cover our processing costs.

This section applies to NPI we collect to provide you with coverage. It does not apply to NPI we collect in anticipation of a claim or civil or criminal proceeding.

#### **CORRECTING YOUR INFORMATION**

If you believe the NPI we have about you is incorrect, please write to us. Your letter should include your full name, address, telephone number and policy number if we have issued a policy. Your letter should also explain why you believe the NPI is inaccurate. If we agree with you, we will correct the NPI and notify you of the correction. We will also notify any person who may have received the incorrect NPI from us in the past two (2) years if you ask us to contact that person.

If we disagree with you, we will tell you we are not going to make the correction. We will give you the reason(s) for our refusal. We will also tell you that you may submit a statement to us. Your statement should include the NPI you believe is correct. It should also include the reason(s) why you disagree with our decision not to correct the NPI in our files. We will file your statement with the disputed NPI. We will include your statement any time we disclose the disputed NPI. We will also give the statement to any person designated by you if we may have disclosed the disputed NPI to that person in the past two (2) years.

# **CONTACTING US**

If there are any questions concerning this notice, please feel free to write us at:

Privacy and Security Officer

Commercial Casualty Insurance Company

c/o Wellfleet Group, LLC

PO Box 15369

Springfield, MA 01115-5369

In California c/o Wellfleet Group, LLC dba Wellfleet Administrators, LLC PO Box 15369 Springfield, MA 01115-5369

# NOTICE OF NON-DISCRIMINATION AND ACCESSIBILLITY REQUIREMENTS

The Company complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity. The Company does not exclude people or treat them worse because of their race, color, national origin, age, disability, or sex.

The Company provides free aids and services to people with disabilities to communicate effectively with us, such as:

- 3. Qualified sign language interpreters
- 4. Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose first language is not English when needed to communicate effectively with us, such as:

- 3. Interpreters
- 4. information translated into other languages

If you need these services, contact Betsy M. Stevens and John Kelley Civil Rights Coordinators.

If you believe that Commercial Casualty Insurance Company has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Betsy M. Stevens and John Kelley Civil Rights Coordinators, PO Box 15369, Springfield, MA 01115-5369

(413)-733-4540; (413)-733-4612

Bstevens@wellfleetinsurance.com, or Jkelley@wellfleetinsurance.com.

You can file a grievance in person, by mail, fax, or email. If you need help filing a grievance Betsy M. Stevens and John Kelley of Civil Rights Coordinators are available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building

Washington, DC 20201

800-8681019; 800-537-7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

The Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

# ADVISORY NOTICE TO POLICYHOLDERS

# U.S. TREASURY DEPARTMENT'S OFFICE OF FOREIGN ASSETS CONTROL ("OFAC")

No coverage is provided by this Policyholder Notice nor can it be construed to replace any provisions of your policy. You should read your policy and review your Declarations page for complete information on the coverages you are provided.

This Policyholder Notice provides information concerning possible impact on your insurance coverage due to the directives issued by OFAC and possibly by the U.S. Department of State. **Please read this Policyholder Notice carefully.** 

OFAC of the U.S. Department of Treasury administers and enforces economic and trade sanctions policy on Presidential declarations of "National Emergency". OFAC has identified and listed numerous:

- Foreign agents;
- Front organizations;
- Terrorists;
- Terrorist organizations; and
- Narcotics traffickers

as *Specially Designated Nationals* and *Blocked Persons*. This list can be found on the U.S. Department of Treasury's website (www.treas.gov/ofac)

In accordance with OFAC regulations, or any applicable regulation promulgated by the U.S. Department of State, if it is determined that you or another insured, or any person or entity claiming the benefits of this insurance has violated U.S. sanctions law or is identified by OFAC as a *Specially Designated National* or *Blocked Person*, this insurance will be considered a blocked or frozen contract and all provisions of this insurance will be immediately subject to OFAC. When an insurance policy is considered to be such a blocked or frozen contract, neither payments nor premium refunds may be made without authorization from OFAC. Other limitations on the premiums and payments also apply.

# Women's Health & Cancer Rights Act

If you have had or are going to have a Mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). If you are receiving Mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and patient for:

- e. Reconstruction of the breast on which the Mastectomy was performed;
- f. Reconstruction of the other breast to produce a symmetrical appearance;
- g. Prosthesis;
- h. Treatment of physical complications from all stages of Mastectomy, including lymphedemas.

Coverage will be subject to the same plan limitations, copays, deductible and coinsurance provisions that currently apply to Mastectomy coverage and will be provided in consultation with you and your attending physician.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call (877) 657-5030.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al (877) 657-5030.

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請致電:(877) 657-5030.

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese**), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi (877) 657-5030.

알림: 한국어(**Korean**)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. (877) 657-5030번으로 전화하십시오.

PAUNAWA: Kung nagsasalita ka ng **Tagalog** (**Tagalog**), may makukuha kang mga libreng serbisyo ng tulong sa wika. Mangyaring tumawag sa (877) 657-5030.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по номеру (877) 657-5030.

مينة: اذا تنك شدخة قييرها (Arabic)، ناف تامدخة دعاسما قيو خلاا قيناجما قداتم كالم. عاجرا الاستلاا بـ 5030-657 (877).

ATANSYON: Si w pale **Kreyòl ayisyen** (**Haitian Creole**), ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nan (877) 657-5030.

ATTENTION : Si vous parlez **français** (**French**), des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le (877) 657-5030.

UWAGA: Jeżeli mówisz po **polsku** (**Polish**), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod numer (877) 657-5030.

ATENÇÃO: Se você fala **português** (**Portuguese**), contate o serviço de assistência de idiomas gratuito. Ligue para (877) 657-5030.

ATTENZIONE: in caso la lingua parlata sia l'**italiano** (**Italian**), sono disponibili servizi di assistenza linguistica gratuiti. Si prega di chiamare il numero (877) 657-5030.

ACHTUNG: Falls Sie **Deutsch** (**German**) sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie (877) 657-5030 an.

注意事項:日本語 (Japanese) を話される場合、無料の言語支援サービスをご利用いただけます。(877) 657-5030 にお電話ください。

**ی سرافی** امشدن ابز رگا : محبود (**Farsi**) دشابه یم امشد رایتخا رد ناگیار روط به بی نابز دادما تامدخ ،تسا. 657-5030 (877) تمس ا بیگرید. कृपा ध्या द□: य□द आप □**हंद**□ (**Hindi**) भाषी ह□ तो आपके □लए भाषा सहायता सेवाएं□न:शुल् उपलब् ह□। कृपा पर काल कर□ (877) 657-5030

CEEB TOOM: Yog koj hais Lus **Hmoob** (**Hmong**), muaj kev pab txhais lus pub dawb rau koj. Thov hu rau (877) 657-5030.

ប្រយ័ត្ន: ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ(**Khmer**) សេវាកម្មភាសាជំនួយឥតគិតថ្លៃមានសម្រាប់អ្នក។ សូមទូរស័ព្ទមកលេខ (877) 657-5030 <sub>។</sub>

PAKDAAR: Nu saritaem ti **Ilocano** (**Ilocano**), ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti (877) 657-5030.

DÍÍ BAA'ÁKONÍNÍZIN: **Diné** (**Navajo**) bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shoodí kohji' (877) 657-5030 hodíilnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac (877) 657-5030

**ગુજરાતી** (Gujarati) યુ ના: જો તમે જરાતી બોલતા હો, તો િન:લ્કુ ભાષા સહાય સેવાઓ તમારા માટ ઉપલબ્ધ છ. ફોન કરો (877) 657-5030

**λληνικά (Greek)**ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε (877) 657-5030

Українська (Ukrainian) УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером (877) 657-5030

አማርኛ (Amharic) ማስታወሻ: የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትርንም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደው(877) 657-5030

ਪੰਜਾਬੀ (Punjabi) ਧਆਨ ਿਦਓ: ਜੇ ਤੁਸ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤ ਭਾਸ਼ਾ ਿਵੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ (877) 657-5030

**ພາສາລາວ** (**Lao**) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ (877) 657-5030